

**The Joy of Medicine  
Catholic Medical Association  
October 6-9, 2021  
Orlando, FL**



**Accreditation** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and Catholic Medical Association. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Physician Credit** The Christian Medical & Dental Associations designates this educational activity for a maximum of 21.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Physician Assistant**

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit(s)™ by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 21.75 credits for completing this activity.**

**Nurse Practitioner**

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.

**Nurse practitioners may receive up to 21.75 credits for completing this activity.**

**Objectives:**

- List actions that can bring wholeness back to the medical profession, despite the ongoing presence of suffering.
- Differentiate between different lived experiences of the rapid telehealth adoption of 2020.
- Assess other physicians' methods of practicing telehealth safely and effectively.
- Describe the adoption of telehealth in 2020.
- Describe joy through the service of others and therefore find meaning in your vocation as physicians.
- Identify the beautiful harmony between faith and reason that exists in Lourdes.
- Indicate what it takes to serve on a medical team organizing an international pilgrimage caring for maladies and all those on the pilgrimage.
- Discuss collegiality and fellowship that develops among medical team members serving on a pilgrimage.
- List three examples of the Church's influence on the modern concept of the medical profession.
- Identify at least three characteristics of St. Philip Neri's ministry that were countercultural in his day.
- Identify areas of conflict between contemporary secular medical culture and Catholic teaching in which the Church may be viewed as countercultural.
- Describe the difference between joy and happiness, and how joy can be understood in the context of our professional lives.
- Indicate the ways participants might reconceptualize a source of suffering in his/her own -Describe the impact of play on human performance and well being.
- Identify how compassion is neuro-scientifically distinct from empathy in the clinician.
- Describe how compassion as opposed to empathy provides a buffer from burnout in the career of the clinician.
- Describe the two states of appraisal that determine whether adrenaline enhances cognitive or physical performance.
- Identify the attentional network that counteracts the inward collapsing of attention into one's thoughts. Discuss the way in which one's approach to work changes depending on whether one uses primarily the right or left hemisphere.
- Identify one thing you learned during the conference and apply it to the practice of medicine and commit to following up with a colleague at the conference in one week - one month - and three months - to report progress.
- Discuss the speaker's personal story of how he discovered joy and was able to wean off anti-anxiety medication.
- Describe how administration leads to a joyful life in medical practice.
- Examine the ways in which administration can prevent burnout.
- Describe the key features of a practice that is primarily based on a house call model mixed with modern technology.
- Discuss how Direct Primary Care empowers patients and enriches medical professionals by truly restoring the Doctor-Patient

relationship.

