



Information on Swimming Pools, Locker Rooms Equipment, Bicentennial Pond, & More

Phase 2 of the Reopen Connecticut Sector Rules will permit the opening of both community center swimming pools and Bicentennial Pond. Bicentennial Pond will open to public swimming on June 26 with a modification to public swimming times. Adjusted hours at Bicentennial Pond will not permit public swimming or beach use between 12-3 on weekdays. This will allow for Camp Mansfield swimming per CT Office of Early Childhood rules under the COVID-19 situation. Hours of Bicentennial Pond will be M-F, 3-7pm and S/SN, 12-6pm. Should a session of Camp Mansfield not operate due to under enrollment, public swimming will be permitted 12-3 pm, Monday-Friday. Updates will be posted on mansfieldcc.com.

POOL REOPENING IN PHASE 2

We are excited to confirm that both the main pool and therapy pools WILL reopen on June 22, though there will be some changes. Please note that face masks will not be required while in the pool, but are required for wear on the deck and other areas of the building. Please read all the information carefully so you know and understand what to expect when returning to the facility.



Pool Reservations

We will be using a reservation system called SignUp Genius in order to reserve a swimming time. There is no pool schedule permitting drop in times; however, the allotted swim times will be posted as well as what is permitted during that slot.

The Main Pool will allow for 3 swimmers at a time for 45min swim blocks. We will not designate the use of the lane. You're free to do lap swim, work out or family swim. However, you must stay designated to your lane.

Therapy Pool will allow for 2 people only in the pool at a time for 45 min swim blocks. These blocks are for 1 person each block and designated for therapy use only. We will have designated family swim times however, due to social

Example

Step 1: Time blocks and available spaces. Once you click the yellow sign up button. You will be sent to the registration page for that time block.

Please Note: Time blocks are 1 hr. This includes a quick rinse utilizing the Rinse & Change Room before you enter the pool, 45min swim time, and a quick rinse and change after your swim. NO full showers are permitted. We encourage you to come in your suit. You will only have a 45min swimming window no matter if you use the "Rinse & Change Room" after you swim or not.

However you must rinse before entering pool.

The screenshot shows a reservation page for a pool. At the top, there's a header 'Members' and 'POOL Reservation EXAMPLE'. Below that, a sub-header says 'This is an example on how to register for a pool swim time slot'. It shows the date 'Date: 06/22/2020 (Mon.)' and the creator 'Created by: Jennifer Gott'. The main part of the page is a table with three rows, each representing a lane and its availability for a specific time block. The columns are 'Location', 'Time (EDT)', and 'Available Slot'. The first row is for 'Main Pool Lane 3' from 9:00am - 10:00am, the second for 'Main Pool Lane 5' from 9:00am - 10:00am, and the third for 'Main Pool Lanes 1' from 9:00am - 10:00am. Each row has a 'Lane 1 Swim Block' entry with a 'Sign Up' button. Below the table, there's a note: '45 min swim time, 5 min rinse in FCR Before swim, 10 min Rinse and change at end of swimming block'. At the bottom, there's a 'Submit and Sign Up' button.

POOL REOPENING IN PHASE 2

Pool Reservations

Step2: Time block registration page. Will ask for your name and email. This is so we know who has registered for the block and we can send you an email confirmation that your time and slot has been confirmed. Please keep this email as a record of your registration in case there is an issue.

Please Note: If you need special accommodations, such as the chair lift. Please write that in the comment box. So we are aware. Please plan your time accordingly we are not able to extend reservation time. So you may have to cut your swim time short of 45 minutes if you need extra time to change. Lifeguards will provide a 2 minute warning before swim time ends and a final "clear the pool" announcement.

Terms of Service and [Privacy Policy](#).'"/>

Step 3: Confirmation Page. This page will show you are confirmed for the time block chosen. You will be permitted to 1 time block per day only. Anyone found violating this restriction will have their registration deleted from the system. We are working to get everyone we can a possible time in the pool.

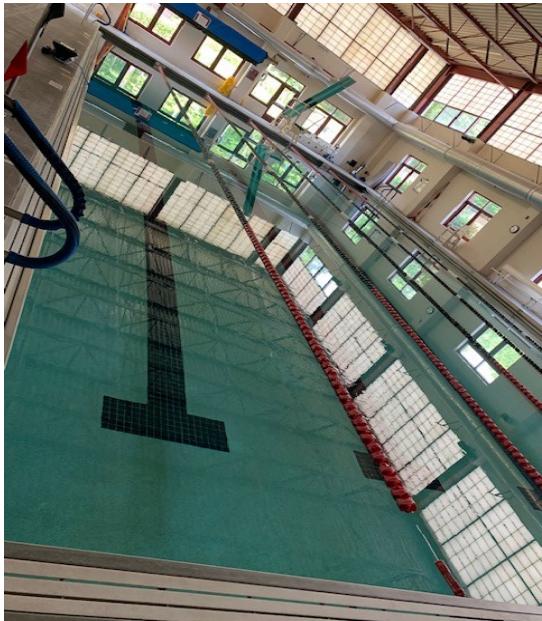
Key Facts

- 1: One Registration Per Day - Per Person
- 2: Swim Blocks: include a quick rinse before entering pool, 45 min swim time, and a rinse off and change. (*This applies regardless if you need the FCR after or not, you will not gain 10 more min of swim time*)
- 3: **Rinse and Change:** Means NO full showering (no shampoo or soap use or extended time in shower). The main locker rooms will not be available. Only the 3 family changing rooms ("Rinse & Change Rooms") will be available to swimmers only. Violators of this rule will risk having future reservations of swimming canceled. Rinsing and changing only is a state and local mandate we must follow.



