

CHRIST CHURCH PARISH
EPISCOPAL

10:00 AM

The First Sunday in Lent

March 9, 2025



WELCOME

Christ Church is an Episcopal Parish in the Diocese of Massachusetts. We welcome and honor the God-given gifts that make us unique as individuals and strong as community. You and your family are welcome regardless of age, ethnicity, sexual orientation, marital status or prior religious affiliation.

A Note to Parents and Caregivers with Children in Church

Thank you for bringing your children to church. We are so glad you are here!

We know it can be difficult at times to manage little ones during the service.

For that reason, we have provided some resources which we hope will make it easier for you and your family to enjoy worship together.

You will find books and coloring pages at the back of the Mary Chapel. Please feel free to utilize these at any point during the service.

We have installed a TV in the nursery! You are welcome to visit the nursery with your child during any portion of our service and join us via our livestream.

It is okay to take breaks. If you need to step out with your child, our parish grounds are a great place to get the wiggles out.

Above all, please remember: You and your family are very welcome here!

Though your children may be squirming, talking, or making noise, they are also observing, copying, and learning. Children are a gift and an important part of our community; we are grateful to have them worship with us.



The Word of God



GREAT LITANY



1982 Hymnal S 67



All stand.


The Officiant at the Litany may be a lay cantor.




Officiant  *People* 
O God the Father, Creator of heaven and earth, Have mer - cy up - on us.


Officiant  *People* 
O God the Son, Redeemer of the world, Have mer - cy up - on us.



Officiant  *People* 
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.


Officiant  *People* 
O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

Officiant 
Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

  *People* 
preserve us for ev - er. Spare us, good Lord.

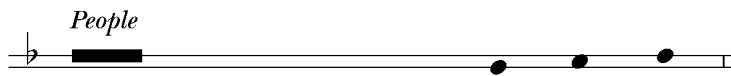
Officiant 
From all evil and wickedness; from sin; from the crafts and assaults of the

 
devil; and from everlast - ing dam - na - tion,

People 
Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



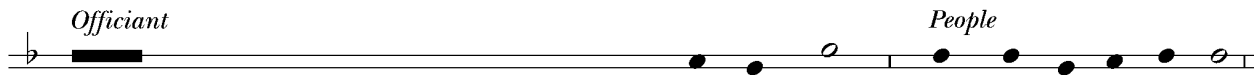
We beseech thee to hear us, good Lord.

(This same response is sung after the petitions that follow)



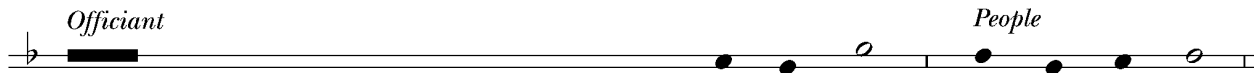
Officiant Son of God, we beseech thee to hear us.

People Son of God, we beseech thee to hear us.

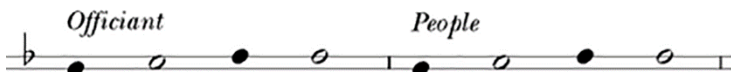


O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



O Lamb of God, that takest away the sins of the world, Grant us thy peace.



O Christ, hear us. O Christ, hear us.

When the litany is sung immediately before the Eucharist, the Litany concludes with the Kyries (which may be sung to any setting), and the Eucharist begins with the Salutation and the Collect of the day.

KYRIE

Kyrie eleison. Kyrie eleison. Kyrie eleison.
Lord have mercy. Lord have mercy. Lord have mercy.
Kyrie eleison. Kyrie eleison. Kyrie eleison.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Lessons

FIRST READING:

Deuteronomy 26:1-11

The people sit.

A Reading from the book of Deuteronomy.

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The Word of the Lord.

People **Thanks be to God.**

Silence may follow.

Psalm 91:1-2, 9-16

Remain seated.

¹He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

²He shall say to the LORD,
“You are my refuge and my stronghold, *
my God in whom I put my trust.”

⁹Because you have made the LORD your refuge, *
and the Most High your habitation,

¹⁰There shall no evil happen to you, *
neither shall any plague come near your dwelling.

¹¹For he shall give his angels charge over you, *
to keep you in all your ways.

¹²They shall bear you in their hands, *
lest you dash your foot against a stone.