- Discuss evidence-based best practices for telehealth care.
- Evaluate how to improve telehealth bedside manner.
- Differentiate the misconceptions of joy with the true meaning of Joy.
- Examine the critical roles of nurses and health educators in the delivery of an effective health care.
- Analyze how charting for ovulation to be an essential tool in regaining one's health and dignity.
- Describe how Joy is attained through authentic friendship.
- Illustrate how, as a medical community, we need to be first and foremost successful in addressing our patients' needs.
- Illustrate that thriving personally, especially in relationships, directly impacts physician care and propensity to burnout.
- Cite specific examples of literature and personal experiences that demonstrate how marriage between medical professionals can be a positive protective factor against divorce, helpful in personal and job satisfaction, and improve physician performance and well-being.
- Examine the benefits breastfeeding provides to the baby and mother.
- Cite the challenges to helping mothers meet or exceed their breastfeeding goals.
- Discuss ankyloglossia and the different grading/classifying systems.
- Analyze the current indications for the frenotomy procedure.
- Describe the theology of the body and how breastfeeding fits in.
- Appraise and apply principles of personhood and life to discuss the realities of Physician Assisted Suicide and Euthanasia as a breach of our humanity and calling in life.
- Define faith-based friendship and its meaning.
- Apply faith-based tenets to physician communication, interpersonal skills, and professionalism
- Examine how faith-based friendships nurture physicians.
- Define children with medical complexity.
- Describe the current culture's view on children with medical complexity regarding balancing cost awareness with quality patient care.
- Explain the perspectives of Jerome Lejune, and John Paul II on special needs children.
- Examine the importance of the healthcare continuum (NICU, outpatient, and inpatient settings) in caring for children with medical complexity.
- Discuss the recommendations for natural family planning services as presented in the encyclical *Evangelium Vitae*.
- Describe the theory, practice, and medical application natural family planning courses and program at a Catholic University.
- List examples of physicians' and health professionals' satisfaction and creativity in providing natural family planning services.
- Describe the need for additional training in pro-life advocacy and leadership.
- Identify the mission, goals, and objectives of the Advocacy for Life Seminar for developing knowledge, skills and attitudes needed to build a Hippocratic medical practice.
- Evaluate the qualitative and quantitative outcomes of the Advocacy for Life Seminar.
- Describe additional avenues to support Hippocratic advocacy.
- Describe the concept of AMDG Senior Concierge and Consulting Hybrid Practice.
- Discuss challenges of implementing Dr. Gloth's hybrid paradigm in other sociodemographic settings.
- Assess Patient Satisfaction with the AMDG Senior Concierge Hybrid option.
- Identify positive sources of growth in the stressors of the pandemic.
- Identify ways to apply technological advances in the service of adaptation to stress.
- Define what it means to have Joy in Medicine.
- List ways to pursue Joy as a physician.
- Discuss how I pursued joy as a physician with radio.
- Recommend ways to evaluate opportunities for listeners to pursue Joy.
- Illustrate the benefits of pursuing Joy in Medicine.
- Describe how to remain joyful in a medical marriage despite all the challenges.
- Utilize multiple examples to describe strategies to sustain joy as a physician working long hours under pressure.
- Illustrate that thriving personally, especially in relationships, directly impacts physician care and propensity to burnout.
- Cite specific examples of literature and personal experience showing that marriage between medical professionals can be a positive protective factor against divorce, helpful in personal and job satisfaction, and improve physician performance and well-being.
- Describe the prevalence of reproductive loss and impact on the individual and healthcare system.
- Discuss communication approaches that facilitate emotional healing rather than those that intensify anguish.
- Utilize a variety of ways to promote emotional healing after a reproductive loss.
- Describe the extent of life-limiting antenatal conditions and scope of perinatal palliative practice.
- Identify the risks for burnout and compassion fatigue for perinatal palliative care providers.
- Incorporate at least three aspects of professional development into an individualized resilience plan.
- Discuss the results of recent research demonstrating the lack of education about Fertility Awareness Based Methods in medical schools as compared to other reproductive health topics.
- Summarize the science behind Fertility Awareness Based Methods in reproductive health issues.
- Examine the FACTS online elective for medical students and health care providers.
- Illustrate through examples of patient cases how FACTS students learn how to use Fertility Awareness Based Methods to diagnose and treat reproductive health problems.
- Discuss the history of breakthrough medical developments which routinely influence medicine today.
- Use reflective storytelling format to provide daily examples of medical miracles.

