

The Memory Café

A SOCIAL GATHERING PLACE FOR PEOPLE EXPERIENCING MEMORY LOSS



Who should attend:

- Individuals concerned about their memory.
- Individuals with Alzheimer's or dementia.
- Friends and family members.

What to expect:

- An informal atmosphere.
- Resources.
- Social connection .
- Music, art, and other enriching activities.

We do not provide formal care or supervision.

Join us for a fun and relaxing time as we gather for coffee, tea, and treats — without worrying about remembering or forgetting!

THE MEMORY CAFÉ PROGRAM TAKES PLACE FROM 1:30PM TO 2:30 PM

"At the Memory Café, you can just be yourself!"

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| 12/3 | Reconnect with Your Body Dance
@ Ford Warren |
| 12/10 | Memories in the Making
with <i>Jodi</i> @ Schlessman |
| 12/24 | Winter Music Sing-a-Long with <i>Dave Brandall</i> @ Schlessman |
| 1/7 | Birds of a Feather with <i>Audubon Society of Greater Denver</i> @ Ford Warren |
| 1/14 | Drumming with <i>Chad and Ed</i> @ Schlessman |
| 1/28 | Art of Jazz with <i>Swallow Hill</i> @ Schlessman |
| 2/04 | Denver's Five Points Jazz with <i>Miss Terry Nelson</i> @ Ford Warren |
| 2/11 | Timeslips Storytelling with <i>Amy</i> @ Schlessman |
| 2/25 | Curious Dragonfly: Sinking of the <i>Titanic</i> @ Schlessman |
| 3/3 | Chihera: Zimbabwean Muchineripi Family Band @ Ford Warren |
| 3/10 | Sing-a-long with <i>Amy</i> from <i>Swallow Hill</i> @ Schlessman |
| 3/24 | Memories in the Making: Art with <i>Jody</i> @ Schlessman |

Ford Warren Branch Library
2825 High Street (by Manual High School)

Schlessman Family Branch Library
100 Poplar Street (in Lowry)