

PREVENT THE SPREAD OF COVID-19

WORKPLACE SAFETY GUIDELINES

Use these guidelines and safety tips to limit potential exposure to COVID-19 and to help keep yourself and co-workers safe and healthy while returning to work.



Stay home if you're sick



Practice good hygiene



Stay 6 feet from others



Wear a face covering

Follow these hygiene tips



- ✔ **Avoid touching** eyes, nose or mouth with unwashed hands.
- ✔ **Wash hands frequently** with soap and water for at least 20 seconds between fingers, back of hand and fingernails.
- ✔ **Use hand sanitizer** when soap and water are unavailable.
- ✔ **Cover your mouth** and nose when coughing or sneezing.
- ✔ **Clean and disinfect** frequently touched objects and surfaces.

Stay home if you have these abnormal/new symptoms



Coughing



Runny nose



Sneezing



Fever



Shortness of breath

For other workplace safety guidelines and resources visit Michigan.gov/MIOSHA or call the work safety hotline at 855-SAFEC19 (855-723-3219).



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