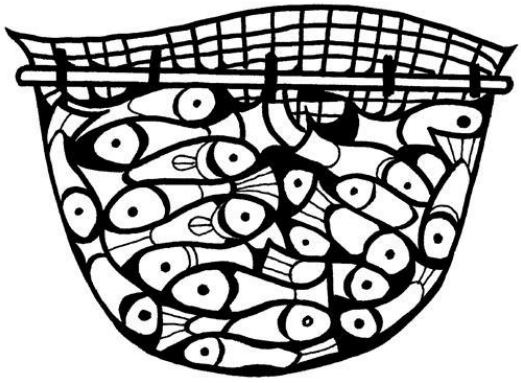
CHRIST CHURCH PARISH
EPISCOPAL

5:00 PM

The Third Saturday after the Epiphany

January 24, 2026



WELCOME

Christ Church is an Episcopal Parish in the Diocese of Massachusetts. We welcome and honor the God-given gifts that make us unique as individuals and strong as community. You and your family are welcome regardless of age, ethnicity, sexual orientation, marital status or prior religious affiliation.

A Note to Parents and Caregivers with Children in Church

Thank you for bringing your children to church. We are so glad you are here!

We know it can be difficult at times to manage little ones during the service.

For that reason, we have provided some resources which we hope will make it easier for you and your family to enjoy worship together.

You will find books and coloring pages at the back of the Mary Chapel. Please feel free to utilize these at any point during the service.

We have installed a TV in the nursery! You are welcome to visit the nursery with your child during any portion of our service and join us via our livestream.

It is okay to take breaks. If you need to step out with your child, our parish grounds are a great place to get the wiggles out.

Above all, please remember: You and your family are very welcome here!

Though your children may be squirming, talking, or making noise, they are also observing, copying, and learning. Children are a gift and an important part of our community; we are grateful to have them worship with us.

Hearing assistance devices are available in labeled baskets by the sanctuary entrances.

The Word of God

ENTRANCE HYMN
How wondrous and great thy works **1982 Hymnal 533**

OPENING ACCLAMATION
The people standing, the Celebrant says

Celebrant Blessed be the one, holy, and living God.
People **Glory to God for ever and ever.**

COLLECT FOR PURITY
The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

OPENING ANTHEM
The following is said, all standing

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Celebrant God be with you.
People **And also with you.**
Celebrant Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Lessons

FIRST READING: **Isaiah 9:1-4**

The people sit.

A Reading from the book of the prophet Isaiah.

There will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness—on them light has shined. You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

Reader The Word of the Lord.
People **Thanks be to God.**

Silence may follow.

Psalm 27:1, 5-13

Remain seated.

1 The LORD is my light and my salvation;
whom then shall I fear? *
the LORD is the strength of my life;
of whom then shall I be afraid?

5 One thing have I asked of the LORD;
one thing I seek; *
that I may dwell in the house of the LORD all the days of my life;

6To behold the fair beauty of the LORD *
and to seek him in his temple.

7For in the day of trouble he shall keep me safe in his shelter; *
he shall hide me in the secrecy of his dwelling
and set me high upon a rock.

8Even now he lifts up my head *
above my enemies round about me.

9Therefore I will offer in his dwelling an oblation
with sounds of great gladness; *
I will sing and make music to the LORD.

10Hearken to my voice, O LORD, when I call; *
have mercy on me and answer me.

11You speak in my heart and say, "Seek my face." *
Your face, LORD, will I seek.

12Hide not your face from me, *
nor turn away your servant in displeasure.

13You have been my helper;
cast me not away; *
do not forsake me, O God of my salvation.

SECOND READING: 1 Corinthians 1:10-18

The people sit.

A Reading from Paul's First letter to the Church in Corinth.

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized

in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Reader The Word of the Lord.
People **Thanks be to God.**

Silence may follow.

GOSPEL: **Matthew 4:12-23**
All stand.

The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

Now when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: "Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near." As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him. Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

The Gospel of the Lord.
People **Praise to you, Lord Christ.**

THE SERMON **The Rev. Melissa Howell**
Silence may follow.

THE CREED
All stand.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE
All remain standing.

Deacon or Celebrant: God of Love, arise, and shine in our hearts as we offer our prayers and praises to you, saying God in your mercy, hear our prayer.

