

Trinity Health PACE
Montgomery County can
provide seniors with
the support they need
to continue living in
their own home or with
family while making life
simple and safe.

For seniors, aging and staying
independent is not always
easy. Having trouble with daily
activities such as cleaning,
getting to doctor's appointments,
or walking short distances, are
common challenges for seniors.

The Trinity Health PACE
Montgomery County services
offered at home and in our
wellness center help seniors
remain independent, active,
and healthy.

There are no out-of-pocket
charges if participants qualify
for both Medicare and Medicaid
or Medicaid only. Participants
who do not qualify for Medicaid
have the option to private pay.

Who can participate in Montgomery County?

- Must be 55 or older
- Live in the service area zip codes
- Meets Nursing Home Level of Care
- Be able to live safely in the community with
services provided by Trinity Health PACE
Montgomery County

Montgomery County Zip Codes:

20810, 20811, 20812, 20813, 20814, 20815, 20816, 20817,
20818, 20824, 20825, 20827, 20830, 20832, 20833, 20837,
20838, 20839, 20841, 20842, 20847, 20848, 20849, 20850,
20851, 20852, 20853, 20854, 20855, 20857, 20859, 20860,
20861, 20862, 20866, 20868, 20871, 20872, 20874, 20875,
20876, 20877, 20878, 20879, 20880, 20882, 20883, 20884,
20885, 20886, 20889, 20891, 20892, 20894, 20895, 20896,
20897, 20898, 20899, 20901, 20902, 20903, 20904, 20905,
20906, 20907, 20908, 20910, 20911, 20912, 20913, 20914,
20915, 20916, 20918, 20993, 20997, 20705, 20707, 20777,
20783, 21771, 21797



Call 240-690-3434 or visit
thpace-moco.org for more information.
If you are hearing impaired, call 711 (TTY).



Be Independent.
Keep Active.
Stay Healthy.
That's LIFE!



200 Perry Parkway, Gaithersburg, MD 20877

All photos in this document are paid actor portrayals.



Be Independent

The PACE Social Work team supports seniors as they maintain control of life's decisions and daily tasks while feeling safe and fulfilled. Services that support independence include:

- Transportation
- Counseling
- Caregiver education
- Finance management & legal support
- Home-delivered meals
- Meal planning and nutrition
- Light housekeeping and help with bathing and dressing
- Spiritual counseling

Keep Active

Staying active is good for mental, physical, and spiritual health. Our Certified Recreation Therapists make sure seniors never have a dull moment while spending time at the adult day center.

- Arts and Crafts
- Day Trips
- Chair Yoga/Aerobics
- Pet Therapy
- Bingo & Trivia
- Computers
- Focus Groups
- Dance Parties
- Holiday and Cultural Celebrations

Stay Healthy

Staying as healthy as possible is easier with a team of medical professionals available 24 hours a day/7 days a week. PACE's Primary Care Physicians, Nurse Practitioners, and Registered Nurses provide medical care at our wellness center or at home using a comprehensive Interdisciplinary Team approach which is unique to the PACE model of care. Medical services include:

- Primary Care, Nursing Care & Specialists
- Prescribed Medications & Medical Equipment
- Physical, Occupational, & Speech Therapies
- Vision, Hearing and Dental Care
- Foot Care
- Personal Emergency Response Systems
- Mental Health Services
- Hospitalizations
- Nursing Home Care (if it becomes necessary)

Trinity Health PACE Montgomery County program participants must receive all needed health care, including primary care and specialist physician services (other than emergency services) through the Trinity Health PACE Montgomery County team and network of participating providers. Participants may be fully and personally responsible for costs of unauthorized or out-of-program services. Participants may be, but are not required to be entitled to Medicare Part A, enrolled under Medicare Part B, eligible for Medicaid or able to privately pay.

ATTENTION: If you speak Español, 中文, Tagalog, Tiếng Việt, Français, 한국어, Deutsch, العربية, русский, Kreyòl Ayisyen, language assistance services, free of charge, are available to you. Call 240-690-3400. If you are hearing impaired, please access the TTY-based Relay Service by dialing 711.