



Weekly Wellness Group

Every Wednesday, 1pm

Join the ElderSAFE Center each week for our weekly wellness group! We discuss mental and physical health, financial scams, current news, and more! Newcomers are welcome!

Meeting ID #: 956-4095-8098

You can join by phone: Call 301-715-8592

You can join by computer at:

<https://zoom.us/j/95640958098>