Leader: Grant to the church wisdom to discern the presence of God in our midst and the courage to follow wherever it leads us. We pray for Sean our Presiding Bishop, Julia our Bishop, Ian and Mary our Bishop-appointees, Melissa our Priest, James and Natalie our Deacons, and each of us in our vocations and ministries. In our Diocesan cycle of prayer, we pray for:
Churches and ministries of the Boston Harbor Deanery, including
St. Stephen's Church, Boston
Trinity Church, Boston
B-SAFE
And all non-parochial clergy of our diocese.
Silence
God in your mercy, **hear our prayer.**

Bestow your blessing upon our nation, give our leaders loving hearts and concern for the least among us, and embolden us to act out our faith in our common life.
Silence
God in your mercy, **hear our prayer.**

Be with us today and every day that your glory might show forth in our lives.
Silence
God in your mercy, **hear our prayer.**

We give thanks for all the gifts and blessings we have received, especially those we name now, either silently or aloud.
Silence is held for a time as people share their thanksgivings.
God in your mercy, **hear our prayer.**

We give thanks for your creation. Help us to cultivate gratitude in our hearts and souls, that we might harvest generosity and love toward one another and all your creatures.
Silence

God in your mercy, **hear our prayer.**

Be present for all who suffer. Give courage to the fearful, hope to the despairing, healing to the sick and injured, and comfort to the dying. We pray especially for those on our parish prayer list and for those we name now, either silently or aloud.
Silence is held for a time as people share their intercessions.
God in your mercy, **hear our prayer.**

We pray that all who have died may rest in your eternal care, and that we too may one day enter into the glory and heavenly peace of your presence. We pray for all our beloved dead, remembering especially
[_____ and] those we name now, either silently or aloud.
Silence is held for a time as people share their intercessions.
God in your mercy, **hear our prayer.**

Celebrant: Manifest God, hear our prayers, refresh and embolden us by your Holy Spirit, and help us to follow the example of Christ as our guiding and transforming beacon of hope**. Amen.**

CONFESSION OF SIN
The Deacon or Celebrant says

Let us confess our sins to God.

Silence may be kept.

Minister and People

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE
All stand.

Celebrant The peace of Christ be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The Holy Communion

OFFERTORY SENTENCE

If you wish to make a gift to support the ministries of Christ Church Parish, you may place your offering in the plate, or scan the QR code to the right to donate online. Thank you!

OFFERTORY HYMN
Thy strong word did cleave the darkness **1982 Hymnal 381**

The Great Thanksgiving

The People remain standing.

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Celebrant

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

SANCTUS
Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with [_____ and] all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN**

THE LORD'S PRAYER
As our Savior Christ has taught us, we now pray,

People and Celebrant

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

The Breaking of the Bread

FRACTION ANTHEM
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

INVITATION

The Presider invites the people to Communion with these or similar words:

