

# FSS Saturday Workshops

Presented by

**Emmanuel Brinklow Seventh-Day  
Adventist Church**

- Preparing for the Unexpected
  - Life Skills
- Healthy Cooking Demonstration
  - Manhood Initiative
- Tutoring, Arts, Crafts and Fun Activities for Children
  - Self Defense Class

**Saturday, March 10, 2018**

**10:00 a.m. - 1:00 p.m.**

**10400 Detrick Avenue  
Kensington, MD 20895**

Light snacks and  
refreshments  
will be served.

RSVP: [FSSRSVP@hocmc.org](mailto:FSSRSVP@hocmc.org)  
or Kim Ervin (240) 627 - 9781