POOL REOPENING IN PHASE 2

Main Pool Expectations & Changes



- **You must rinse off** in one of the Family Changing Rooms ("Rinse and Change Rooms") prior to entering pool. Please use the same changing room when you exit as well if needed.
- Facemasks must be worn at all times until you are about to enter the water. For safety, facemasks will not be permitted in the water while swimming.
- One swimmer will be allowed per lane. Unless the following:
- Family Swim: If you are family swimming: Must be immediate family only. No more than 5 people in a lane. Families larger than five please contact the Community Center.

- Pool Lanes will be rotated for each group coming into the pool.
Example: Group A will use lanes 1,3,5
Group B will use lanes 2,4,6
Group 3 will use Lanes 1,3,5
Ect...
- You will be assigned to a lane when you come on to the deck by the lifeguards.
- Keep a 6ft distance at all times when it is possible.
- No Lockers are available so please limit the number of personal belonging you bring into the facility.

Special Accommodations: if you need use of the chair lift in the main pool, please enter a note in the My Comments section when you register. We are unable to extend swim block times. Please plan accordingly and if you need more time to rinse and change you may need to shorten your 45 minute allotted swim time. **Reminder:** There is no showering, only quick rinsing before and after your swim.



POOL REOPENING IN PHASE 2

Therapy Pool Expectations & Changes



- **You must rinse off** in one of the Family Changing Rooms (“Rinse & Change Rooms”) prior to entering pool. Please use the same changing room when you exit as well if needed.
- Facemasks must be worn at all times until you are about to enter the water. Face-masks will not be permitted in the water while swimming, for safety.
- Keep a 6ft distance at all times when it is possible.
- There will only be 2 people in the therapy pool allowed at one time for therapy use.
- There will be designated Family Swim blocks: If you are family swimming:
 - Must be immediate family only.
 - No more than 5 people at a time
 - Families larger than five please contact the Community Center

Special Accommodations: if you need use of the chair lift in the main pool. Please enter a note in the My Comments section when you register. We are unable to extend swim block times. Please plan accordingly and if you need more time in the “Rinse and Change Room” you may need to shorten your 45 minute swim time. **Reminder:** There are no showers, only quick rinsing and changing.



POOL REOPENING IN PHASE 2

Locker Rooms & Family Changing Rooms



Based on the requirements from the State of Connecticut, the main locker rooms will remain closed to the public during this phase of opening. While it is highly recommended that members shower and change at home, we will be offering options to rinse off before and after using the pool. It is a state requirement that you rinse off before entering any public pool. Due to the locker rooms being closed, we ask that personal items brought into the facility must be limited to keys, swim towels, caps and goggles, and water bottles only. There will be no water fountains but we will have a water bottle filling station available in main hallway.

THERE WILL BE NO SHOWERING ALLOWED during this phase of opening. However, it is a state requirement they you rinse before you enter a public pool. For this, we will be offering the use of the family changing rooms as rinse and change rooms only.

No showering means: extended time in the shower, the use of soap or other products. You may shower at home if needed.

Violators of this rule will risk having future reservations of swimming canceled. Rinsing and changing only is a state and local mandate we must follow.

If we find a multitude of people disregarding this regulation we may be forced to cancel swimming for everyone until a time comes when we can fully use locker rooms again.



POOL REOPENING IN PHASE 2

Swim Lessons, Swim Team & Aqua Fitness Classes



Swim Lessons & Swim Team

We know how vital swim lessons are to ensuring children are safe around water. Especially as we head into summer, we know that it is our duty to protect children. Unfortunately, at this time sector rules do not allow provide a means to offer swim lessons or swim club in practical manner. We will continue to monitor the situation and offer swim lessons when we can do so in a safe and effective format.

the meantime, we have linked several Whales Tales [safety around water videos](#) for you and your children to watch at home.

Aqua Fitness

We will not be holding aqua fitness classes during Phase 2 reopening's. We do not feel we can safely hold these classes and ensure social distancing at this time.



POOL REOPENING IN PHASE 2

Pool Equipment & Other Information



Pool Equipment: We will be allowing use of limited pool equipment,. You will obtain equipment from the life-guard, disinfect after use, and return it to the used equipment bin when done. Staff will complete additional disinfecting before the next person uses it.

MASKS or cloth face coverings that completely cover the nose and mouth are required unless you are actively engaged in cardiovascular exercise on land or water. Therefore, face covering must be worn to and from an activity or moving between equipment once you enter the building. Masks must be worn until entering the water (pools).



SOCIAL DISTANCING is required of facility users. When approaching the facility, and once in the facility please be conscious of the floor markings and social distancing protocols to maintain safety and compliance. Expect relocated and restricted access to various equipment in order to meet new standards. Follow signage for traffic patterns throughout the facility. Also, please do not approach the guard in chair watching the water. There will be other staff on deck you may speak to if you have any questions.

