

**India Retreat Application:**

**Please complete and return to: ericpaskeltrainings@gmail.com**

**Name and Date:**

**Contact Number:**

**Email address:**

**City of Residence:**

**Where do you currently practice yoga? How long? Frequency?**

**Do you have any yoga certification or have you taken any yoga trainings?**

**Please explain how you heard about this opportunity and/or how do you know Eric or Rina?**

**Why do you want to attend this retreat in India?**

**What do you hope to learn?**

**Are you willing to unplug from technology while traveling?**

**Have you ever studied philosophy? Please explain**

**Are there any personal issues that you are struggling with?**

**Any addictions?**

**Any medical issues or physical limitations?**

**Are you willing to observe a vegetarian diet? Willing to observe a regimented pre-determined schedule?**

**Please share a short paragraph about yourself sharing any other information to consider your application**