

Raise Awareness in your Community

- Simply promote yourself as a practitioner is an important way to spread the word.
- Educate other practitioners and the community at large about CST.
- Become active in other organizations and institutions which raises awareness and understanding.
- Conduct case studies or full research projects supports the validity and credibility of our work.
- Political advocacy is not for everyone, but networking and educating those that have influence in the political arena is a powerful way to make a difference.
- Follow legislative activity and write your representatives; it actually does make a difference.