Wherever you are on your journey, you are welcome at God's table.
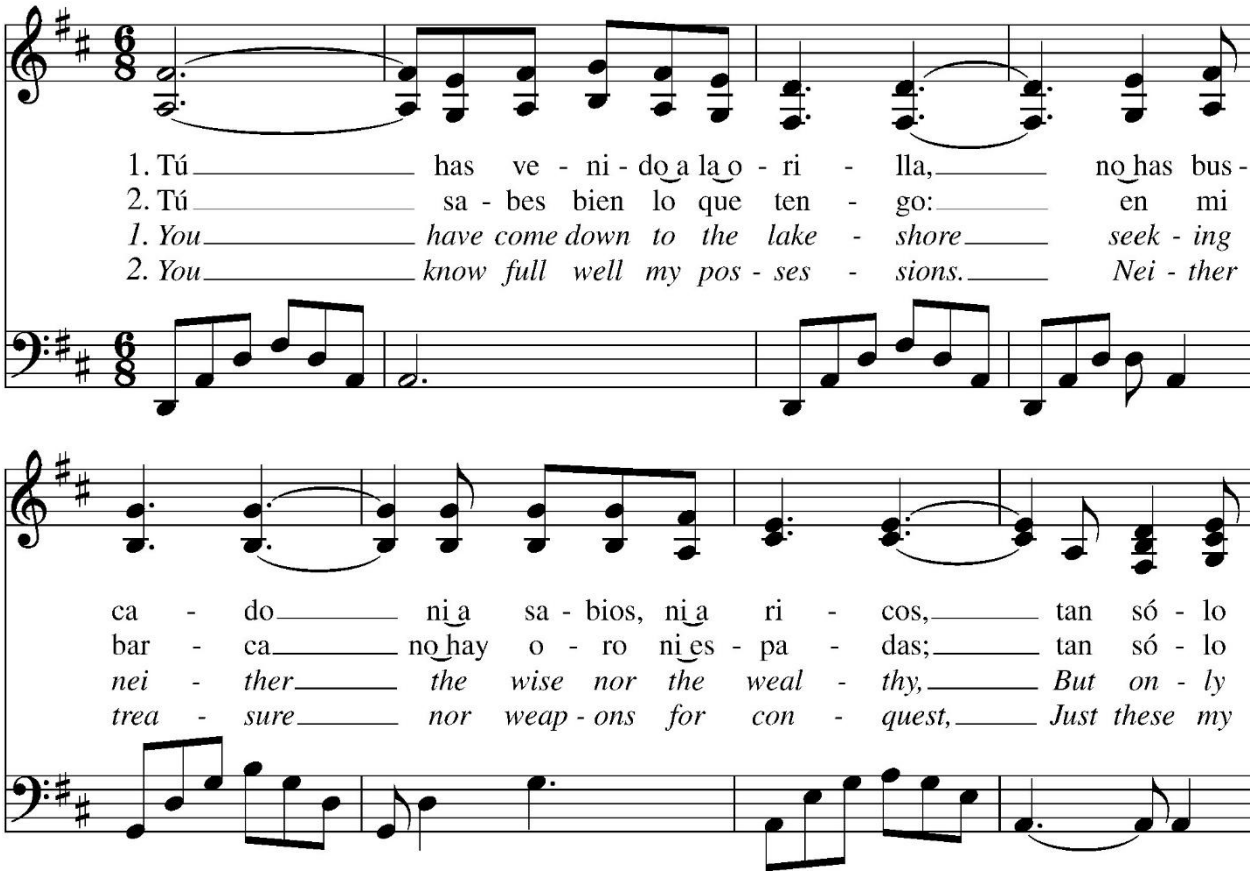
The Gifts of God for the People of God.
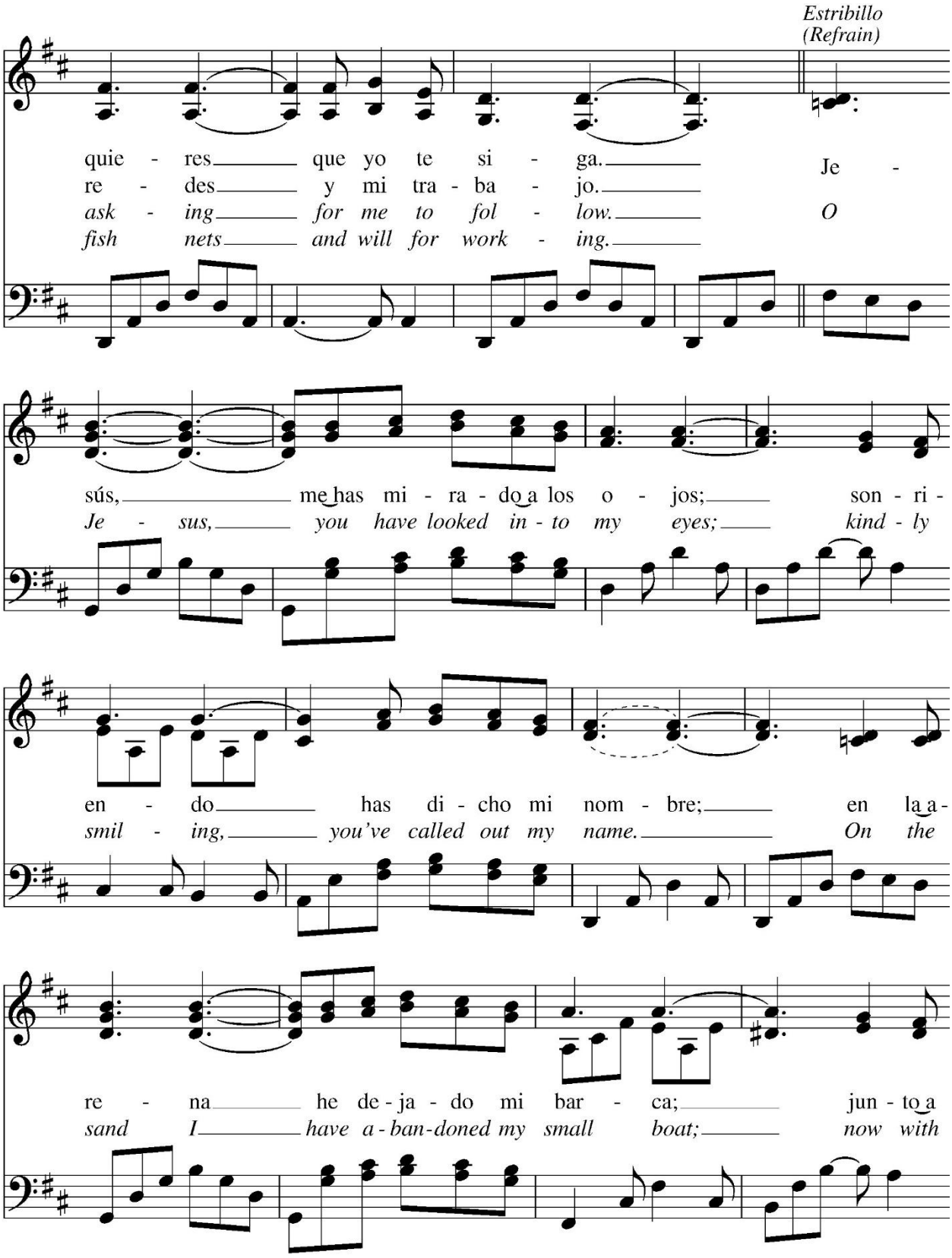
To receive the Sacrament, come forward and hold out your hands. The minister will place the bread in your palm. You may then receive the wine by drinking from the larger cup or intincting (dipping) the bread in the smaller cup. If you do not wish to receive the wine, cross your arms as you pass by the cup bearers to return to your seat.