¹³You shall tread upon the lion and the adder; *
you shall trample the young lion and the serpent under your feet.

¹⁴Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.

¹⁵He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.

¹⁶With long life will I satisfy him, *
and show him my salvation.

SECOND READING:**Romans 10:8b-13***The people sit.*

A Reading from Paul's letter to the Church in Rome.

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader **The Word of the Lord.**

People **Thanks be to God.**

Silence may follow.

SEQUENCE HYMN***Lord, speak to me*****Voices Found 98***All stand.***GOSPEL:****Luke 4:1-13***All stand.*

The Holy Gospel of our Lord Jesus Christ according to
Luke.

People **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’” Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’” Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written, ‘He will command his angels concerning you, to protect

you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'” Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

People The Gospel of the Lord.
 Praise to you, Lord Christ.

THE SERMON

The Rev. Melissa Howell

Silence may follow.

THE CREED

All stand.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,**

**who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

CONFESSION OF SIN

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

All stand.

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The Holy Communion

OFFERTORY SENTENCE

*If you wish to make a gift to support the ministries of Christ Church Parish, you may place your offering in the plate, or scan the QR code to the right to donate online.
Thank you!*



OFFERTORY ANTHEM

DOXOLOGY

1982 Hymnal 380, v3

The Great Thanksgiving

The People remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

Holy, holy, holy Lord

1982 Hymnal S130

The People stand or kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread

FRACTION ANTHEM

Jesus, Lamb of God

1982 Hymnal S164

INVITATION

The Presider invites the people to Communion with these or similar words:

Wherever you are on your journey, you are welcome at God's table.

Celebrant: Behold what we are.

All: **May we become what we receive.**

Celebrant: The Gifts of God for the People of God.

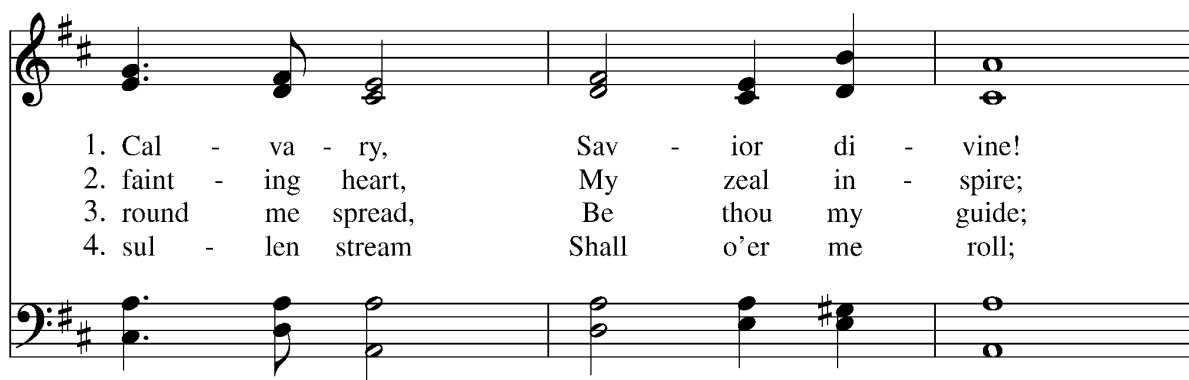
To receive the Sacrament, come forward in two lines down the center aisle, to either the main altar or the chapel altar rail. Please fill in all the spaces along the rail. Standing or kneeling, hold out your hands. The minister will place the bread in your palm. You may then receive the wine by drinking from the larger cup or intincting (dipping) the bread in the smaller cup. If you do not wish to receive the wine, cross your arms across your chest as the cup bearers come to you. If you would prefer a blessing, come forward to the rail, cross your arms across your chest, and the minister will bless you.

At the main altar, once you have received, stand and exit through the side door closest to you (either left past the organ or right through the choir room) to walk around and back into the sanctuary, using the side aisles to return to your seat.

