

## SESSION FOUR

# Celebrating the Liturgy of the Eucharist

## Believe

In the first part of the session, your child will learn that we celebrate the gift of Jesus in the Eucharist.

- Read the text on page 50. Provide assistance as your child completes the activity on ways we can give to others.
- Turn to page 51. Use the questions at the top of the page to discuss special gift-giving times in your family. Read the rest of the page together.
- Turn to page 52 and read together the description of the Jewish Passover and the account of the Last Supper. Reflect together on what words or phrases touched your heart in this reading. Together look at the Scripture art on pages 52 and 53 as you read the Scripture story again. What do you see?



## Celebrate

In the next part of the session, your child will learn about what takes place during the Liturgy of the Eucharist at Mass.

- Read pages 54 and 55 together and use the pictures to point out the different parts of the Liturgy of the Eucharist.
- Continue reading pages 56 and 57. Encourage your child to listen to the words of the Eucharistic Prayer next time you go to Mass.
- Review with your child any highlighted words, and help your child understand what each one means. You can also look up the definitions in the glossary on page 95.

## Live

The last part of the session invites your child to give thanks for the gifts God has given us, especially in the Eucharist.

- Turn to page 58. Remind your child that we give thanks in the Eucharist for God's gifts to us. Tell your child about a gift from God for which you are grateful. Provide assistance as your child completes the activity.
- Read the story about the saint on page 59. Look at the statement at the bottom of the page and suggest ways the saint might have responded. Then help your child to complete the statement.
- Bring the session to a close with a hug and a sharing of what each of you enjoyed during your time together.

### Spiritual Practices for the Home

Christmas tree ornaments, heirlooms, keepsakes, and photos are just some of the symbols that have particular meaning for families. They represent memories of the people and events associated with them. Similar to the symbols used to celebrate

the Eucharist and other sacraments, family symbols hold rich significance and draw us together. Cherishing family symbols is a special way to draw closer to one another and to God.