



Kaleidoscopes & Quilts

Paula Nadelstern

98 Van Cortlandt Park South #9C Bronx, NY 10463 Home: (718) 796-0698 Cell: (917) 449-9228

Needlestar@aol.com Paulanadelstern.com

SUPPLIES

NOTE: *An asterisk means that this important item will be available for sale in the classroom so don't waste time finding it on your own if not convenient.

1. Graph paper with an eight-to-the-inch grid and a bold inch line; will be provided by instructor.

*2. Sheets of see-thru plastic template material with an eight-to-the-inch grid and a bold inch line. **PREFERRED AND AVAILABLE FOR SALE IN CLASS** : Visi-Grid (C&T Publisher)

3. Thin rulers **PREFERRED AND AVAILABLE FOR SALE IN CLASS**: C-Thru 6"

4. Sharp pencils with ample and accessible erasers

*5. Extra fine-point permanent marker. **PREFERRED AND AVAILABLE FOR SALE IN CLASS**: Multimark S/Faber Castell Fine point

*6. Method to mark dark fabric. **PREFERRED AND AVAILABLE FOR SALE IN CLASS**: Uniball Silver Gel Pen)

7. A sharp fabric scissor (consider Karen Kay Buckley's 6" Perfect Scissors)

8. Template/paper scissors: A template scissor should not be the discarded kitchen shears or shaped for a five-year-old's hand. It is the essential, indispensable tool from which all other acts follow. I use OlfasCS-1 multipurpose scissors.

9. Set-up for rotary cutting, including a rotary cutter, ruler

and mat. OPTIONAL: Small rotary cutter and Brooklyn Revolver (cutting mat mounted on a lazy susan)

10. Sewing machine with well-defined quarter-inch seam allowance guide + single hole throat plate when available

11. General sewing supplies including fine pins and black thread

12. Ziplock baggies to hold templates

13. Simple, inexpensive compass

FABRIC

NOTE: BILATERALLY SYMMETRICAL fabric designed by Paula Nadelstern will be available for sale in class

Fabric: If it catches your eye, bring it! The palette of fabric does not have to match. Diversity is the key. Remember, more is more! Important: Multi-colored cotton fabrics printed with at least 8 or 16 on-grain motifs which are identical and bilaterally symmetrical; in other words, the motif can be divided into identical halves by a line passing through the center. Also good: symmetrical patterns and mirror-imaged motifs printed off-grain (ie: paisleys). See examples: <http://paulanadelstern.com/fabric/fabric-intro.php?line=12>

<http://paulanadelstern.com/fabric/fabric-intro.php?line=10>

Also: a wide variety of 1/4-1/2 yards of small to medium all-over prints, textures, gradations, stripes, marbled and stuff speckled with gold (a black splattered with gold is excellent). Include rich, saturated jewel tones and painterly fabrics that evoke luminosity, translucence, iridescence. Black and white all-overs such as dots or dash are useful. So are classic stripes composed of wide bands of colors or ombre.

Important: Black or dark saturated color that reads like a solid but isn't. Can be a batik as long as it doesn't read blotchy.