

Congratulations to our Pearls of Wisdom Contest Winners

Carrie Ciaverelli, PT and Nicole Cohen, DPT

Thank you to everyone that shared their inspirational stories. The winners received a Barral Institute messenger bag and another one of the new logoed items. We continue to collect your powerful anecdotes and "pearls" relative to Barral protocols and success stories. Please send any new pearls (stories, narratives, accounts, etc), not already submitted, to Vicki McCabe at vicki.mccabe@iahe.com.

Here are the inspiring testimonials from our two winners!

Carrie Ciaverelli, PT

This work, unlike any other that I have encountered within my years of training, is truly a gift. The teachings have opened my eyes into the amazing intricacies of anatomy, the complexities of the nervous system, and have given me tools in which to actually help my patients heal on all levels. For this I am eternally grateful to Jean-Pierre Barral and Alain Croibier, and plan to humbly pursue with continued guidance for the remainder of my professional life.

Nicole Cohen, DPT

Learning at the Barral Institute literally changed my life. As a Physical Therapist I see beyond the musculoskeletal system and into the deeper connections with the body. This is of itself profound; however, I think the greatest lesson is the respect and appreciation for the body's inner wisdom. Trained in Western Medicine, they teach that you, the practitioner, heal the patient. But I see now that the therapist is merely a facilitator and the patient is the healer. This transformed my practice, and my outlook on life itself- Don't force anything---listen, listen, listen. Respect where that person is on their journey. I learn more every time I treat and it is because of this training. I am beyond grateful for the work this Institute provides. Healthcare needs this so badly. I am grateful to be a part of the team.