

## SESSION SIX

# Living as the Body of Christ

## Believe

In the first part of the session, your child will learn how Jesus calls us to love and care for others.

- Turn to page 78. Invite your child to complete the activity. Affirm the ways you've observed your child saying and doing kind things for others.
- Read page 79 together. Talk together about ways your family shows love and kindness to others.
- Turn to page 80 and read the account of Jesus' appearance to the disciples after his Resurrection. Reflect together on what words or phrases touched your heart in this reading. Together look at the Scripture art on pages 80 and 81 as you read the Scripture story again. What do you see?

## Celebrate

In the next part of the session, your child will learn what happens during the Concluding Rites at Mass.

- Read pages 82 and 83 together. Use the pictures to talk about the Concluding Rites at Mass.
- Continue reading pages 84 and 85. Name some ways your family lives as disciples of Jesus by loving and serving God.
- Review with your child any highlighted words, and help your child understand what each one means. You can also look up the definitions in the glossary on page 95.

## Live

In the last part of the session your child will learn that we are called to share our love of Jesus with others.

- Turn to page 86. Explain that when we leave Mass we are sent forth to love and serve God and others. Provide assistance as your child completes the activity on service.
- Read the story about the saint on page 87. Share ideas about ways to help others know the love of Jesus. Help your child complete the activity.
- Bring the session to a close with a hug and a sharing of what each of you enjoyed during this session and throughout your child's preparation for First Holy Communion.



### Spiritual Practices for the Home

Doors serve as gateways for going out into the world to share the love of God, and then returning to celebrate that love together. Compose a simple blessing to place on a door used most frequently by family members. It may serve as a gathering point for the entire family before leaving in the morning as well as a day-long reminder to each individual of the call to bring the Good News of Jesus Christ into the world.



#### Photo Credits

Corbis/ML Harris: 3. Fotolia/Rob: 1 top. Getty Images/raspu: 6; Stockbyte: 1 bottom. Shutterstock.com/Magnia: 7 bottom. Spirit Juice Studios: 4, 5, 7 top.