

Please join us for our 2019 Winter Outing  
January 25-27

**We are happy to announce this year's fabulous guest speakers:**



**Chris Koch, motivational speaker ([www.IfICan.ca](http://www.IfICan.ca))**



Chris was born without arms and legs and grew up in a small farming community in Alberta surrounded by loving family and friends. His parents insisted on treating him like any 'normal' kid, encouraging him to play sports and help out on his grandpa's farm operating equipment. He might have had to do things a little differently, but his determination and desire to be like everyone else catapulted him to find a way and never give up!

Chris travels extensively throughout the world encouraging others to live their lives to its greatest potential by sharing his incredible story and always reminding them - "If I Can..." He also works with the War AMPS children's program (CHAMP) and is a role model for thousands of kids with limb differences. We are honored he will be with us throughout the weekend to inspire one and all ☺



**Ryan Haack, Author/Speaker/Blogger and much more! ([www.LivingOneHanded.com](http://www.LivingOneHanded.com))**

Ryan has been coming to our Winter Outings for many years - as a member, role model, mentor and all-around awesome person to be around! This year, we're happy to have him join us as one of our guest speakers (and he's bringing his wife, Julie, too!). Through his public speaking engagements, Ryan shares his humor, wit, emotions and personal journey not only with the limb different community but with lots of schools across the country.

We are grateful for Ryan's long-term commitment to HHF and look forward to hearing him talk about his "Different Is Awesome" book, blog and inspirational message of love, hope and awesomeness ☺ Yup, that's Jim Abbott pictured above with Ryan (Jim pitched a no-hitter game in 1993 with the Yankees - cool stuff!)

## More Guest Speakers and Mentors....



**Jen & Jordan Reeves, Born Just Right (www.bornjustright.org)**

Born Just Right's mission is to build creative solutions that help kids with differences live a more enjoyable life. They believe giving kids design and STEM knowledge empowers them to create their own solutions. We're excited to learn from Jordan & Jen and hear all about their eventful year sharing their enthusiasm for creativity.

**Jordan** is changing attitudes around physical differences. She has shown her 'sparkle shooter' on The Rachael Ray Show, MakerFaire, TEDx and many venues across the country. We are thrilled to have Jen & Jordan return to HHF as speakers and advocates for all our HHF families!

- Other **special guests/mentors:**

- Elizabeth Stinson (NYC scientist & HHF member)
- Notorious Nick Newell (ex-MMA Fighter & Trainer)
- **David Crandall, American Amputee Hockey Assoc. (NEW: Sunday skate @1pm)**
- Tonya Osborne-Simpson (ACA youth camp-FREE), and more...

## **Make your hotel reservation today!**

**Where:** Doubletree Milford, 11 Beaver Street, Milford MA 01757 - **(508) 478-7010**  
**\$87.00** plus tax per night. After January 5<sup>th</sup> the special rate **cannot** be guaranteed.  
 There is a 3-day cancellation policy.

**Reservations:** Call the hotel **NOW or by January 5<sup>th</sup>** for guaranteed rate of **\$87.00**. Mention you are with Helping Hands. Cribs/Rollaways can be requested for an additional \$10 - first come first serve so ask early if you need one. *Please note: This property offers very minimal adjoining rooms.*

**Check In:** 3:00pm

**Check Out:** 12:00pm - HHF Family must request late check out if available. The hotel will store your luggage if late check-out is not available.

**NOTE:** If you experience issues logging in ([www.HelpingHandsGroup.org/user](http://www.HelpingHandsGroup.org/user)) or registering ([www.HelpingHandsGroup.org/user/register](http://www.HelpingHandsGroup.org/user/register)) for the event, please contact us at [WinterOuting@helpinghandsgroup.org](mailto:WinterOuting@helpinghandsgroup.org). We are aware technical issues can occur and want to make sure we are capturing all the info needed to make our event awesome!

**SEE DRAFT AGENDA BELOW**



helping hands  
FOUNDATION

CONNECTING FAMILIES OF CHILDREN WITH UPPER LIMB LOSS

## Winter Outing Friday-Sunday, January 25-27, 2019

Schedule of Events - **Subject to Change**...please check final agenda on day of event

<b>Friday, January 25</b>		<b>Location</b>
3:00-7:00pm	Event check-in. Pick up folder at HHF registration table.	Ballroom Foyer
5:00-8:00PM	<b>Special Discounted HH menu</b> for HHF Families at Hotel Restaurant	Il Cigno
4:00-7:00pm	Welcome Fair...Meet our Speakers & VIPs, visit vendor tables, reconnect with old friends, introduce yourself to someone new, and more... • <b>Beer and Wine cash/credit bar available at meet-n-greet</b>	Ballroom
6:00-7:00pm	HHF Kids Music/Talent meeting w/Valerie (come check it out)	Ballroom
7:00-9:00pm	FAMILY activity – Movie in Ballroom – TBD	
10:00pm	Pool closes...NO LIFEGUARD ON DUTY ALL WEEKEND Parents must be with their children at all times	Pool
<b>Saturday, January 26</b>		<b>Location</b>
8:00am	Late HHF event check-in in Ballroom	
8:00am	Continental Breakfast - Drop off your raffle items...Thank you!!	Ballroom
8:45am	<b><u>SPEAKERS</u></b> • <b>Chris Koch</b> – “If I Can..” motivational speaker • <b>Ryan Haack</b> – author, mentor, blogger and more...  <i>OTHER GUESTS THROUGHOUT THE WEEKEND include:</i> • <b>Jordan &amp; Jen Reeves - Born Just Right</b> – creative mentors • <b>Elizabeth Stinson</b> – NY Scientist – sharing her experience in life & lab • <b>Tonya Osborne-Simpson, ACA Youth Camp &amp; Peer Support Programs</b> o Summer Youth Camp is FREE to all HHF kids – come learn more • <b>Nick Newell</b> – Trainer & ex-MMA fighter	<b>Ballroom</b>
10:30am-12pm	<b>Baby &amp; Toddler</b> Play Room BYOT (Bring your own Toy) - Please NO food	Worcester Rm
10:30am-12pm	Fun and Games Room ( <b>ages 4 and up</b> ) <b>Bring your favorite game to share</b> – other activities provided	Norfolk Room
10:30-11:30am	HHF Kids Music/Talent Practice w/Valerie Peters	Ballroom

