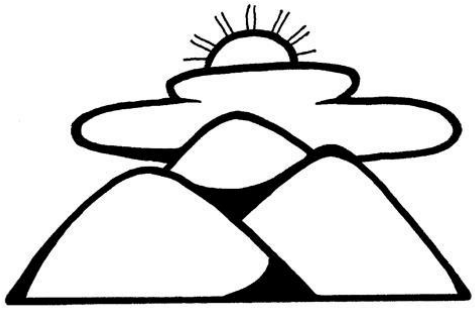
CHRIST CHURCH PARISH
EPISCOPAL

5:00 PM

The Fourth Sunday after the Epiphany

January 31, 2026



WELCOME

Christ Church is an Episcopal Parish in the Diocese of Massachusetts. We welcome and honor the God-given gifts that make us unique as individuals and strong as community. You and your family are welcome regardless of age, ethnicity, sexual orientation, marital status or prior religious affiliation.

A Note to Parents and Caregivers with Children in Church

Thank you for bringing your children to church. We are so glad you are here!

We know it can be difficult at times to manage little ones during the service.

For that reason, we have provided some resources which we hope will make it easier for you and your family to enjoy worship together.

You will find books and coloring pages at the back of the Mary Chapel. Please feel free to utilize these at any point during the service.

We have installed a TV in the nursery! You are welcome to visit the nursery with your child during any portion of our service and join us via our livestream.

It is okay to take breaks. If you need to step out with your child, our parish grounds are a great place to get the wiggles out.

Above all, please remember: You and your family are very welcome here!

Though your children may be squirming, talking, or making noise, they are also observing, copying, and learning. Children are a gift and an important part of our community; we are grateful to have them worship with us.

Hearing assistance devices are available in labeled baskets by the sanctuary entrances.

The Word of God

ENTRANCE SONG ***Glorify Your Name*** **Celebrate 82**

OPENING ACCLAMATION
The people standing, the Celebrant says

Celebrant Blessed be the one, holy, and living God.
People **Glory to God for ever and ever.**

COLLECT FOR PURITY
The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

OPENING ANTHEM
The following is said, all standing

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Celebrant God be with you.
People **And also with you.**
Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

FIRST READING: **Micah 6:1-8**

The people sit.

A Reading from the book of the prophet Micah.

Hear what the LORD says: "Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel." "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD." "With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

Reader The Word of the Lord.
People **Thanks be to God.**

Silence may follow.

Psalm 15
Remain seated.

1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.

3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, *
but he honors those who fear the LORD.

5 He has sworn to do no wrong *
and does not take back his word.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

7 Whoever does these things *
shall never be overthrown.

SECOND READING: 1 Corinthians 1:18-31
The people sit.

A Reading from Paul's First letter to the Church in Corinth.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader The Word of the Lord.
People **Thanks be to God.**

Silence may follow.

GOSPEL: **Matthew 5:1-12**
All stand.

The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. "Blessed are those who mourn, for they will be comforted. "Blessed are the meek, for they will inherit the earth. "Blessed are those who hunger and thirst for righteousness, for they will be filled. "Blessed are the merciful, for they will receive mercy. "Blessed are the pure in heart, for they will see God. "Blessed are the peacemakers, for they will be called children of God. "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. "Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord.
People **Praise to you, Lord Christ.**

THE SERMON **The Rev. Deacon Natalie Thomas**
Silence may follow.

THE CREED
All stand.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE
All remain standing.

Deacon or Celebrant: God of Love, arise, and shine in our hearts as we offer our prayers and praises to you, saying God in your mercy, hear our prayer.

Leader: Grant to the church wisdom to discern the presence of God in our midst and the courage to follow wherever it leads us. We pray for Sean our Presiding Bishop, Julia, Ian and Mary our Bishops, Melissa our Priest, James and Natalie our Deacons, and each of us in our vocations and ministries. In our Diocesan cycle of prayer, we pray for:
Churches and ministries of the Boston Harbor Deanery, including St. Mark's Church, Dorchester (Boston)
St. Mary's Church, Dorchester (Boston)
Epiphany School, Dorchester
And for our Diocesan Council
Silence
God in your mercy, **hear our prayer.**

Bestow your blessing upon our nation, give our leaders loving hearts and concern for the least among us, and embolden us to act out our faith in our common life.
Silence
God in your mercy, **hear our prayer.**

Be with us today and every day that your glory might show forth in our lives.
Silence
God in your mercy, **hear our prayer.**

We give thanks for all the gifts and blessings we have received, especially those we name now, either silently or aloud.
Silence is held for a time as people share their thanksgivings.
God in your mercy, **hear our prayer.**

We give thanks for your creation. Help us to cultivate gratitude in our hearts and souls, that we might harvest generosity and love toward one another and all your creatures.
Silence

