

Sport/Activity Segment Definitions

Fitness

- Aerobic Exercising
- Boot Camp/Weekend Warrior
- Cross-Training
- Dance-Oriented Fitness
- Exercise Walking
- Exercise with Equipment
- High Intensity Interval Training
- In-Home Video Workout
- Pilates
- Running/Jogging
- Spin/Power Cycling
- Suspension Training
- Weightlifting
- Work Out at Club
- Yoga

Shooting

- Archery (Target)
- Hunting with Bow & Arrow
- Hunting with Firearms
- Muzzleloading
- Paintball Games
- Target Shooting (Live Ammo)
- Target Shooting (Airgun)

Team

- Baseball
- Basketball
- Cheerleading
- Football (Flag)
- Football (Tackle)
- Football (Touch)
- Hockey (Ice)
- Lacrosse
- Soccer
- Softball
- Volleyball

Open Water

- Boating (Motor/Power)
- Canoeing
- Kayaking
- Scuba Diving
- Surfing
- Water Skiing

Snow

- Skiing (Alpine)
- Skiing (Cross Country)
- Snowboarding

Individual

- Bowling
- Golf
- Gymnastics
- Ice/Figure Skating
- Pickleball
- Swimming
- Tennis

Wheel

- Bicycle Riding
- In-Line Roller Skating
- Mountain Biking (Off Road)
- Skateboarding

Outdoor

- Backpack/Wilderness Camping
- Camping (Vacation/Overnight)
- Fishing (Fresh Water)
- Fishing (Salt Water)
- Hiking

Personal Contact Sports

- Boxing
- Martial Arts
- Wrestling

Indoor Games

- Billiards/Pool
- Dart Throwing
- Table Tennis