- Discuss the development of reflective story or testimonial by participants for last third of breakout session.
- Identify how peer connection as a mechanism to maintain joy can be beneficial in the healthcare vocation.
- Discuss approaches to physician resilience that are currently employed.
- Use principles of teaching in Lasallian spirituality to core competencies of medical education.
- Utilize Lasallian principles within medical education to implement a faith-based approach to physician resilience and patient-physician interpersonal and communication skills.
- Define the difference between referral and transfer of care.
- Define complicity.
- Illustrate how in-practice-transfer of care differs from referral.
- Describe how to remain joyful in a medical marriage despite all the challenges.
- Utilize multiple examples to describe strategies to sustain joy as a physician working long hours under pressure.
- Define the abortion pill rescue program.
- Describe how the abortion pill rescue was established in UK.
- Evaluate the rescue treatment outcomes after 1 year of abortion pill rescue.
- Describe ways that service development will improve outcomes for abortion pill rescue.
- Define use disorder and MAT (medication assisted treatment).
- Describe treating patients with substance use disorder in primary care setting
- Examine the concepts of harm reduction.
- Discuss how to encourage self awareness/bias regarding patients with substance use disorder.
- Identify education strategies to generate awareness of the benefits of restorative care.
- List the benefits of a GYN practice consistent with Catholic principles.
- Illustrate a business model for growing a GYN practice anchored in Catholic principles.
- Discuss the leading role doctors can play in maintaining the human dignity of the individual regardless of age, sex, religion, and color.
- Examine the underlying basis of an authentic doctor-patient relationship.
- Identify the mutual respect of our human dignity as the starting point of the doctor-patient relationship.
- Illustrate how, as clinicians, we need to be successful in addressing our patients' needs.
- Describe how, as clinicians, we need to ground our treatment approaches on solid factual evidence.
- Differentiate medical protocols that go against the Natural Law and those that not only conform but restore our nature.
- Identify areas in medicine where conscience protections are under attack.
- Describe the role of conscience in medicine.
- Discuss the new initiative of the Religious Freedom Institute that focuses on medical conscience rights.
- Discuss how joy in medicine comes from giving ourselves away to our patients, particularly when we meet them in their suffering.
- Differentiate between happiness and joy.
- Use a personal story to illustrate how years of anxiety in medicine were transformed into joy, and how this benefits staff and patients.
- Describe how the emotions of love and joy are "positive" emotions.
- Discuss how the emotions of love and joy correlate with physician satisfaction in their work.
- Analyze how the guiding concept of insight, as developed by the philosopher and theologian Bernard JF Lonergan, illuminates the joy experienced in diagnosis ('getting through to knowing')
- Cite examples of how diagnosis reveals itself as a recurrent pattern of personal experience with 6 attributes.
- Assess Father Lonergan's 'understanding of human understanding' how 7 features of diagnosis produce 'a quite distinct activity of arranging intelligence that places the full set of clues in a unique explanatory perspective.'
- Describe diagnosis as an intelligent activity, Lonergan's 10 characteristics of insight as sources of joy both in diagnosis and in combat with the causes of misdiagnosis.
- Identify the limited but real joy discoverable in quotidian attainment of truth about how things are through diagnosis.
- Identify the personality factors that limit the healthcare professional's development of meaningful relationships with colleagues.
- Utilize techniques and methods that enhance the impact of the introverted healthcare professional on colleagues and co-worker
- Design a personal plan to overcome the hesitation that introverted healthcare professionals experience in developing interpersonal relationships with colleagues.
- Evaluate the healthcare professional's personality on the introvert/extrovert spectrum.
- Identify the ethical imperatives arising from authoritative Catholic teaching regarding the care of seriously ill and dying persons.
- Analyze the language of "overzealous treatment" as employed by Pope Francis in his address to the Pontifical Academy for Life (2017).
- Discuss the teaching and terminology employed by the Catholic Church in response to certain questions concerning artificial nutrition and hydration, especially as applied to patients in a minimally conscious state or who have been classified to be in a persistent vegetative state.
- Identify the importance of caring for patients using an interdisciplinary approach.
- Describe treatment of symptoms in patients with life limiting illness.
- Utilize an interdisciplinary team to assess components of patient suffering (physical, Spiritual, emotional).
- Discuss the practitioner's role in correctly recognizing patients as being trafficked.
- Describe the ways in which health care practitioners must care for patients who are actively being trafficked or have been trafficked.
- Identify how practitioner bias and assumptions can impact the care of trafficked patients.
- Discuss the implications of failing to appropriately identify patients as being trafficked.
- List the "red flags" of trafficking in presenting patients.
- Differentiate between palliative medicine and hospice care.