COMMUNION HYMN *My Faith Looks up to Thee* LEVAS 88



1. My faith looks up to thee, Thou lamb of
2. May thy rich grace im - part Strength to my
3. While life's dark maze I tread, And griefs a -
4. When ends life's tran - sient dream, When death's cold,



1. Cal - va - ry, Sav - ior di - vine!
2. faint - ing heart, My zeal in - spire;
3. round me spread, Be thou my guide;
4. sul - len stream Shall o'er me roll;



1. Now hear me while I pray, Take all my guilt a - way;
2. As thou hast died for me, O may my love to thee
3. Bid dark-ness turn to - day, Wipe sor - row's tears a - way;
4. Blest Sav - ior, then in love, Fear and dis - trust re - move,

1. O let me from this day Be whol - ly thine.
 2. Pure, warm, and change - less be, A liv - ing fire.
 3. Not let me ev - er stray From thee a - side.
 4. O bear me safe a - bove, A ran - somed soul.

POST-COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.**

If Lay Eucharistic Visitors are being sent out to bring the Sacrament to those who cannot be with us in-person, the following is said as the Visitors are handed the bread and wine:

Celebrant: In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood.

People: **We who are many are one body, for we all share one bread and one cup.**

SOLEMN PRAYER OVER THE PEOPLE

The Deacon or Celebrant says,

Let us bow down before the Lord.

The People bow or kneel. The Celebrant says

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

CLOSING HYMN

The glory of these forty days

1982 Hymnal 143

DISMISSAL

The Deacon or Celebrant dismisses the people

The People respond: Thanks be to God

Announcements

**Please keep the following people in your prayers during the coming week.
Any names added this week are in bold.**

Barbara Hulme; Christy Godfrey; Donna Eby; Greta Couter; Jack Willett; **Jane Murphy**; for the repose of the soul of Jim Stanne; Katharine LiBretto; Laurie Ghelfi Smith; Linda Garrone; Norm Zinger; Sharon Steadman; Skip Nielsen; Steve Blanchard; Suzanne and Dave Salois; Valerie B. Pflock; William Underhill

We ask your prayers for those serving in the military and their families:
Aidan McKinney, Andrew Barton, Austin Vico, Harry Morini, Joel Carveiro, Josh Zabin

From the Office

In order to have your announcements included in the weekly bulletin and *Keeping Connected*, please send them to the office by 12 Noon on Wednesday. They should include date, time, place, description of event and contact information and should be written exactly the way you want them to appear.

Resources for Families in Church: Just a reminder that there are activities for kids, including a small table and chairs, in the back of the church. We are also providing special bulletins for kids that are aligned with the week's lessons at the front and back entrances. These bulletins have a variety of coloring, brain teasers, puzzles, and other fun activities. For students in grades PreK-1, Su will be available in the nursery to monitor young students who need a separate space during the church service. We hope that these resources will support family attendance at the 10 am service. Please let us know if you have any other ideas for ways to welcome children and families at Christ Church: education@christchurchplymouth.org

Christ Church Food Pantry – All are welcome to the Christ Church Food Pantry! We are open by appointment: Tuesday 4:00-5:15, Thursday 12:00-1:15 and 4:00-5:15, and Saturday 10:00-11:15. Call the pantry message line: 508-746-4959, ext 6, BY 1 PM THE DAY BEFORE YOU WISH TO PICK UP YOUR ORDER. Our volunteers check messages and return your call from their homes to ask you what you need.

If you wish to volunteer, contact Eileen Paris at eileenpca@aol.com
For more information, please contact Barbara Wojtkiewicz at 617-291-4634, or by email at barbara.wojtkiewicz@gmail.com

Christ Church Thrift Shoppe - In last week's Keeping Connected Rector's Reflections, Melissa suggested we might consider "*trying on*" rather than "*giving up*" as a way of keeping the 40 days of Lent holy. She specifically mentioned the "*trying on*" of a new ministry such as the Thrift Shoppe. As we gear up for Spring, and with the upcoming task of transitioning seasonal clothing, we are again reminded that many hands make for light work. Volunteer opportunities are a meaningful way to bring us closer to God and we encourage and welcome you to "*try on*" the Thrift Shoppe ministry during this Lenten season.

Or, for those considering "*giving something up*" during Lent, we encourage you and your family to consider a Lenten purge of items you no longer need. Over the next 40 days, gradually fill a box with household decor, kitchenware, jewelry, fiction books, and/or gently worn seasonal clothing. As your box fills, consider how '*40 Days and 40 Items*' of decluttering and intentional generosity during Lent will benefit the needs of those in our community.

