

Abstraction with Oil and Cold Wax

Over the course of this workshop, Lisa will work to expand your personal vocabulary and vision through a series of exercises based on the various ways of learning using markmaking and mixed media. The language of art will be revisited: composition, color, tension and space, and scale will all be discussed. Focus areas will include content, how to see, and personal color. Participants will be encouraged to work in a series, while revisiting the painting process.

Demonstrations include using various painting tools, drawing with cold wax, mixing paint and color, building layers, excavating, mono-printing, glazing, mark making and texture possibilities. Students will be introduced to R&F Pigment Sticks, pastel, solvents, and other materials.

Group and individual critiques will address the formal elements and most importantly everyone's unique approach to their paintings. Artists are encouraged to focus on their own inspirations, source materials and processes. The heart of this workshop is the individual participant's personal voice within the context of abstraction.

What Lisa brings to teaching is her years of experience with conceptually driven abstraction and the love of layers of materials. All her teaching concentrates on content, creativity, art making and of course, technique, with an emphasis on helping participants to discover their unique marks and concepts.

Supply List for Lisa Pressman's Expanding Your Vision with Oil and Cold Wax

- 1 pad of Arches oil paper 9" x 12" (recommended but the paper can be mixed media paper, water color paper gessoed) taped with a one inch border (painters tape) around the edges and also in half for painting exercise. • Arches oil paper is excellent and an easy solution if traveling.
- PLEASE TAPE BEFORE CLASS

- 4-6 Ampersand EncausticBord, Gesso or Birch panels prepared for oil: gessoed Instructor recommends the panels being the same size.

- Oil Paint: large tube of Titanium white and plus a variety of colors: Choose colors that you like to paint with. I like Gamblin, Williamsburg paints. Small tubes are fine. Look for combination of transparent and opaque choices as seen on the tubes or color charts. Make sure you have warms and cools.

- 1 or two large cans of gamblin cold wax (not the gallon) and a tube of galkyd gel
- Drawing materials: pencils, stabile black pencils, art graph
- At least 4-6 of palette knives,
- [silicone bowl scraper \(from amazon\)](#) or/ [and large](#) (worth the money) •
- SEVERAL soft rubber brayers speedball 4 inch, 6
- disposable paper palette 12" x 16" or freezer paper
- cheap sponge paint roller (from the dollar store or Michaels)
- blue painters tape
- wax paper for layering between wet panels
- cardboard (pizza boxes) for transporting wet work
- newsprint
- cheap tissue paper (wrapping tissue paper)
- any specific stencils that you may want to use (we will have some stencils to choose from)
- apron
- notebook
- rags or paper towels
- straight edge razor blades
- • box of latex or nitrile gloves
- • pack of unscented baby wipes

- R&F Handmade Paints will sponsor the workshop with RF Pigment Sticks