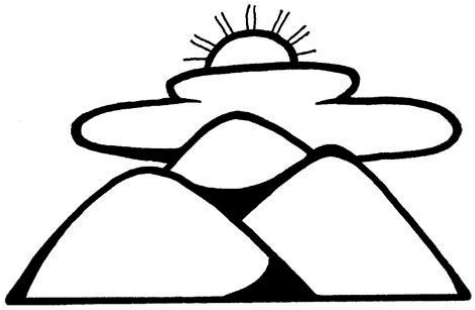
CHRIST CHURCH PARISH
EPISCOPAL

8:00 AM

The Fourth Sunday after the Epiphany

February 1, 2026



WELCOME

Christ Church is an Episcopal Parish in the Diocese of Massachusetts. We welcome and honor the God-given gifts that make us unique as individuals and strong as community. You and your family are welcome regardless of age, ethnicity, sexual orientation, marital status or prior religious affiliation.

A Note to Parents and Caregivers with Children in Church

Thank you for bringing your children to church. We are so glad you are here!

We know it can be difficult at times to manage little ones during the service.

For that reason, we have provided some resources which we hope will make it easier for you and your family to enjoy worship together.

You will find books and coloring pages at the back of the Mary Chapel. Please feel free to utilize these at any point during the service.

We have installed a TV in the nursery! You are welcome to visit the nursery with your child during any portion of our service and join us via our livestream.

It is okay to take breaks. If you need to step out with your child, our parish grounds are a great place to get the wiggles out.

Above all, please remember: You and your family are very welcome here!

Though your children may be squirming, talking, or making noise, they are also observing, copying, and learning. Children are a gift and an important part of our community; we are grateful to have them worship with us.

Hearing assistance devices are available in labeled baskets by the sanctuary entrances.

The Word of God

OPENING ACCLAMATION
The people standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY AND GREAT COMMANDMENTS
The Celebrant says

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Hear what our Lord Jesus Christ saith:
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

OPENING ANTHEM
The following is said, all standing

Glory be to God on high,
and on earth peace, good will towards men.
We praise thee, we bless thee,
we worship thee,
we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.

For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.
People **And with thy spirit.**
Celebrant Let us pray.

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

The Lessons

FIRST READING: **Micah 6:1-8**

The people sit.

A Reading from the book of the prophet Micah.

Hear what the LORD says: "Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel." "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD." "With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

Reader The Word of the Lord.
People **Thanks be to God.**

Silence may follow.

Psalm 15
Remain seated.

1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.

3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, *
but he honors those who fear the LORD.

5 He has sworn to do no wrong *
and does not take back his word.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

7 Whoever does these things *
shall never be overthrown.

SECOND READING: 1 Corinthians 1:18-31
The people sit.

A Reading from Paul's First letter to the Church in Corinth.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save

those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader The Word of the Lord.
People **Thanks be to God.**

Silence may follow.

GOSPEL: **Matthew 5:1-12**
All stand.

The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory be to thee, O Lord.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. "Blessed are those who mourn, for they will be comforted. "Blessed are the meek, for they will inherit the earth. "Blessed are those who hunger and thirst for righteousness, for they will be filled. "Blessed are the merciful, for they will receive mercy. "Blessed are the pure in heart, for they will see God. "Blessed are the peacemakers, for they will be called children of God. "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. "Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord.
People **Praise be to thee, O Christ.**

THE SERMON **The Rev. Deacon Natalie Thomas**

Silence may follow.

THE CREED

All stand.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE
All remain standing.

Deacon or Celebrant: God of Love, arise, and shine in our hearts as we offer our prayers and praises to you, saying God in your mercy, hear our prayer.

Leader: Grant to the church wisdom to discern the presence of God in our midst and the courage to follow wherever it leads us. We pray for Sean our Presiding Bishop, Julia, Ian and Mary our Bishops, Melissa our Priest, James and Natalie our Deacons, and each of us in our vocations and ministries. In our Diocesan cycle of prayer, we pray for:
Churches and ministries of the Boston Harbor Deanery, including St. Mark's Church, Dorchester (Boston)
St. Mary's Church, Dorchester (Boston)
Epiphany School, Dorchester
And for our Diocesan Council
Silence
God in your mercy, **hear our prayer.**

