Let's Get Sustainable

Five Easy Steps to Start Living Sustainably with Your Clothing

- **Assess Your Wardrobe**: Donate or sell items you no longer need.
- **Quality Over Quantity**: Choose durable and versatile pieces.
- **Support Sustainable Brands**: Opt for brands with eco-friendly and ethical practices.
- **Proper Care**: Wash in cold water, air dry, and follow care instructions.
- **Clothes Swapping**: Refresh your wardrobe by swapping clothes with friends or family.



Lots of Options to Shop!

- ✓ Thrift shops
- ✓ Garage or estate sales
- ✓ Consignment stores
- ✓ Local Boutiques
- ✓ Vintage shops
- ✓ Clothing swaps

Explore shops around Meridian Township for eco-conscious options!

MERIDIAN TOWNSHIP · EST. 1842 ·

To find more information on Meridian Township's environmental programs, referred to as Green Meridian, visit meridian.mi.us/GreenMeridian.

Sustainable Fashion Tips 101

SHOP SMART - LAUNDER CAREFULLY - REPAIR - UPCYCLE - DONATE - WEAR IT LONGER

Making Sustainable Fashion Choices



Shop at thrift stores, consignment shops, or online for secondhand and vintage clothing.



Rent or borrow for special occasions.



Repair and upcycle instead of discarding clothing items with minor damages or wear

- Follow proper care instructions to prolong the life. Avoid over washing or using harsh detergents or bleach.
- Purchase clothing made from natural fibers to reduce plastic microfibers in waterways.
- When no longer wearable, explore recycling options or donation centers that accept worn-out garments for recycling.

- Invest in higher quality timeless pieces that are well-made and durable.
- Choose eco-friendly materials such as organic cotton, hemp, bamboo, linen, Tencel, and recycled fabrics.
- Choose ethical and fair trade brands that support sustainability and fair wages.

Sustainable living extends into every corner of our lives, including our wardrobes. By embracing sustainable clothing choices, we contribute to a healthier planet and more ethical industry practices. Adopting sustainable fashion practices entails a commitment to both environmental stewardship and ethical responsibility. Educating oneself and advocating for sustainable practices within one's community can amplify the impact of individual choices, fostering a more sustainable and ethical fashion industry.

More Information

Visit meridian.mi.us/GreenMeridian!