

SALLY STRAND

Artist

All mediums welcome, such as pastel, oil, acrylics, and watercolor.

Below are suggestions for pastel or oil, acrylic, and watercolor painters.

Please contact Sally for additional questions.

Suggested Supply List

All Mediums

- Sketch book
- 2B or softer (i.e. 4B, 6B) pencils and eraser
- Optional: Tombow ABT Dual Brush Pens for value studies: N75 and N55 - or other markers

Pastels

- Full color range or set of pastels; at least a 90 stick set
- You might need to add a few good darks since most sets have a lot of middle values.
- If possible, a variety of some hard and soft pastels

Paper

Bring at least one piece of paper per day of the workshop. Bring your favorite paper or try one you haven't used before. Sally works on a variety of surfaces for different effects (such as watercolor paper) and likes to have a few extra pieces of paper (usually newsprint or newspaper) underneath her paper for extra padding and a softer pastel stroke.

A few examples:

- **Sanded Pastel paper:** Moderate sizes such as 16 x 20" or 12 x 16" are fine, no larger than 18 x 24"; i.e. Art Spectrum, UART 400 or 500, Richeson, etc. If you use colored papers, bring middle values and neutral colors, not bright. White is fine and can be underpainted.
- **Drawing board:** Can be a piece of 1/8" masonite or lightweight foam or gatorboard.

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Miscellaneous (pastels)

- Sticks of soft or medium vine charcoal for blocking in
- Clips or masking or Artist's tape to hold paper to the board if paper is not already mounted.

Mixed Media

Sally will demonstrate underpainting principles for pastel or oil using paint. If you wish to do this for pastel, bring the following:

- Inexpensive brushes to lay in paint washes, i.e., 2" (thin) house painting brush or old bristle brushes. Sanded pastel papers can wear down good brushes.
- Mixing palette or plate
- Water can
- Watercolor or acrylic assortment, i.e., alizarin crimson, burnt umber or burnt sienna, yellow ochre, cadmium yellow, ultramarine blue, ivory black

Alternatively, you may choose to block in initial shapes with hard pastels and dissolve the pastel strokes with an alcohol-based product such as rubbing or denatured alcohol. Bring a brush and a small jar or container to hold the alcohol.

Oil Painting, Acrylic or Watercolor

- If you are painting with paint instead of pastels, bring the colors, brushes, and supplies that you are accustomed to using.
- Canvas or canvas boards, panels, or watercolor paper: Moderate sizes such as 16 x 20" or 12 x 16" are fine, no larger than 18 x 24" (so other students can see around you when standing at an easel in the studio). Bring *at least* one per day.

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Demonstrations, lectures and a slide show are designed to give students tools to achieve powerful, convincing paintings!

Questions regarding supplies please email Sally Strand at:

info@sallystrand.com

Or call

Studio: 949-493-6892

Cell: 949-230-4932