God in your mercy, **hear our prayer.**

Be present for all who suffer. Give courage to the fearful, hope to the despairing, healing to the sick and injured, and comfort to the dying. We pray especially for those on our parish prayer list and for those we name now, either silently or aloud.
Silence is held for a time as people share their intercessions.
God in your mercy, **hear our prayer.**

We pray that all who have died may rest in your eternal care, and that we too may one day enter into the glory and heavenly peace of your presence. We pray for all our beloved dead, remembering especially Jane Murphy and those we name now, either silently or aloud.
Silence is held for a time as people share their intercessions.
God in your mercy, **hear our prayer.**

Celebrant: Manifest God, hear our prayers, refresh and embolden us by your Holy Spirit, and help us to follow the example of Christ as our guiding and transforming beacon of hope**. Amen.**

CONFESSION OF SIN
The Deacon or Celebrant says

Let us confess our sins to God.

Silence may be kept.

Minister and People

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE
All stand.

Celebrant The peace of Christ be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

FEBRUARY BIRTHDAY BLESSINGS

The Holy Communion

OFFERTORY SENTENCE

If you wish to make a gift to support the ministries of Christ Church Parish, you may place your offering in the plate, or scan the QR code to the right to donate online. Thank you!

OFFERTORY SONG
Let All That Is within Me Cry Holy **Celebrate 15**

The Great Thanksgiving

The People remain standing.

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Celebrant

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

SANCTUS
Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the

forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with [_____ and] all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**

THE LORD'S PRAYER
As our Savior Christ has taught us, we now pray,

People and Celebrant

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

The Breaking of the Bread

FRACTION ANTHEM
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

INVITATION

The Presider invites the people to Communion with these or similar words:

Wherever you are on your journey, you are welcome at God's table.

The Gifts of God for the People of God.

To receive the Sacrament, come forward and hold out your hands. The minister will place the bread in your palm. You may then receive the wine by drinking from the larger cup or intincting (dipping) the bread in the smaller cup. If you do not wish to receive the wine, cross your arms as you pass by the cup bearers to return to your seat.

If you would prefer a blessing, come forward, cross your arms across your chest, and the minister will bless you.

COMMUNION SONG

I'm Free

So long I've searched for life's meaning
Enslaved by the world and my greed.
Then the door of my prison was opened by love,
For the ransom was paid I was freed.

Chorus

I'm free from the fear of tomorrow,
I'm free from the guilt of my past wo-o-o
I've traded my shackles for a glorious song
I'm free, praise the lord, free at last.

I am free from the guilt that I carried,
From the dull empty life I'm set free,
For when I met Jesus, He made me complete,
He forgot the foolish child I used to be.

Chorus

I'm free from the fear of tomorrow,
I'm free from the guilt of my past wo-o-o
I've traded my shackles for a glorious song
I'm free, praise the lord, free at last. wo-o-o
I've traded my shackles for a glorious song
I'm free, praise the lord, free at last. wo-o-o

POST-COMMUNION PRAYER
After Communion, the Celebrant says

Let us pray.

Celebrant and People

Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth
a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.

If Lay Eucharistic Visitors are being sent out to bring the Sacrament to those who cannot be with us in-person, the following is said as the Visitors are handed the bread and wine:

Celebrant: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood.
People: **We who are many are one body, for we all share one bread and one cup.**

BLESSING
The Priest blesses the people, saying

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and upon all those you love, and remain with you always. **Amen.**

CLOSING SONG

10,000 Reasons

Chorus:
Bless the Lord, O my soul, O my soul,
Worship His holy name.
Sing like never before, O my soul.
I'll worship Your holy name.

The sun comes up, it's a new day dawning;
It's time to sing Your song again.
Whatever may pass, and whatever lies before me,
Let me be singing when the even - ing comes.

Chorus

You're rich in love, and You're slow to anger.
Your name is great, and Your heart is kind.
For all Your goodness, I will keep on singing;
Ten thousand reasons for my heart to find.

Chorus

And on that day when my strength is failing,
The end draws near, and my time has come;
Still my soul will sing Your praise unending;
Ten thousand years and then for ---- evermore!

Chorus

I'll worship Your holy name.
Yes, I'll worship Your holy name.

DISMISSAL
The Deacon or Celebrant dismisses the people.
The people respond: **Thanks be to God.**

Announcements

Notice is hereby given of the Annual Meeting of Christ Church Parish of 149 Court Street in Plymouth, Massachusetts. The meeting will be held in the Parish Hall on Sunday, February 8, 2026 at 11:30 AM.

Please keep the following people in your prayers during the coming week. Any names added this week are in bold.

