

# INTRODUCTION TO FINANCIAL COACHING

Understanding Financial Accountability Challenges to Building Financial Wellness

In this course you will have the opportunity to learn:

- ▶ Money Management Skills
- ▶ Practical budgeting to pay for rent & utilities
- ▶ How to get resources that help increase your income

## UPCOMING DATES:

**February 15, 2023 - 6:00<sup>PM</sup> - 7:30<sup>PM</sup>**

**March 15, 2023 - 6:00<sup>PM</sup> - 7:30<sup>PM</sup>**

**April 19, 2023 - 6:00<sup>PM</sup> - 7:30<sup>PM</sup>**

**May 17, 2023 - 6:00<sup>PM</sup> - 7:30<sup>PM</sup>**

**June 21, 2023 - 6:00<sup>PM</sup> - 7:30<sup>PM</sup>**

[Click Here to Register](#)

*This virtual information session is facilitated by resident service counselor Shirley Benning*

**Accommodations**, such as aides and services, can be provided upon request.

To best serve you, we require as much advance notice as possible - at least five (5) full business days prior to the event. To request any reasonable accommodation to participate, please call **(240) 528-4858** and leave a detailed message with the request and contact information. Or you can email [shirley.benning@hocmc.org](mailto:shirley.benning@hocmc.org) In all situations, a good faith effort will be made to provide the accommodation.