Bestow your blessing upon our nation, give our leaders loving hearts and concern for the least among us, and embolden us to act out our faith in our common life.
Silence
God in your mercy, **hear our prayer.**

Be with us today and every day that your glory might show forth in our lives.
Silence
God in your mercy, **hear our prayer.**

We give thanks for all the gifts and blessings we have received, especially those we name now, either silently or aloud.
Silence is held for a time as people share their thanksgivings.
God in your mercy, **hear our prayer.**

We give thanks for your creation. Help us to cultivate gratitude in our hearts and souls, that we might harvest generosity and love toward one another and all your creatures.
Silence

God in your mercy, **hear our prayer.**

Be present for all who suffer. Give courage to the fearful, hope to the despairing, healing to the sick and injured, and comfort to the dying. We pray especially for those on our parish prayer list and for those we name now, either silently or aloud.
Silence is held for a time as people share their intercessions.
God in your mercy, **hear our prayer.**

We pray that all who have died may rest in your eternal care, and that we too may one day enter into the glory and heavenly peace of your presence. We pray for all our beloved dead, remembering especially Jane Murphy and those we name now, either silently or aloud.
Silence is held for a time as people share their intercessions.
God in your mercy, **hear our prayer.**

Celebrant: Manifest God, hear our prayers, refresh and embolden us by your Holy Spirit, and help us to follow the example of Christ as our guiding and transforming beacon of hope**. Amen.**

CONFESSION OF SIN
The Deacon or Celebrant says

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.

The Priest stands and says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE PEACE
All stand.

Celebrant The peace of the Lord be always with you.
People **And with thy spirit.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

FEBRUARY BIRTHDAY BLESSINGS

The Holy Communion

OFFERTORY SENTENCE

If you wish to make a gift to support the ministries of Christ Church Parish, you may place your offering in the plate, or scan the QR code to the right to donate online. Thank you!

The Great Thanksgiving

The People remain standing.

Celebrant The Lord be with you.
People **And with thy spirit.**
Celebrant Lift up your hearts.
People **We lift them up unto the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is meet and right so to do.**

Facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS
Celebrant and People

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

The people kneel or stand.

Then the Celebrant continues

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial

thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.
AMEN.

THE LORD'S PRAYER
The Celebrant then continues

And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The Breaking of the Bread

FRACTION ANTHEM
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

PRAYER OF HUMBLE ACCESS
The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

INVITATION
The Presider invites the people to Communion with these or similar words:

Wherever you are on your journey, you are welcome at God's table.

The Gifts of God for the People of God.

To receive the Sacrament, come forward and hold out your hands. The minister will place the bread in your palm. You may then receive the wine by drinking from the larger cup or intincting (dipping) the bread in the smaller cup. If you do not wish to receive the wine, cross your arms as you pass by the cup bearers to return to your seat.

If you would prefer a blessing, come forward, cross your arms across your chest, and the minister will bless you.

POST-COMMUNION PRAYER
After Communion, the Celebrant says

Let us pray.

The People may join in saying this prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

If Lay Eucharistic Visitors are being sent out to bring the Sacrament to those who cannot be with us in-person, the following is said as the Visitors are handed the bread and wine:

Celebrant: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood.
People: **We who are many are one body, for we all share one bread and one cup.**

BLESSING
The priest blesses the people, saying

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and upon all those you love, and remain with you always. **Amen.**

DISMISSAL
The Deacon or Celebrant dismisses the people.
The people respond: **Thanks be to God.**

Announcements

Notice is hereby given of the Annual Meeting of Christ Church Parish of 149 Court Street in Plymouth, Massachusetts. The meeting will be held in the Parish Hall on Sunday, February 8, 2026 at 11:30 AM.

Please keep the following people in your prayers during the coming week. Any names added this week are in bold.

