



# FAMILY FINANCIAL HEALTH WORKSHOPS

Improve your overall financial health by attending monthly workshops focused on budgeting, saving, smart spending, goal setting and more!

## ADULTS

### Your Spending and Savings Plan

Learn how to connect spending and saving with your goals!

**5:30 – 6:30 pm**  
**Thursday, July 18, 2019**  
Towne Centre Place  
3502 Morningwood Drive  
Olney, MD 20832

**5:30 – 6:30 pm**  
**Thursday, July 25, 2019**  
Tanglewood Apartments  
8902 Manchester Road  
Silver Spring, MD 20901

## TEENS (Middle and High School Students)

### Boost Your Savings

Establish a strategy for saving money that can last into adulthood.

**12:00 – 1:00 pm**  
**Saturday, July 20, 2019**  
Stewartown Homes  
9310 Merust Lane  
Gaithersburg, MD 20879

**All sessions are free. No RSVP Required.**

**For more information, email [FLCoach@hocmc.org](mailto:FLCoach@hocmc.org)**