



Heather Lever ▶ **Upledger Alumni**



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In October I was diagnosed with stomach cancer. I was told that I would have major stomach surgery within 3 months. 4 days after my diagnosis I flew from NZ to Australia to attend the Upledger Paeds 1 and 2 courses. Carol J McLellan was our incredible Tutor. She turned my situation into the most incredible learning situation for both myself and the entire class. I was privileged to receive a SER session from Kristiane Heidrich under direction of Carol to find the cause of the cancer. The story was both astounding and deeply comforting to find and resolve. Further sessions throughout the week also resolved many related issues. Carol said to me after the week to hold on to the fact that I wouldn't need surgery.

6 months and an up close ultrasound scan later I have been told that in fact I never had cancer and that the majority of the lump is fatty tissue. No surgery will be needed. No treatment needed.

I would like to send my deepest thanks to Carol, Kristiane, DR John and the Paeds classes in Sydney. The CST treatment I received has made this journey one of healing and growth.

Carol. You were right. My thanks to you. — with Carol J McLellan and 7 others.



Janet Indiviglio, Mysti Newton and 430 others

61 Comments