- Discuss palliative medicine and hospice care and how and when these services can be appropriate and helpful.
- Discuss the care models and elucidate the multidisciplinary nature of hospice and palliative medicine.
- Discuss impact of healthcare financing system on patient care and physicians.
- Describe how the healthcare system has changed due to financing system.
- Assess healthcare the financing system relative to Catholic social teaching.
- Evaluate alternative financing approaches.
- Discuss how to improve education around palliative medicine and hospice.
- Illustrate examples of humanizing work in palliative care.
- List ways that palliative care can be practiced authentically according to Church teachings.
- List practical tips to ward off burnout.
- Describe ways to strengthen faith in the midst of struggles in school/training.
- Discuss how to use encouragement to help physicians stay passionate and positive in medical practice.
- Discuss the field of bioethics and the role of the well-formed Catholic physician within it.
- Cite practical examples and cases on sample ethical consults.
- Identify feasible ways that one can involve oneself in ethics as a physician.
- Describe Chronic Care Management.
- List the CMS requirements for dementia screening.
- Discuss ways to improve clinic finances.
- Discuss common threads in communication challenges around delivering serious news.
- Analyze obstacles (patient and provider) to effective communication around serious news.
- Describe skills that are most effective in maneuvering pitfalls of challenging conversations.
- Discuss strategies for physicians to experience greater joy in practice despite the challenges we face.
- Discuss physician factors that influence our sense of meaning and purpose in medicine.
- List three specific changes to incorporate in daily practice to recapture joy while at work.
- Discuss methods to provide joyful care to patients affected by cancer and their families.
- Cite effective spiritual strategies advocated by St. John Paul II to enhance the level of care provided to patients.
- Identify approaches to optimize management of the dying.
- Discuss the foundations of Natural Law.
- Summarize the evidence of the biopsychosocial effects of Oxytocin.
- Describe the agreement of the conclusions of Natural Law and Natural Science.
- Describe an authentically Catholic approach to fertility care.
- List common conflicts between Catholic teaching and the common approach to fertility management.
- Identify how participating in, and understanding research, is crucial to the practice of medicine for ALL physicians.
- Illustrate how non-academic physicians can be active participants in research.
- List the four aspects of the human person and how they relate to medical education in the vocation of medicine.
- Integrate a concept of virtue with an authentic philosophy of medicine and show how this prevents burnout for the physician-as-teacher.
- Describe the current state of laws regarding assisted suicide throughout the country.
- Describe the current stance of major medical organizations and specific options for strengthening policies opposing assisted suicide.
- Discuss the "slippery slope" and ineffectiveness of so-called "safeguards" in protecting patients
- List the conscious protection currently in place to protect doctors from being forced to participate in unethical practices.
- List various legal organizations and their activities that support ethical medical practices.
- Describe and relate two infant mental health based relational concepts to joy-filled clinical work within their medical subspecialty.
- Identify a scenario in their subspecialty and apply one infant mental health concept for adding joy to the doctor-patient relationships.
- Summarize how the thinking framework of infant mental health can be used to help understand data on nocebo and placebo effects in medicine.
- Name two specific medical situations where a wider frame of infant mental health thinking, e.g., relationship-based cognitive flexibility, could add joy to their medical decision-making.
- Analyze how infant mental health perspectives could improve patient outcomes over an array of diagnoses, using one or more case examples.
- Discuss the neuroscientific explanation for how the exercise of the compassion mindset and resulting compassion satisfaction are critical for buffering burnout and increasing clinician resilience.
- Describe the two states of appraisal that determine whether adrenaline enhances cognitive or physical performance.
- Identify the attentional network that counteracts the inward collapsing of attention into one's thoughts.
- Discuss the way in which one's approach to work changes depending on whether one uses primarily the right or left hemisphere.
- Cite research-based information for how clinicians can recover from burnout.
- Discuss how clinicians can re-engage a compassionate caring mindset and personal fulfillment in their careers.
- Describe the relationship between population control and Darwin's natural selection.
- Discuss the connection between the eugenics movement of the late 1800s and the "right to death."
- Describe the connection between the eugenics movement and the practice of euthanasia.
- Evaluate the criteria for human enhancement proposed by the new scientific eugenics.
- Discuss the connection between abortion and newborn euthanasia.
- Define the concept of Brain Death or Death by Neurologic Criteria as well as other pertinent terms including coma, vegetative state, etc.
- Discuss the origin of the concept of brain death and some of the proposed controversy behind its origins and subsequent development

- Discuss advances in modern medicine that make the Catholic position on the concept of brain death critically important.
- Discuss controversial cases related to brain death diagnoses.
- Evaluate Catholic theology, anthropology, moral teaching, and bioethics in relation to brain death and the arguments surrounding it
- Summarize common conscience rights challenges that clinicians face, from NCBC consultation.
- Differentiate between referral and transfer of care and apply to a clinical setting.
- Identify practical steps to address and mitigate conscience/religious liberty challenges.

## Agenda

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS	
<b>Wednesday, October 6, 2021</b>				
7:30 AM - 5:30 PM	<b>End of Life (EOL) Forum</b>			
9:15 AM	Practicing End of Life Care: Palliative Medicine And Hospice 101	Natalie Rodden, M.D.	1	
10:45 AM	Palliative Care In The Trenches: Practice Cases With The Team	Karen A. O'Brien, M.D., Rev. John Raphael, Jordan Bauer, R.N., and Sarah Hill, PhD	1.25	
1:15 PM	Suffering and The Caring For Patients In The ICU In The Age Of Physician Assisted Suicide And Euthanasia	E. Wesley Ely, M.D., M.P.H.	1	
2:15 PM	Legal Panel: The State Of The Union Of Physician Assisted Suicide And Euthanasia And What Catholics Need To Know About It	William L. Toffler, M.D., Nikolas Nikas, J.D. and Dorinda Bordlee, J.D.	1	
3:30 PM	Communication Skills Primer For Difficult Conversations	Rafael D. Rosario, M.D. and Natalie Rodden, M.D.	1.5	
			<b>5.75 hrs</b>	
3:00 - 5:30 PM	<b>NFP Forum</b> - "What's new with NFP; clinical evidence, new technologies, and the patient/physician interaction"	Panel Moderators: Mike Manhart, Ph.D. and Richard J. Fehring, Ph.D., R.N.	2.5 hrs	
	Effectiveness of FABMs in Special Populations	Rachel Peragallo Urrutia, M.D.		
	Validating a Quantitative Urine Hormone Monitor for Use in Natural Family Planning	Thomas Bouchard, M.D.		
	OOVA: The Next Generation of Urine Hormone Testing	Apara (Amy) Divaraniya, Ph.D.		
	Application of the PREMOM Fertility Monitoring System for Natural Family Planning	Richard J. Fehring, Ph.D., R.N.		
<b>Thursday, October 7, 2021</b>				
9:00 AM	<b>Session One: What is Joy and Why Do Physicians Need It?</b>			
	The Joy of Medicine: Why?	Thomas W. McGovern, M.D.	1.5 hrs	
	The Theology of Joy	Rev. Robert McTeigue, S.J., Ph.D.		
	Joy and Love	Sr. Mary Diana Dreger, O.P., M.D.		
	Joy and Suffering	Rev. Robert McTeigue, S.J., Ph.D.		
10:45 AM	<b>Session Two: Physicians Finding Joy Off the Beaten Path</b>			
	Joy of New Technology in Medicine	Robert H. Collins, Jr., M.D., F.A.C.P.		

