

From the Desk of ~ Jeff Banning

There is so much I could write about but if you are like me, finding the time to write and read can become quite difficult. How do you utilize your time? This might be a great time to think about your life and what is really important, or not. Read on, minimal reading, I promise, but hopefully good content.

My friend and former boss Don McGillem passed away last week. What a great man he was! I owe much to Don for having faith in me while starting up Banning Engineering. At the funeral, George Bailey's name came up. Yes, that George Bailey from It's a Wonderful Life. The reference was "have you taken time to really think about your life and appreciate what you have"? You have more than you know and you should ponder that thought. Go take a hike in the woods, find a quiet retreat or just step away from the hustle and bustle and take five minutes and clear your mind. You might also watch the movie to get perspective.

How about listening to a song a day this week. A couple below that might give you some perspective.

A Little Good News – Anne Murray
Do Something – Mathew West
Man in the Mirror – Michael Jackson
Dialogue – Chicago
God Bless the USA – Lee Greenwood

There are plenty of other songs I could list. These were some that I thought would resonate in today's world. Let's make the place we live the best it can be.

Be an optimist, not a pessimist! Let's change the world but that needs to start with YOU! I hope to smile more, compliment others more, notice others more, engage with others more, and be the best I can be.

Join me! Happy 2021!

~ Jeff Banning