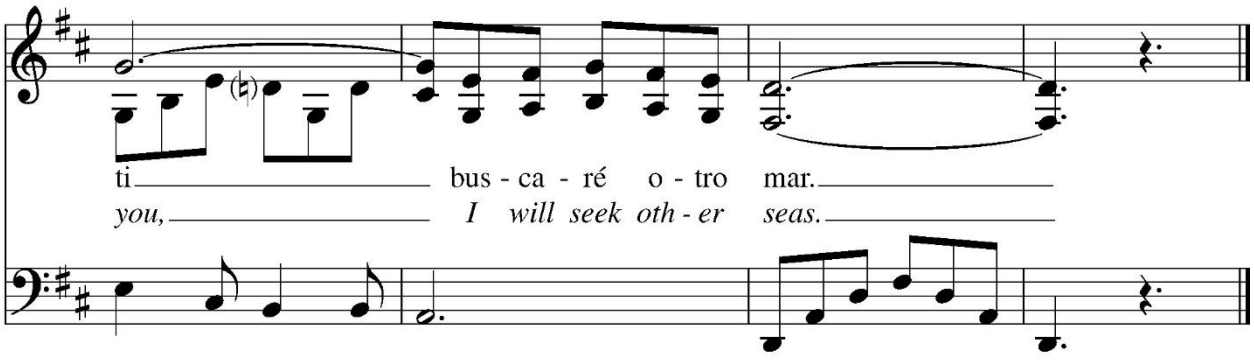
If you would prefer a blessing, come forward, cross your arms across your chest, and the minister will bless you.

COMMUNION HYMN

You have come down to the lakeshore **WLP 758**




Estribillo
(Refrain)
quie - res que yo te si - ga. Je -
re - des y mi tra - ba - jo.
ask - ing for me to fol - low. O
fish nets and will for work - ing.
sús, me has mi - ra - do a los o - jos; son - ri -
Je - sus, you have looked in - to my eyes; kind - ly
en - do has di - cho mi nom - bre; en la a -
smil - ing, you've called out my name. On the
re - na he de - ja - do mi bar - ca; jun - to a
sand I have a - ban - doned my small boat; now with



3. Tú necesitas mis manos,
mi cansancio que a otros descanse,
amor que quiera sequir amando.
Estribillo

3. *You need my hands, my exhaustion,*
working love for the rest of the weary
a love that's willing to go on loving.
Refrain