Anita Chase; Arnie Kaupp; Barbara Hulme; **Bob Pirie;** Carol MacPhee; David Flynn; **David Mann;** Don Bolt; Donna Eby; Ellen Nordquist; Evelyn Ferioli; Forrest Berardi; Greta Couter; Jack Willett; James Elksnin; **for the repose of the soul of Jane Murphy;** Jim Kelly; John Powderly; John Steele; Karen Guerra; Katharine LiBretto; Kathy Rust; Kenny Blackwell; Kim Stevenson; Laurie Ghelfi Smith; Mark Poster; Nancy Dixon; Peter Trenouth; Polly Chadwick; Raymond Reid; Sandy Underhill; Skip Nielsen; Stephanie "Petie" Blanchard; Suzanne and Dave Salois; Sylvia Wade; Theodora; Mark Ouellette; Valerie B. Pflock; William Underhill

We ask your prayers for those serving in the military and their families: Aidan McKinney, Andrew Barton, Austin Vico, Harry Morini, Joel Carveiro, Josh Zabin, Peter Leone

From the Office

In order to have your announcements included in the weekly bulletin and *Keeping Connected,* please send them to the office by 12 Noon on Wednesday. They should include date, time, place, description of event and contact information and should be written exactly the way you want them to appear.

Evening Women - Evening women enjoyed fellowship and conversation at their January meeting. A consensus vote was taken to fund a goat through the Heifer Project. On February 4th, we will meet at KKatie's on Samoset Street (5pm). Please let Donna know you plan on attending February meet up.

Bible Study - Our Thursday morning Bible study is beginning the Gospel of John. We meet from 10:00 - 11:30am in our Hospitality room. We have space for 2-3 more participants. No knowledge of the Bible is required. Our focus for all Bible studies is relating the passages to our everyday lives.

If you would like to join us or have questions, please call (508-224-1680), text (609-240-8640) or email (fergusondandb@gmail.com) Dee and Bill Ferguson.

Week At - A - Glance * February 1, 2026 – February 8, 2026

SUNDAY	**8:00 AM**	**Holy Eucharist Rite I – The Fourth Sunday After the Epiphany**
	9:00 AM	Church School, Grades PreK-5
	9:00 AM	Adult Sunday School
	9:00 AM	Youth Formation
	10:00 AM	**Holy Eucharist EOW – The Fourth Sunday after the Epiphany**
	11:30 AM	Coffee Hour
MONDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:30 AM – 11:30 AM	Fore & Aft
TUESDAY	10:30 AM – 11:30 AM	Fore & Aft
	6:00 PM	IWC Book Study Meeting
WEDNESDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:30 AM – 11:30 AM	Fore & Aft
	12:00 PM – 3:00 PM	Office Closed
	5:00 PM	Evening Women's Group
THURSDAY	10:00 AM – 4:00 PM	Thrift Shoppe
	10:00 AM	Bible Study
	10:30 AM – 11:30 AM	Fore & Aft
	12:00 PM – 1:15 PM	Food Pantry
	1:00 PM	Faith Based Book Study
	4:00 PM – 5:15 PM	Food Pantry
FRIDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:00 AM – 4:00 PM	Thrift Shoppe
	10:30 AM – 11:30 AM	Fore & Aft
SATURDAY	10:00 AM – 11:15 AM	Food Pantry
	10:00 AM – 1:00 PM	Thrift Shoppe
	5:00 PM	**Holy Eucharist EOW – The Fifth Saturday after the Epiphany**
SUNDAY	**8:00 AM**	**Holy Eucharist Rite I – The Fifth Sunday After the Epiphany**
	9:00 AM	Church School, Grades PreK-5
	9:00 AM	Adult Sunday School
	9:00 AM	Youth Formation
	10:00 AM	**Holy Eucharist EOW – The Fifth Sunday after the Epiphany**
	11:30 AM	Annual Meeting
	5:00 PM	Overnights of Hospitality Begin

Christ Church Parish

Seeking Christ in Ourselves * Serving Christ in the World

JESUS CHRIST IS THE HEAD OF THE CHURCH

MINISTERS

All the people of Christ Church Parish

Staff
The Rev. Melissa Howell, Rector
The Rev. Deacons James & Natalie Thomas
David Tyler, Parish Administrator
Lea Tyler, Choir Director
Peter Litchfield, Accompanist
Sam Stevenson, Sexton

Officers and Vestry Representatives
Robb Pflock, Senior Warden
John Steele, Junior Warden
Ray Rogers, Treasurer
Amanda Peterson, Clerk

Wil Bernard, David Greene, Don Hill, Barb Hurney, Kat LiBretto, Judy Lutz, Makenzie Manchester, Melissa Pechey, and Nancy Ricks

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E-mail: office.christchurchplymouth@gmail.com

Scan here to visit our website:
https://www.christchurchplymouth.org/

Office Hours
Monday - Friday 9:30 AM to 3:00 PM