

# TRUE FOOD KITCHEN

## TRUE FOOD KITCHEN SETS THREE-WEEK JOB FAIR FOR NEW LOCATION AT RIO LAKEFRONT, GAITHERSBURG

*Seasonally-inspired restaurant to open April 25*

**Gaithersburg, Maryland.** — (March 21, 2022) True Food Kitchen, the Phoenix, Arizona-based seasonally-inspired restaurant and craft bar will open its second Maryland location at Gaithersburg's Rio Lakefront on Monday, April 25, 2022.

True Food Kitchen will hold a three-week job fair to hire individuals seeking career opportunities within the full-service restaurant opening April 25. Other benefits include competitive salaries, restaurant discounts, professional mentorship and growth opportunities.

The opening of True Food Kitchen in Gaithersburg marks the brand's fourth within the Washington, DC Metro Area, the second restaurant in Maryland and its 41st location nationwide. The job fair begins Monday, March 21st with plans to hire servers, bartenders, hosts, chefs, cooks, dishwashers and other positions.

Co-founded by integrative medicine expert, Dr. Andrew Weil, True Food Kitchen's menu closely adheres to his anti-inflammatory food pyramid, which focuses on eating foods that help maintain optimal health. The restaurant will offer a variety of flavor-forward dishes and beverages for lunch, dinner and weekend brunch.

The Rio Lakefront location will feature a spacious 171-seat dining room, an open kitchen, full-service bar, outdoor covered patio and private dining room for up to ten guests. Indoors, natural woods and vibrant, locally-inspired artwork will add a contemporary touch to the earthy color scheme, natural elements and greenery, including indoor and outdoor garden basins filled with fresh herbs and spices.

**WHAT:** Three-week job fair to hire individuals seeking career opportunities within True Food's full-service restaurant opening April 25 at Rio Lakefront. Other benefits include competitive salaries, restaurant discounts, professional mentorship and growth opportunities. For more information, visit [www.TrueFoodKitchen.com](http://www.TrueFoodKitchen.com) or apply online [www.truefoodkitchen.com/careers](http://www.truefoodkitchen.com/careers).

**WHEN:** Monday, March 21- Saturday March 26; 10am-6pm  
Monday, March 28- Saturday April 2; 10am-6pm  
Monday, April 4- Saturday April 9; 10am-6pm

**WHERE:** True Food Kitchen (Rio Lakefront) 221 Rio Blvd, Gaithersburg, MD

**ONLINE:** Website: [www.TrueFoodKitchen.com](http://www.TrueFoodKitchen.com)  
Instagram: @livetruefood  
Facebook: facebook.com/TrueFoodKitchen

**MEDIA CONTACTS:**

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**ABOUT TRUE FOOD**

Founded in Phoenix, Arizona, in 2008, True Food Kitchen is a restaurant and lifestyle brand inspired by the philosophy that food should make you feel better, and that great tasting food and thoughtfully crafted beverages can serve as the foundation for a life well lived. The restaurant brand is driven by a passionate collective of accomplished chefs, visionary restaurateurs and a renowned doctor of integrative medicine—who believe delicious dining and conscious nutrition can go hand in hand, without sacrificing flavor, creativity or indulgence. True Food’s seasonal menu is guided by the principles of Dr. Andrew Weil’s anti-inflammatory food pyramid. True Food Kitchen emphasizes wholesome, simple ingredients with simple preparations to highlight the natural health benefits and flavors of each ingredient. From nutrient-dense staples and carefully sourced proteins to little-known superfoods, True Food Kitchen is committed to sourcing the most responsible, creative, freshest, in-season ingredients. With the opening of its newest location in Tampa, True Food Kitchen will have 41 locations in 17 states: Arizona, California, Colorado, Florida, Georgia, Illinois, Louisiana, Maryland, Missouri, Nevada, New Jersey, New York, Ohio, Pennsylvania, Tennessee, Texas and Virginia.

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