**Saturday, January 26 (continued...)**

12:00-1:30pm	HHF Kids Lunch - <b>HHF member ages 6+ ONLY</b> Staffed by our wonderful mentors (signed permission form required) <b>Mitts by Nancy</b> (hand-made mitten for HHF kids)	Ballroom Regency 3&4
1:30-2:30pm	HHF Youth Meeting for <b>HHF members ages 10+</b>	Worcester & Middlesex
1:00-2:30PM	Fun and Games Room ( <b>ages 4 and up</b> ) Bring your favorite game to share – other activities provided	Norfolk Room
2:30-3:30pm	Craft activities for everyone (Thx to Sue & Katie Moloney...AGAIN!)	Ballroom
3:30-4:30pm	<b>HHF Kids'</b> Talent Show for everyone (Emcee - Valerie Peters) HHF kids: please bring your instruments and share your special talents!	Ballroom
5:00-7:00pm	Dinner buffet (Pasta/Pizza/Salad/Dessert) – Speakers TBD	Ballroom
6:30pm	Raffle winners announced – thank you for supporting HHF!	Ballroom
7:30-9:30pm	Parent Meeting – for parents of HHF children only <i>BABY SITTER NOTE: We cannot guarantee sitters for everyone. <b>Please plan ahead.</b></i>	Ballroom

**Sunday, January 27**

		<b><u>Location</u></b>
8:30am	Breakfast	Ballroom
9:00am	TBD: Speakers	Ballroom
12:00pm	Check-out time - Luggage storage provided by hotel or Request Late check-out if available.	

**1:00-3:00pm NEW ACTIVITY FOR ALL!!– 20 mins from Hotel**  
Ice Skating at New England Sports Center in Marlborough, MA  
Organized by Dr. David Crandell, American Amputee Hockey Association

**Other NOTES:**

- **Special Mitts by Nancy (HHF Mom):** Custom-made mittens for HH kids. Created at kids lunch (12-1:30)
- **Bring games to share** - We have two fun & game room times (10:30AM-12PM & 1:00-2:30PM) – for ages 4+. She's needs volunteers to help her keep order.☺
- To All Helping Hands “children”: please share a special talent or skill at our talent show. ***It means a lot to our new families!*** If you plan to participate, please bring any instruments/supplies you might need.
- Parent Meeting is on Saturday at 7:30PM. Please consider babysitting needs in advance. We will ask for teen volunteers; however, we cannot guarantee there will be enough sitters for everyone.
- Please bring donated raffle items to breakfast Saturday morning. Raffle is draw at dinner on Saturday.
- **Pool Rules:** If you are a guest of the hotel, you have privileges to the pool facilities. There are **no lifeguards** at the pool. Parents are responsible for their own children at all times while using the pool.

- Finally, we LOVE HHF families to **bring extended family/friends** to see what we are all about! As a reminder, HHF provides three meals (breakfast on Saturday and Sunday and dinner on Saturday night) **free of charge** for Helping Hands children and their immediate family (parents and siblings). However, due to the high cost of meals and activities for the weekend, we require a **nominal fee of \$15\* (age 4-10) and \$20\* (age 11+) per person, per meal for any additional friends/family** attending our events. (\*HHF costs are higher\*). **Thanks for understanding the need for this fee due to our budget constraints.**

**We need volunteers to help organize  
NOW FOR 2019 SUMMER OUTING**  
JULY 13 - @ The Bridge Center, Bridgewater MA  
JULY 14 - Activities TBD

**WE NEED VOLUNTEERS**  
TO HELP WITH THE **SUMMER & WINTER** EVENTS.  
PLEASE EMAIL [info@HELPINGHANDSGROUP.ORG](mailto:info@HELPINGHANDSGROUP.ORG)

THANK YOU FOR ATTENDING THE 2019 WINTER OUTING!  
SAFE TRAVELS HOME 😊

**NOTE: If you experience issues logging in ([www.HelpingHandsGroup.org/user](http://www.HelpingHandsGroup.org/user)) or registering ([www.HelpingHandsGroup.org/user/register](http://www.HelpingHandsGroup.org/user/register)) for the event, please contact us at [WinterOuting@helpinghandsgroup.org](mailto:WinterOuting@helpinghandsgroup.org). We are aware technical issues can occur and want to make sure we are capturing all the info needed to make our event awesome!**