4. Tú, Pescador de otros mares,
ansia eterna de almas que esperan.
Amigo bueno, que as' me llamas.
Estribillo

4. *You who have fished other waters;*
you, the longing of souls that
are yearning:
As loving Friend, you have come to call me.
Refrain

POST-COMMUNION PRAYER
After Communion, the Celebrant says

Let us pray.
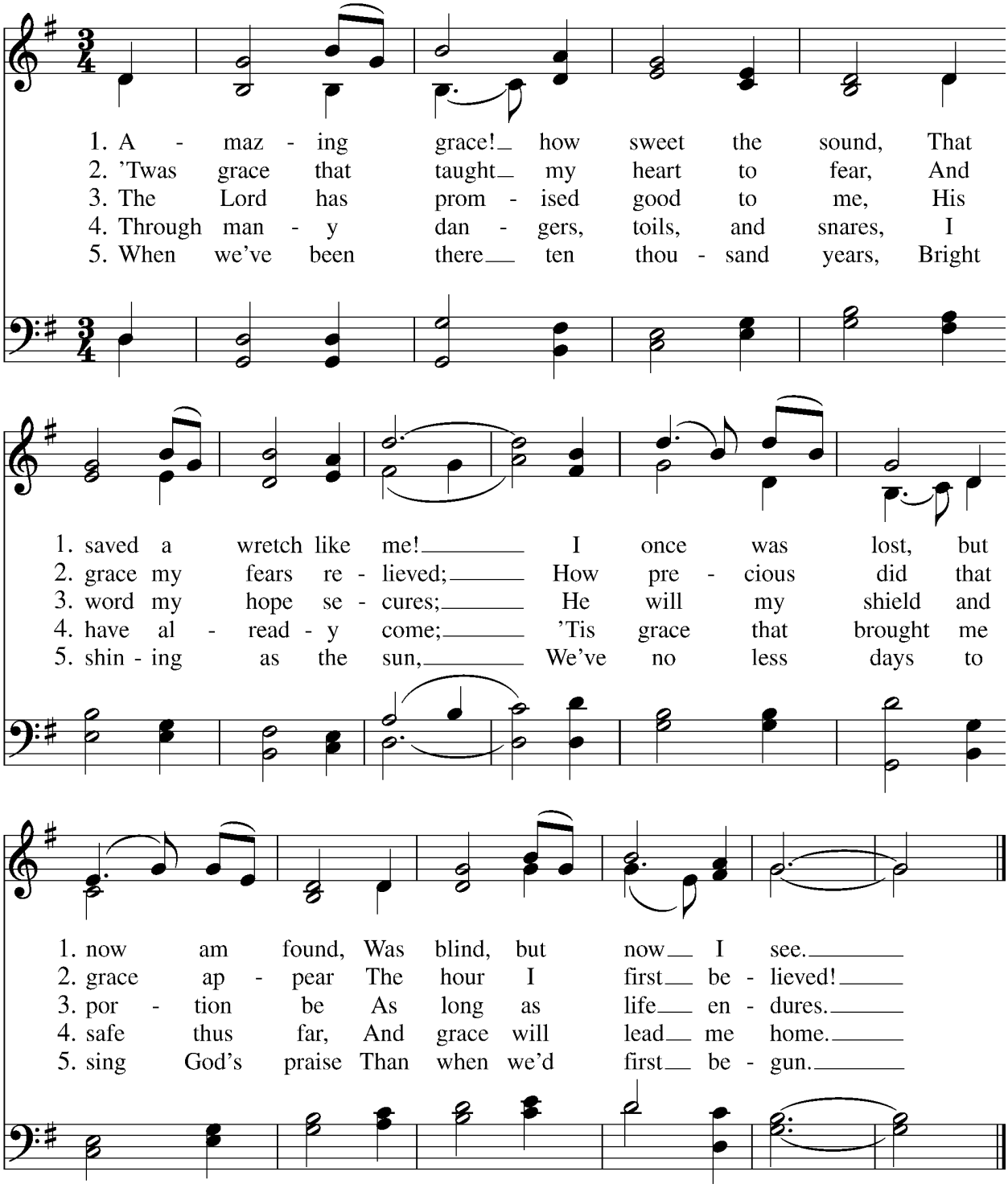
Celebrant and People

Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth
a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.

