

Path Farm Co-op Information

- 15 acres farmed naturally, pesticides-free
- No farm hours required
- Seasonal vegetables & fruits
- Pickups weekly, every Friday from 11:30am-4:30pm
- Vegetables harvested within 24 hrs
- Quantities & variety vary based on growing conditions. Members receive equal shares.
- Two growing seasons per year, approx. October-March (fall/ winter) & April-September (spring/ summer)



Call 352-527-6500 x8 for current pricing & membership plans

* We ask your commitment to the full membership period you select. Your membership supports The Path's ongoing farm operations. The Path Farm is a social enterprise and supports a work program for clients at The Path's rescue mission.

The Path | PO Box 3024 | Inverness, FL 34451
Phone: 352.527.6500 | www.pathofcitrus.org



In operation for over a decade, The Path is a local 501-c-3 operating as a rescue mission for homeless men, women and their children. Our mission is to provide a Christian living environment for anyone in Citrus County, who finds themselves without a home.

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**THE PATH
FARM &
Co-op**

- ❖ Seasonal Vegetables
- ❖ Locally-grown
- ❖ Pesticides-free



**Support our
Rescue Mission work program**

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Support The Path Farm Co-op AND Healthy Lifestyles



vegetables are harvested within 24 hours of the time you receive them. That means they have less time to lose their flavor and nutritional value. Men and women at The Path's shelter plant, harvest and prepare members' baskets. Supporting The Path's Farm Co-op means you are helping The Path's men and women improve their lifestyles.

How does The Path Farm's Co-op work?

Co-op participants make a financial commitment to the farm by buying a "membership" (like a subscription) monthly, by growing season, or the entire year. You share the same risk as the farmer. Memberships provide funds needed to plant, grow and harvest the crops. In return, the member receives a basket of seasonal produce generally weekly on Saturdays, depending on your pickup arrangements. Pickups are located at The Hernando Farmer's Market produce stand on Hwy. 41 (just south of Chicken King).

Members pay the same whether it turns out to be a bumper year or a lean one. Weather conditions have a lot to do with the varieties that grow during a season, the quantity and how long a particular vegetable is available, and how much food is in your basket. Members and the farm together share the burden-- and the bounty! Many members share the benefits of healthy food by donating their basket to friends, family members or other organizations when they are not able to make their pickup.

The varieties grown are chosen for their flavor and ability to produce well in this climate. We aim to give you as much quantity and variety available at harvest from The Path's farm, but may occasionally supplement-- we'll do our best to inform you! The Path has also been able to offer "You Pick It" days, an opportunity for co-op members to come out to the farm and pick their own produce.

Using natural environmentally-friendly methods and no pesticides, The Path raises vegetables that grow best in this area during a growing season. Vegetables from The Path's farm vary in size and appearance, looking and tasting similar to those you would grow in your own home garden.

Healthy individuals... Self-reliant Communities

Why join The Path's Farm Co-op?

Mainly for the freshest vegetables you can buy and to support our community! Perhaps for health reasons, no pesticides or preservatives being sprayed on your food is attractive to you. The Path Farm Co-op offers your family the opportunity to enjoy a variety of seasonal, healthy, naturally-grown vegetables. The Path Farm grows naturally using environment-friendly resources-- like worm castings, river muck and other nutrient-rich resources to grow tasty, nutritious vegetables. Many



**Call 352-527-6500 x8
to enroll today!**

Fall/ Winter Season

October - March

Bok choi
Broccoli
Buttercrunch lettuce
Cabbage
Cauliflower
Collard greens
Kale
Kolrabi
Mustard greens
Red & Green leaf lettuces
Romaine lettuce
Turnips . . . *and other seasonal varieties*



Spring/ Summer Season

April - September

Arugula
Beans- several varieties
Bell peppers- many varieties
Cherry tomatoes
Cucumbers
Eggplant- several varieties
Hot peppers
Melons
Okra
Radishes
Yellow squash
Zucchini . . . *and other seasonal varieties*



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