

MONTGOMERY COUNTY RESOURCES:

Explore *New Opportunities Available Just For You.*

Log in to a **FREE** virtual session to learn about topics like:

- Health & Wellness
- Financial and Tuition Assistance
- Employment and Emergency Services
- Access to Local Food Pantries and Nutritional Programs

TUESDAY SESSIONS ◀◀

6:00 PM - 7:30 PM

***[CLICK HERE TO REGISTER](#)**

▶▶ **THURSDAY SESSIONS**

10:00 AM - 11:30 AM

***[CLICK HERE TO REGISTER](#)**

Sessions offered on the **4th Tuesday and Thursday** of each month



Accommodations, such as aides and services, can be provided upon request. To best serve you, we require as much advance notice as possible - at least five (5) full business days prior to the event. To request any reasonable accommodation to participate, please call (240) 627-9670 and leave a detailed message with the request and contact information or you can email anita.inman@hocmc.org. In all situations, a good faith effort will be made to provide the accommodation.



*ONLINE REGISTRATION
IS REQUIRED TO PARTICIPATE*