Anita Chase; Arnie Kaupp; Barbara Hulme; **Bob Pirie;** Carol MacPhee; David Flynn; **David Mann;** Don Bolt; Donna Eby; Ellen Nordquist; Evelyn Ferioli; Forrest Berardi; Greta Couter; Jack Willett; James Elksnin; **for the repose of the soul of Jane Murphy;** Jim Kelly; John Powderly; John Steele; Karen Guerra; Katharine LiBretto; Kathy Rust; Kenny Blackwell; Kim Stevenson; Laurie Ghelfi Smith; Mark Poster; Nancy Dixon; Peter Trenouth; Polly Chadwick; Raymond Reid; Sandy Underhill; Skip Nielsen; Stephanie "Petie" Blanchard; Suzanne and Dave Salois; Sylvia Wade; Theodora; Mark Ouellette; Valerie B. Pflock; William Underhill

We ask your prayers for those serving in the military and their families: Aidan McKinney, Andrew Barton, Austin Vico, Harry Morini, Joel Carveiro, Josh Zabin, Peter Leone

From the Office

In order to have your announcements included in the weekly bulletin and *Keeping Connected,* please send them to the office by 12 Noon on Wednesday. They should include date, time, place, description of event and contact information and should be written exactly the way you want them to appear.

Evening Women - Evening women enjoyed fellowship and conversation at their January meeting. A consensus vote was taken to fund a goat through the Heifer Project. On February 4th, we will meet at KKatie's on Samoset Street (5pm). Please let Donna know you plan on attending February meet up.

Bible Study - Our Thursday morning Bible study is beginning the Gospel of John. We meet from 10:00 - 11:30am in our Hospitality room. We have space for 2-3 more participants. No knowledge of the Bible is required. Our focus for all Bible studies is relating the passages to our everyday lives.

If you would like to join us or have questions, please call (508-224-1680), text (609-240-8640) or email (fergusondandb@gmail.com) Dee and Bill Ferguson.

Week At - A - Glance * February 1, 2026 – February 8, 2026

SUNDAY	**8:00 AM**	**Holy Eucharist Rite I – The Fourth Sunday After the Epiphany**
	9:00 AM	Church School, Grades PreK-5
	9:00 AM	Adult Sunday School
	9:00 AM	Youth Formation
	10:00 AM	**Holy Eucharist EOW – The Fourth Sunday after the Epiphany**
	11:30 AM	Coffee Hour
MONDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:30 AM – 11:30 AM	Fore & Aft
TUESDAY	10:30 AM – 11:30 AM	Fore & Aft
	6:00 PM	IWC Book Study Meeting
WEDNESDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:30 AM – 11:30 AM	Fore & Aft
	12:00 PM – 3:00 PM	Office Closed
	5:00 PM	Evening Women's Group
THURSDAY	10:00 AM – 4:00 PM	Thrift Shoppe
	10:00 AM	Bible Study
	10:30 AM – 11:30 AM	Fore & Aft
	12:00 PM – 1:15 PM	Food Pantry
	1:00 PM	Faith Based Book Study
	4:00 PM – 5:15 PM	Food Pantry
FRIDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:00 AM – 4:00 PM	Thrift Shoppe
	10:30 AM – 11:30 AM	Fore & Aft
SATURDAY	10:00 AM – 11:15 AM	Food Pantry
	10:00 AM – 1:00 PM	Thrift Shoppe
	5:00 PM	**Holy Eucharist EOW – The Fifth Saturday after the Epiphany**
SUNDAY	**8:00 AM**	**Holy Eucharist Rite I – The Fifth Sunday After the Epiphany**
	9:00 AM	Church School, Grades PreK-5
	9:00 AM	Adult Sunday School
	9:00 AM	Youth Formation
	10:00 AM	**Holy Eucharist EOW – The Fifth Sunday after the Epiphany**
	11:30 AM	Annual Meeting
	5:00 PM	Overnights of Hospitality Begin

Christ Church Parish

Seeking Christ in Ourselves * Serving Christ in the World

JESUS CHRIST IS THE HEAD OF THE CHURCH

MINISTERS

All the people of Christ Church Parish

Staff
The Rev. Melissa Howell, Rector
The Rev. Deacons James & Natalie Thomas
David Tyler, Parish Administrator
Lea Tyler, Choir Director
Peter Litchfield, Accompanist
Sam Stevenson, Sexton

Officers and Vestry Representatives
Robb Pflock, Senior Warden
John Steele, Junior Warden
Ray Rogers, Treasurer
Amanda Peterson, Clerk

Wil Bernard, David Greene, Don Hill, Barb Hurney, Kat LiBretto, Judy Lutz, Makenzie Manchester, Melissa Pechey, and Nancy Ricks

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Phone: 508-746-4959
E-mail: office.christchurchplymouth@gmail.com

Scan here to visit our website:
https://www.christchurchplymouth.org/

Office Hours
Monday - Friday 9:30 AM to 3:00 PM