	Joy of Administration	Greg F. Burke, M.D.	1.5 hrs
	Joy of Old-Fashioned Medicine: Making House Calls Again	Marguerite R. Duane, M.D.	
	Joy of Telemedicine (Four Ways to Find Joy in Your Telehealth Practice)	Kathleen M. Berchelmann, M.D.	
1:30 PM	<b>Breakout 1</b>		
	A Sharing of Joy: Practical Advice on Teaching Medical Students and Resident Physicians from St. John Baptist de la Salle	Jeremy Jones, M.D.	.75 hrs
	Abortion Pill Rescue: Joy and Heartache - The UK experience after 1 year	Dermot Kearney, M.D., MRCPI and Eileen Reilly, M.D., FRCOG	
	Com-passion: Journeying to Joy by Suffering-with Your Patients	Monica Ashour, M.T.S.	
	The Joy-filled Palliative Care Doctor	Natalie Rodden, M.D.	
2:30 PM	<b>Breakout 2</b>		
	The Joy of Children with Medical Complexity	Carla Falco, M.D., Mary Keen-Kirchoff, M.D., Robin Pierucci, M.D.	.75 hrs
	Finding Joy in Treating Patients with Substance Use Disorder	Marie Kellett, M.D.	
	Giving Permission to Grieve: Incorporating Exceptional Bereavement Care After a Reproductive Loss	Kathryn Grauerholz, M.S.N. and Lauren Rubal, M.D.	
	A Business Model: GYN Care Consistent with Catholic Principles	Julia Kenney, B.B.A.	
	The Joy of Diagnosis: Insight As a True Joy of Human (Non-Artificial) Intelligence	Frederick Meier, M.D.	
3:45 PM	<b>Breakout 3</b>		
	Human Trafficking (HT 101) for Healthcare Providers	Debrah O'Hara-Rusckowski, B.S.N.	.75 hrs
	Hybrid Concierge: A New Model to Improve Service and Satisfaction in the Outpatient Practice	Michael Gloth, M.D.	
	Key Conversations in Advanced Illness	Natalie Rodden, M.D.	
	Miracles in the Mundane: Reflections to Maintain Daily Joy	Catherine Jimenez, M.D. and Neal Gabriel, M.D.	
	Removing Barriers to Breastfeeding	Brian Donnelly, M.D.	

### Friday, October 8, 2021

9:00 AM	<b>Session One: Physician Joy Outside the Exam Room</b>		1.5 hrs	
	Joy of Discovering that Science Confirms Ethics			
	Joy of Research			
	Hard Days, But Never Bad Days: The Joy of Teaching in the Lived Experience of the Physician			
	Joy of Advocacy			
10:45 AM	<b>Session Two: Achieving Joy through Effective Communication</b>			
	Finding Joy Despite the Pandemic	Barbara H. Golder, M.D., J.D.	1.5 hrs	
	Achieving Joy Through Effective Communication	Thomas W. McGovern, M.D., Christopher B. Stroud, M.D. and Andrew Mullally, M.D.		
	Joy of Medical Marriage I	David A. Kaminskas, M.D.		

