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Clear and complete information can help the Foundation give you a more timely reply. Submit the form by mail or email attachment (PDF) to:

The Frederick P. Lenz Foundation for American Buddhism
1901 Avenue of the Stars, Suite 1100
Los Angeles, CA 90067
Email: info@fredericklenzfoundation.org

Today's date (date of this request): _____

Tell us about yourself:

Name: _____

Mailing address: _____

Telephone: _____

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Please offer a statement introducing yourself. *[Examples: "Author of a book on religion and society" or "Instructor of community programs on Buddhism."]*

What materials would you like to use?

List and cite the materials you are asking to use. *[See examples on last page.]*

How do you plan to use the materials?

Please describe fully your planned use of the materials, keeping in mind that the Foundation may limit permission to uses of works in a manner that is respectful of the mission of the Foundation and in furtherance of the ideals of American Buddhism.

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The undersigned requests permission in accordance with the foregoing application and will comply with its conditions.

Your Signature: _____

You will receive a response from the Foundation.

Permission Granted, subject to all checked items.

Fee if any: _____

This permission is granted indefinitely, subject to our right to revoke permission at will on notice to the email address provided with the form application.

Alternative expiration date, if any: _____, 20_____

You will provide the Foundation with one copy (or link) of the final published version of your work. We would also appreciate a brief report after one year regarding the use of the materials.

You will include a reference to the original work and the chapter or song name.

General credit line on all uses as follows: "The works of Rama – Dr. Frederick Lenz are reprinted or included here with permission from The Frederick P. Lenz Foundation for American Buddhism."

Permission Denied, or the Foundation does not hold the rights.

Additional notes, explanations, or conditions on your uses:

Signed on behalf of the Foundation:

Signature: _____ Date: _____

All parties are urged to retain copies of completed permission forms indefinitely.

Examples

Example Citations to Materials You Plan to Use, for our internal use:

- Various quotations totaling 346 words, selected from *Snowboarding to Nirvana*, Frederick Lenz, (New York: St. Martin's Press, 1997).
- 1 minute and 30 seconds of music clipped from the track "Cosmic Shuffle" found at this website: <https://www.ramameditationsociety.org/mandala-light>.

Examples of How You Plan to Use the Materials:

Reprinting quotations in a new book I am preparing, tentatively titled *Religion and Snow*, which is scheduled for publication next year by XYZ Publishers, Inc.

Including quotations, clips, and photographs on website I am developing, for public access, as part of my school project. The site will be hosted on XYZ.com, and I am creating it as part of my assignment for a history class at Great High School. After I graduate I hope to keep the site somewhere on the Internet and open to the public indefinitely.

This use will help the spread the message of Frederick Lenz by reaching students in meditation programs with new technologies.

[Version: 05- March 2025]