

TAI CHI WITH KATHY BROWN



Free in person classes



Kathy Brown offers an in-person twelve week series in which she will teach Dr. Paul Lam's "Tai Chi for Arthritis and Fall Prevention" form. Kathy welcomes all to join.




Mondays 1:30 to 2:30 PM
January 29 — April 22, 2024
no class on April 1, 2024



To register, call the Library at
856-845-5593

***A place for
all reasons!***

West Deptford

Free Public Library

420 Crown Point Road,
West Deptford, NJ 08086
www.westdeptford.lib.nj.us
856-845-5593