		and Barbara Kaminskas	
	Joy of Medical Marriage II	Paul W. Day, M.D. and Amber Day, M.D.	
1:30 – 2:15 PM	<b>Breakout 1</b>		
	Mercy, Money, and Mission	Russ Rooney, B.S., M.L.S. and Saurin Patel, M.D.	
	Physician Fellowship is Essential to a Joyful Life	Carla Falco, M.D.	
	Fostering Resilience in Perinatal Palliative Care	Kathryn Grauerholz, M.S.N.	
	Mercy, Money, and Mission	Russ Rooney, B.S., M.L.S. and Saurin Patel, M.D.	
1:30 – 2:30 PM	A Formal Debate on the Question: Are Brain Death Criteria Ethically Acceptable Under Catholic Moral Thought and Bioethics? (Part 1 – NO BREAK)	Dennis Wells, M.D. and Peter Colosi, Ph.D., Moderator: Ashley K. Fernandes, M.D., Ph.D.	<b>1 hr</b>
2:30 PM	<b>Breakout 2</b>		
	A Formal Debate on the Question: Are Brain Death Criteria Ethically Acceptable Under Catholic Moral Thought and Bioethics? (Part 2 NO BREAK)	Dennis Wells, M.D. and Peter Colosi, Ph.D., Moderator: Ashley K. Fernandes, M.D., Ph.D.	
	The Joy of Building a Culture of Life through the Provision of Natural Family Planning Services	Richard Fehring, Ph.D., R.N.	
	What (and Why!) Every Catholic Doctor Needs to Know About Infant Mental Health for Joy-filled Medicine	Robin Lynn Treptow, Ph.D.	
	White Coat Disciples In Healthcare: What's An Introvert To Do?	Tim Millea, M.D.	
	Advocacy for Life: Training the Next Generation of Hippocratic Physicians	Lisa Gilbert, M.D.	
3:30 PM	<b>Breakout 3</b>		
	Four Ways to Find Joy in Your Telehealth Practice	Kathleen Berchelmann, M.D.	
	Oxytocin, Love, and Other Drugs: How Natural Science Supports Natural Law	William Stigall, M.D.	
	The Culture of Death: Euthanasia and Eugenics	Felipe Vizcarondo, M.D.	
	Sustaining the Joy of Medicine: Living Your Professional Vocation	Natalie Rodden, M.D.	
	An 'Oath Unviolated': Realizing the Joy of Medicine through the Free Exercise of Conscience	Andrew Kubick, M.A.	
<b>Saturday, October 9, 2021</b>			
9:00 AM	<b>Session One: Reclaiming Joy in Medicine - I</b>		
	Neuroscience of Joy & Compassion:	Dominic O. Vachon, M.Div., Ph.D.	
	Transform Anxiety by Working at Your Best	Kevin Majeres, M.D.	
	Recovering Compassion in Medicine	Dominic O. Vachon, M.Div., Ph.D.	
	Strengthening Attention with Silence	Kevin Majeres, M.D.	
10:35 AM	<b>Session Two: Reclaiming Joy in Medicine - II</b>		
	Joy and Play	Francie Broghammer, MD	
	From Empathy to Compassion	Dominic Vachon, PhD	
	Q&A	Dominic Vachon, PhD	
	From Frustration to Unlimited Growth	Kevin Majeres, MD	
	Q&A	Kevin Majeres, MD	

	Joy in the Journey: Next step	Thomas W. McGovern, MD	
1:30 PM	<b>Breakout 1</b>		
	Navigating Challenges of Conscience in Health Care	Jozef Zalot, Ph.D., Joseph Meaney and Megan Kreft	<b>.75 hrs</b>
	Recapturing the Joy of Medicine	Amaryllis Sanchez-Wohlever, M.D.	
	A Joyful Approach to Caring for Those Affected by Cancer	Ronald Sobecks, M.D.	
	The Patient Encounter: Friendship as the Prerequisite to Joy	Nicholas Kongoasa, M.D., Elizabeth Dinh, PA-C and Laura Ducote, F.N.P.	
2:30 PM	<b>Breakout 2</b>		
	Restoring Hope and Joy to Reproductive Medicine	Pearl Huang-Ramirez, M.D., Amaryllis Sanchez-Wohlever, M.D., Marguerite Duane, M.D., Meredith Krutar, F.N.P.	<b>.75 hrs</b>
	The Joy of Practicing Clinical Ethics	Natalie Rodden, M.D. and Nicole Shirilla, M.D.	
	Referral vs Transfer of Care: Avoiding Complicity	Cynthia Jones-Nosacek, M.D.	
	Restoring Hope and Joy to Reproductive Medicine	Pearl Huang-Ramirez, M.D., Amaryllis Sanchez-Wohlever, M.D., Marguerite Duane, M.D., Meredith Krutar, F.N.P.	
	Joyful Accompaniment through Friendship: The Role of Nurses and Health Educators	Sharon Cowdrick, R.N., Kelly Castleberry, B.A. and Sarah "Frankie" West, B.S.N., R.N.	
		<b>Total</b>	<b>21.75 hrs</b>

#### **Disclosure**

As a sponsor accredited by the ACCME, the Department of Continuing Education of Christian Medical and Dental Associations, must insure balance, independence, objectivity, and scientific rigor in all its sponsored educational activities. All faculty and planning committee members participating in this CME Symposium were asked to disclose the following:

1. The names of proprietary entities producing health care goods or services, with the exemption of non-profit or government organizations and non-health related companies with which they or their spouse/partner have, or have had, a relevant financial relationship within the past 12 months. For this purpose, we consider the relevant financial relationships of your spouse/partner that they are aware to be theirs;
2. To describe what they or their spouse/partner received (ex: salary, honorarium etc.);
3. To describe their role;
4. To disclose that there was no relevant or financial relationships.

