



Dear School Health Leadership:

Chautauqua Health Network is excited to announce a new opportunity and is seeking student classes to help build our physical activity initiative -- Move.CHQ.

Sounds like fun? Here are answers to some questions to get you started:

I. **Who?**

- This opportunity is open to class sections of high school juniors and seniors.

II. **When?**

- The length of the program will run from Monday April 29th, through Friday June 7th

III. **Where?**

- This is a virtual program, so where you complete the activities is entirely up to you!
- It could take place in the classroom, as part of a club's activities, as an assignment; really wherever works best for your school.

IV. **How?**

- Each class will be assigned a physical activity and asked to identify information surrounding local:
 - Vendors
 - Venues
 - Advocates and Associations
- The team at Chautauqua Health Network will provide you with a template to get started.

V. **Why?**

- Physical activity is a powerful tool to address chronic disease, so Chautauqua Health Network is committed to promoting these initiatives.
- Participating schools will receive an additional \$500 milestone through their Chautauqua Healthy Schools Program workplan.

You're interested? We're happy to come to talk with you and provide more information. Reach out to our team at schools@chq.health to learn more and get started!