Shoppe Hours:
Thursday and Friday 10-4
Saturday 10-1

The 2025 Bishop's Annual Appeal - As a diocesan community, we have been asked to support the 2025 Bishop's Annual Appeal. In this year's Appeal, Bishop Julia Whitworth highlights three areas of our life together: Strategic Curacies, Collaborative Ministries, and Equipping Churches for Growth:

"Each of us, in this generation, is called to give to the witness of the Church in our own time, both locally in our worshipping communities and collectively in our diocese to strengthen and expand the work to which God calls us. I want to highlight three areas of our life together which this year will be strengthened by your gifts to the Bishop's Annual Appeal."

The Rt. Rev. Julia E. Whitworth

- **Strategic Curacies...** so we can not only ordain but retain more talented new clergy who will be serving the Church in decades to come.
- **Collaborative Ministries...** to create full-time positions and/or provide clergy housing.
- **Equipping Congregations for Growth...** opportunities for congregational growth and evangelism, sustainable use of our church properties, and deeper commitment to ministries that serve our neighbors and transform our communities.

The appeal newsletter and donation envelope are available at church or by contacting the parish office. Please place your gift in the Offering on "Ingathering Sunday," March 30. You may also mail it back directly to the diocesan office. Together, we are able to accomplish that which we cannot do alone!

Week At - A - Glance * March 9, 2025 – March 16, 2025

SUNDAY	2:00 AM 7:00 AM 8:00 AM 9:00 AM 10:00 AM 11:15 AM	Daylight Saving Time starts Overnights of Hospitality End Holy Eucharist Rite I – The First Sunday in Lent Church School (Adults and Grades Pre-K – 5) Holy Eucharist Rite II – The First Sunday in Lent Coffee Hour
MONDAY	9:00 AM 10:30 AM – 11:30 AM	Morning Prayer – Facebook Live Fore & Aft
TUESDAY	10:30 AM – 11:30 AM 4:00 PM – 5:15 PM 5:30 PM	Fore & Aft Food Pantry Finance Committee
WEDNESDAY	9:00 AM 10:30 AM – 11:30 AM 4:00 PM 6:30 PM	Morning Prayer – Facebook Live Fore & Aft Parish Nursing Ministry Vestry Meeting
THURSDAY	10:00 AM 10:00 AM – 4:00 PM 10:30 AM – 11:30 AM 12:00 PM – 1:15 PM 1:00 PM 4:00 PM – 5:15 PM 6:00 PM	Bible Study Thrift Shoppe Fore & Aft Food Pantry Book Study Food Pantry Choir Rehearsal
FRIDAY	9:00 AM 10:00 AM – 4:00 PM 10:30 AM – 11:30 AM 5:00 PM	Morning Prayer – Facebook Live Thrift Shoppe Fore & Aft Youth Group
SATURDAY	10:00 AM – 11:15 AM 10:00 AM – 1:00 PM 5:00 PM	Food Pantry Thrift Shoppe Holy Eucharist Rite II – The Second Saturday in Lent – Music with The Hills
SUNDAY	8:00 AM 9:00 AM 10:00 AM 11:15 AM 11:15 AM	Holy Eucharist Rite I – The Second Sunday in Lent Church School (Adults and Grades Pre-K – 5) Holy Eucharist Rite II – The Second Sunday in Lent Coffee Hour Worship Committee

Christ Church Parish
Seeking Christ in Ourselves * Serving Christ in the World

JESUS CHRIST IS THE HEAD OF THE CHURCH

MINISTERS

All the people of Christ Church Parish

Staff

The Rev. Melissa Howell, Rector
The Rev. Deacons James & Natalie Thomas
David Tyler, Parish Administrator
Lea Tyler, Choir Director
Su D'Ambrosio, Sunday School Coordinator

Officers and Vestry Representatives

Robb Pflock, Senior Warden
John Steele, Junior Warden
Ray Rogers, Treasurer
Amanda Peterson, Clerk

Wil Bernard, David Greene, Don Hill, Barb Hurney, Kat LiBretto,
Judy Lutz, Makenzie Manchester, Melissa Pechey, and Nancy Ricks

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Phone: 508-746-4959
E-mail: office.christchurchplymouth@gmail.com

Scan here to visit our website:

<https://www.christchurchplymouth.org/>



Office Hours

Monday - Friday 9:30 AM to 3:00 PM