BLESSING
The Priest blesses the people, saying

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and upon all those you love, and remain with you always. **Amen.**

CLOSING HYMN ***Amazing Grace*** **LEVAS 181**



DISMISSAL

The Deacon or Celebrant dismisses the people.
The people respond: **Thanks be to God.**

Announcements

Please keep the following people in your prayers during the coming week. Any names added this week are in bold.

Anita Chase; Arnie Kaupp; Barbara Hulme; Carol MacPhee; David Flynn; Don Bolt; Donna Eby; Ellen Nordquist; Evelyn Ferioli; Forrest Berardi; Greta Couter; Jack Willett; James Elksnin; Jane Murphy; Jim Kelly; John Powderly; John Steele; Karen Guerra; Katharine LiBretto; Kathy Rust; Kenny Blackwell; Kim Stevenson; Laurie Ghelfi Smith; Mark Poster; Nancy Dixon; Norm Harbinson; Peter Trenouth; Polly Chadwick; Raymond Reid; Sandy Underhill; Skip Nielsen; Stephanie "Petie" Blanchard; Suzanne and Dave Salois; Sylvia Wade; Theodora; Mark Ouellette; Valerie B. Pflock; William Underhill

We ask your prayers for those serving in the military and their families:
Aidan McKinney, Andrew Barton, Austin Vico, Harry Morini, Joel Carveiro, Josh Zabin, Peter Leone

From the Office

In order to have your announcements included in the weekly bulletin and *Keeping Connected,* please send them to the office by 12 Noon on Wednesday. They should include date, time, place, description of event and contact information and should be written exactly the way you want them to appear.

Evening Women - Evening women enjoyed fellowship and conversation at their January meeting. A consensus vote was taken to fund a goat through the Heifer Project. On February 4th, we will meet at KKatie's on Samoset Street (5pm). Please let Donna know you plan on attending February meet up.

Bible Study - Our Thursday morning Bible study is beginning the Gospel of John. We meet from 10:00 - 11:30am in our Hospitality room. We have space for 2-3 more participants. No knowledge of the Bible is required. Our focus for all Bible studies is relating the passages to our everyday lives.

If you would like to join us or have questions, please call (508-224-1680), text (609-240-8640) or email (fergusondandb@gmail.com) Dee and Bill Ferguson.

Men's Group Brunch – Please join us Sunday, February 1st upstairs in the dining room following the 10:00 AM service for a delicious brunch. We will be highlighting the Vestry. Enjoy the food and the fellowship. Meet some of the current Vestry members and find out what they do.

Whether you're new to the parish or a longtime member, there's always something new to explore and plenty of opportunities to get involved. Come hungry, come curious, and most importantly, come ready to learn how you can contribute to making a difference within our parish community.

Seeking Nominations: Leadership Positions in our Parish
Our annual parish meeting will be Sunday, February 8th, and your Nominating Committee is seeking nominees willing to stand for election to important leadership positions here at Christ Church. At our annual meeting, the parish votes to elect wardens and officers, new vestry members, delegates to convention, and deanery representatives. We would like to know if you are discerning a call to serve.

If you would like to learn more about these leadership roles and the nominations and elections process, please contact a member of the Nominating Committee. We are: David Greene, Kat LiBretto, Makenzie Manchester, Robb Pflock, and Rev. Melissa

We welcome your prayerful discernment and your questions.

Once you submit a form, a Nominating Committee member will reach out to thank you, provide more information, and offer times for further discussion.



Christ Church Thrift Shoppe - A Year in Review
2025 was another spectacular year at the Thrift Shoppe. Christ Church in-reach and community outreach were made possible by proceeds from the sale of donated items. We are so very grateful to you, our committed volunteers, generous donors, and frequent shoppers, all who have contributed to the success of the Thrift Shoppe Ministry.

