



On Wednesday, May 17<sup>th</sup>, SSI held its 2<sup>nd</sup> Annual Health Fair as part of the Wellness Program. 32 employees and 2 spouses participated and took advantage of free wellness & health screenings through Health Gauge which included a full Lipid Panel (Cholesterol, LDL, HDL, Triglycerides, and Glucose) and Biometric Measurements (blood pressure, pulse, height, weight, hip waist, BMI).

This year's event offered a full array of additional screenings including Stroke/Carotid Artery Screening, Abdominal Aortic Aneurysm Screening, Peripheral Arterial Disease Screening, and EKG for Atrial Fibrillation.

Also on hand during the Health Fair was Alan Diehl, Wellness & Development Training Manager at Fike, who provided our employees not only with information regarding the benefits of our Wellness program but was able to have additional employees and spouses join the program.

Overall, this event was a great success, we hope all found the screenings and information provided to be beneficial.

Please reach out to Alan Diehl at [alan.diehl@fike.com](mailto:alan.diehl@fike.com) or Daniela Baptiste at [dbaptiste@suppressionsystems.com](mailto:dbaptiste@suppressionsystems.com) with any questions regarding the Wellness Program.

