



IPBC
Intergovernmental
Personnel Benefit
Cooperative

WELLNESS UPDATES

FEBRUARY 2026

[IPBC Wellness Program - IPBC Members](#)

Wellness Program Resources

Creativity plays a powerful role in how people feel at work and in their personal lives. When people can explore new ideas and try fresh approaches, they feel more energized, confident and connected.

This month we're highlighting the value of making time for personal growth, and how creative moments can help people see challenges differently, reducing stress, encouraging collaboration and sparking the new ideas that move organizations forward and support everyday happiness.

Monthly Resources for You and Your Employees:

Employee Wellbeing Newsletter: [Poster](#) and [digital](#) versions are available.

Read this: [Creating Time At Work For Employees To Feel Safe Asking Questions](#)

Recommended resource: [The Power of Random Acts of Kindness](#)

[2026 Wellbeing Newsletter Topic Calendar](#)

[2025 Wellbeing Newsletter Archive](#)

2025-26 Wellness Program

The 2025-26 Wellness Program and FAQ is available on the IPBC website (see link above). Please note that the program has changed to include additional tiers. Please review all the new documentation. A new checklist will be required for your tier submission in 2026. A new master pricing agreement with EHS for 2026 was approved and is available on the website as well.