Course Director, Speaker Names, CMDA staff, CMDA/CME Committee and Planning Committee Members	Name of the Commercial Interest	The Nature of the Relationship the Person has With Each Commercial Interest (speaker, stocks, speakers' bureau, clinical trials)	I do not have Any relevant financial relationships with any commercial interests	Conflict Resolved	I intend to discuss off-labeled investigation use(s) of drug(s) or device(s) in my presentation
<b>PLANNERS</b>					
Bryan, MD, Julie	NONE	NONE	NO	NA	NA
Burke, MD, Greg F.	NONE	NONE	NO	NA	NA
Carson, MD, Paul	NONE	NONE	NO	NA	NA
Dickerson, MTS, Mario	NONE	NONE	NO	NA	NA
Donnelly, Linda	NONE	NONE	NO	NA	NA
Dressler, MD, Sofia	NONE	NONE	NO	NA	NA
Fehring, PhD, RN, Richard	NONE	NONE	NO	NA	NA
Heimann, DO, Kathleen	NONE	NONE	NO	NA	NA

Kaminskas, Barbara	NONE	NONE	NO	NA	NA
Kaminskas, MD, David	NONE	NONE	NO	NA	NA
Keen-Kirchoff, MD, Mary	NONE	NONE	NO	NA	NA
Krach, MD, Daniel	NONE	NONE	NO	NA	NA
Krach, DO, Emily	NONE	NONE	NO	NA	NA
Manalo, MD, Natalie	NONE	NONE	NO	NA	NA
McGovern, MD, Thomas, activity director	NONE	NONE	NO	NA	NA
Mullally, MD, Andrew	NONE	NONE	NO	NA	NA
Mullally, MBA, Veronica	NONE	NONE	NO	NA	NA
Parker, MD, Michael	NONE	NONE	NO	NA	NA
Renuart, Jacob	NONE	NONE	NO	NA	NA
Shaniuk, MD, Paul	NONE	NONE	NO	NA	NA
Stanford, MD, Michelle	NONE	NONE	NO	NA	NA
Osenga, DC, Adam	NONE	NONE	NO	NA	NA
Treptow, MD, Craig	NONE	NONE	NO	NA	NA
Barbara Snapp – CE Director	NONE	NONE	NO	NA	NA
Sharon Whitmer, EdD, MFT Accreditation Officer	NONE	NONE	NO	NA	NA
CE Committee	NONE	NONE	NO	NA	NA
<b>FACULTY</b>					
Ashour, MTS, Monica	NONE	NONE	NO	NA	NO
Bauer, RN, MS, CHPN, Jordan	NONE	NONE	NO	NA	NA
Berchelmann, MD, Kathleen M.	NONE	NONE	NO	NA	NA
Bordlee, JD, Dorinda	NONE	NONE	NO	NA	NA
Bouchard, MD, Thomas	NONE	NONE	NO	NA	NA
Braaton, MD, Paul	NONE	NONE	NO	NA	NA
Breen, MD, James	NONE	NONE	NO	NA	NA
Broghammer, MD, Frances	NONE	NONE	NO	NA	NA
Burke, MD, Greg	NONE	NONE	NO	NA	NA
Castleberry, BA, Kelly	NONE	NONE	NO	NA	NA
Collins, Jr, MD, Robert	NONE	NONE	NO	NA	NA
Colosi, PhD, Peter	NONE	NONE	NO	NA	NA
Cowdrick, RN, Sharon	NONE	NONE	NO	NA	NA
Day, MD, Amber	NONE	NONE	NO	NA	NA
Day, MD, Paul	NONE	NONE	NO	NA	NA
Dinh, PA-C, Elizabeth	NONE	NONE	NO	NA	NA
Divaraniya, PhD, Aparna	NONE	NONE	NO	NA	NA
Ely, MD, MPH, E. Wesley	NONE	NONE	NO	NA	NA
Donnelly, MD, Brian	NONE	NONE	NO	NA	NA
Dreger, OP, MD, Sr. Mary Diana	NONE	NONE	NO	NA	NA
Duane, MD, Marguerite	NONE	NONE	NO	NA	NA
Ducota, FNP, Laura	NONE	NONE	NO	NA	NA
Falco, MD, Carla	NONE	NONE	NO	NA	NA
Fehring, PhD, RN, Richard	NONE	NONE	NO	NA	NA
Fernandes, MD, Ph.D, MA, Ashley	NONE	NONE	NO	NA	NA
Gabriel, MD, Neal	NONE	NONE	NO	NA	NA
Gilbert, MD, Lisa	NONE	NONE	NO	NA	NA
Gloth, MD, Michael	NONE	NONE	NO	NA	NA
Golder, MD, JD, Barbara	NONE	NONE	NO	NA	NA
Goldsmith, MD, Robin	NONE	NONE	NO	NA	NA
Grauerholz, MSN, Kathryn	NONE	NONE	NO	NA	NA
Hill, PhD, Sarah	NONE	NONE	NO	NA	NA
Huang-Ramirez, MD, Pearl	NONE	NONE	NO	NA	NA
Jimenez, MD, Catherine	NONE	NONE	NO	NA	NA
Jones, DO, Jeremy	NONE	NONE	NO	NA	NA
Jones-Nosacek, MD, Cynthia	NONE	NONE	NO	NA	NA
Kaminskas, MD, David	NONE	NONE	NO	NA	NA
Kearney, MD, Dermot	NONE	NONE	NO	NA	NA