2025 PROCEED TOTAL $104,127.90

Christ Church Parish (in-reach) $50,711
Christ Church Food Pantry $10,072
Rev Melissa Howell's Discretionary Account $9892
Salvation Army Community Programs $7000
Amazing Grace of Cape Cod, Inc. $2500
Plymouth Pride Inc. $2500
Barbara C. Harris Camp $2250
Episcopal Relief and Development Fund $5000
Peace Abbey Foundation $10,000
Martin Luther King Weekend Events $500

Additional recipients of Thrift Shoppe Ministry assistance:

- Christ Church Overnights of Hospitality- Guest Needs
- Taskforce-To-End Homelessness- Re-homing items
- Father Bill's and Mainspring- Re-homing items
- Big Brothers Big Sisters of America- monthly clothing/textile donations
- Immigrant Families Plymouth and Kingston- clothing and housewares
- Habitat For Humanity Carver- furniture
- Sustainable Pinehills Plymouth- textile donation
- Sunrise Rotary Plymouth- books for Plymouth's Little Book Libraries
- Fire victim assistance- Plymouth, Middleboro, and Bristol, RI
- Shoppers in need- seasonal clothing

In order for us to continue to do this important ministry work in 2026, we need your continued support. There are several ways that you can share your time, talent, and treasure. Please consider joining our volunteer team. Many report experiencing significant purpose and fulfillment while making special connections with other volunteers, shoppers, and the community during time spent as shopkeepers and merchandisers. We can never have enough helping hands and we welcome ALL, regardless of age, gender, experience, or religious affiliation.

Please also consider donating your gently used clothing, jewelry, fiction books, kitchen items, housewares, and small furnishings from smoke-free homes. Please be certain all donations are clean and in good working order. Donations may be dropped inside the shop on Thursdays and Fridays 10-4 or in the garage on Saturdays 10-12.

Week At - A - Glance * January 25, 2026 – February 1, 2026

SUNDAY	**8:00 AM**	**Holy Eucharist Rite I – The Third Sunday After the Epiphany**
	9:00 AM	Church School, Grades PreK-5
	9:00 AM	Adult Sunday School
	9:00 AM	Youth Formation
	10:00 AM	**Holy Eucharist EOW – The Third Sunday after the Epiphany**
	11:30 AM	Coffee Hour
	5:00 PM	Overnights of Hospitality End
MONDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:30 AM – 11:30 AM	Fore & Aft
TUESDAY	9:30 AM – 11:00 AM	Office Closed
	10:30 AM – 11:30 AM	Fore & Aft
	6:00 PM	IWC Book Study Meeting
WEDNESDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:30 AM – 11:30 AM	Fore & Aft
THURSDAY	10:00 AM – 4:00 PM	Thrift Shoppe
	10:00 AM	Bible Study
	10:30 AM – 11:30 AM	Fore & Aft
	12:00 PM – 1:15 PM	Food Pantry
	1:00 PM	Faith Based Book Study
	4:00 PM – 5:15 PM	Food Pantry
FRIDAY	**9:00 AM**	**Morning Prayer –** Facebook Live
	10:00 AM – 4:00 PM	Thrift Shoppe
	10:30 AM – 11:30 AM	Fore & Aft
SATURDAY	10:00 AM – 11:15 AM	Food Pantry
	10:00 AM – 1:00 PM	Thrift Shoppe
	5:00 PM	**Holy Eucharist EOW – The Fourth Saturday after the Epiphany**
SUNDAY	**8:00 AM**	**Holy Eucharist Rite I – The Fourth Sunday After the Epiphany**
	9:00 AM	Church School, Grades PreK-5
	9:00 AM	Adult Sunday School
	9:00 AM	Youth Formation
	10:00 AM	**Holy Eucharist EOW – The Fourth Sunday after the Epiphany**
	11:30 AM	Men's Group Brunch

Christ Church Parish

Seeking Christ in Ourselves * Serving Christ in the World

JESUS CHRIST IS THE HEAD OF THE CHURCH

MINISTERS

All the people of Christ Church Parish

Staff
The Rev. Melissa Howell, Rector
The Rev. Deacons James & Natalie Thomas
David Tyler, Parish Administrator
Lea Tyler, Choir Director
Peter Litchfield, Accompanist
Sam Stevenson, Sexton

Officers and Vestry Representatives
Robb Pflock, Senior Warden
John Steele, Junior Warden
Ray Rogers, Treasurer
Amanda Peterson, Clerk

Wil Bernard, David Greene, Don Hill, Barb Hurney, Kat LiBretto, Judy Lutz, Makenzie Manchester, Melissa Pechey, and Nancy Ricks

149 Court Street, Plymouth, MA 02360
Phone: 508-746-4959
E-mail: office.christchurchplymouth@gmail.com

Scan here to visit our website:
https://www.christchurchplymouth.org/

Office Hours
Monday - Friday 9:30 AM to 3:00 PM