

**Sheila Frampton-Cooper**  
**Developing Your Visual Voice with Motifs**  
**www.Zoombaby.com**

**Supply List:**

- 100% cotton fabric, preferably solids LIGHT/MED/DARK VALUES FOR EACH COLOR (*details below*)

If you would like to fuse, be sure to pre-fuse all of your fabric, or bring the medium of your choice.

Texture solids are fine in this workshop, but there are certain effects you won't be able to achieve with strong prints.

- At least one yard each of various neutral colors. (*see below*)
- Sewing machine (*with knee-lift if you have one*)
- Needles (*I like SCHMETZ Microtex Sharps 70/10*)
- Neutral thread for piecing (*I suggest very light gray*)
- Seam ripper, scissors and thread snippers
- Rotary cutter (with extra blade)
- Ruler
- Cutting Mat (at least 24" for cutting width of fabric)
- Table top lamp (optional)
- Multi-plug extension cord with surge protection and a 3 prong adapter if needed for classroom outlets.
- Iron and tabletop iron pad (*travel size is good*)
- Sketchbook (*for note taking, drawing etc.*)
- Regular pencil
- White pencil

- White flannel for your design wall

You will be using solid colored fabric in this workshop. I know many people may not have this in their stash. Fat quarter packs give you more variety without having to buy a lot of fabric and will work very well for this workshop. Also, you may choose your palette in advance and purchase multiple values in each color you use. For example, If you like blue, make sure you bring a very dark blue value, a very light, and a few shades in between if possible.

Neutral fabric will help your colored fabric go further, and I suggest a few different shades of either taupes/off-white and at least one yard of a very dark value. (Charcoal, dark brown, etc.)

is very important in this workshop. I suggest bringing grays and/or taupes (warm and cool). For example, if you want to use earth tones, you might want very dark brown or black, if you are using cooler colors, a charcoal/black would be nice. The main thing is to have options.

Please feel free to email with any questions regarding fabric or anything else for the workshop. I am more than happy to review your fabric choices and provide feedback in advance! **sheila@zoombaby.com**