Keen-Kirchoff, MD, Mary	NONE	NONE	NO	NA	NA
Kellett, MD, Marie	NONE	NONE	NO	NA	NA
Kenney, BBA, Julia	NONE	NONE	NO	NA	NA
Kenney, JD, Michael	NONE	NONE	NO	NA	NA
Kongoasa, MD, Nicholas	NONE	NONE	NO	NA	NA
Kreft, Megan	NONE	NONE	NO	NA	NA
Krutar, FNP, Meredith	NONE	NONE	NO	NA	NA
Kubick, MA, Andrew	NONE	NONE	NO	NA	NA
Majeres, MD, Kevin	NONE	NONE	NO	NA	NA
McGovern, MD, Thomas W.	NONE	NONE	NO	NA	NA
McTeigue, SJ, PhD, MTh, Rev. Robert	NONE	NONE	NO	NA	NA
Meier, MD, Frederick	NONE	NONE	NO	NA	NA
Millea, MD, Tim	NONE	NONE	NO	NA	NA
Mindling, OFM Cap, Rev. J. Daniel	NONE	NONE	NO	NA	NA
Mullally, MD, Andrew	NONE	NONE	NO	NA	NA
Nikas, JD, Nikolas	NONE	NONE	NO	NA	NA
O'Brien, MD, Karen	NONE	NONE	NO	NA	NA
O'Hara Rusckowski, SSN, Deborah	NONE	NONE	NO	NA	NA
Patel, MD, Saurin	NONE	NONE	NO	NA	NA
Peragallo Urrutia, MD, MS, Rachel	NONE	NONE	NO	NA	NA
Perone, MD, Jennifer	NONE	NONE	NO	NA	NA
Pierucci, MD, Robin	NONE	NONE	NO	NA	NA
Raphael, Rev. John	NONE	NONE	NO	NA	NA
Reilly, MD, Eileen	NONE	NONE	NO	NA	NA
Rodden, MD, Natalie	NONE	NONE	NO	NA	NA
Rooney, BS, Russ	NONE	NONE	NO	NA	NA
Rosario, MD, Rafael	NONE	NONE	NO	NA	NA
Rubal, MD, Lauren	NONE	NONE	NO	NA	NA
Sanchez-Wohlever, MD, Amaryllis	NONE	NONE	NO	NA	NA
Shirilla, MD, Nicole	NONE	NONE	NO	NA	NA
Sobecks, MD, Ronald	NONE	NONE	NO	NA	NA
Stigall, MD, William	NONE	NONE	NO	NA	NA
Stroud, MD, Christopher	NONE	NONE	NO	NA	NA
Toffler, MD, William	NONE	NONE	NO	NA	NA
Treptow, PhD, Robin Lynn	NONE	NONE	NO	NA	NA
Vachon, MDiv, PhD, Dominic	NONE	NONE	NO	NA	NA
Vizcarrondo, MD, Felipe E.	NONE	NONE	NO	NA	NA
Wells, MD, Dennis	NONE	NONE	NO	NA	NA
West, BSN, RN, Sarah "Frankie"	NONE	NONE	NO	NA	NA
Zalot, PhD, Jozef	NONE	NONE	NO	NA	NA

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**THERE IS NO IN-KIND OR COMMERCIAL SUPPORT FOR THIS ACTIVITY**