



**Explorers** is our social recreation program from Community Connections which is a program that offers adults with IDD/ASD opportunities to learn new things, learn social skills and develop meaningful friendships. They experience more inclusivity in the communities where they live and work as well as an opportunity to pursue their lifelong hopes, goals, and dreams. Explorers offer real-life experiences for the people we serve, “let’s have fun and learn about each other.” It’s also an opportunity for the community to see the people we serve and the great things that they bring to any group.

## **September 2022 EVENTS**

### **COOKING CLASSES: Mondays September 12, 19 & 26**

#### **Dennis Union Church Rt. 6a Dennis**

Do you like having fun and making delicious meals as well as making new friends and relationships? You have come to the right place and let us cook together. We will enjoy a meal together and you will have a meal to take home.

Cooking Classes 2 hours

From 4:00pm - 6:00pm

Limited to 10 participants

Cost \$35.00 per class

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**\*\*Transportation from your home to the meeting location is available at an additional cost.**

## **Sunset Dune Tours Provincetown Wednesday September 7th**

End your day watching the magnificent light and colours over the water and see why artists from all over the world have been drawn to the light on the outer Cape.

Included in this tour:

- A 1 hr dune tour through the dunes, then a ride down to the beach where you'll view one of the most magnificent sunsets on the East Coast
- Learn about the history, ecology and evolution of this special landscape that's uniquely Cape Cod
- Beach chairs for your comfort while watching the sunset

Limited to 4 participants

From 4:30 pm-8:30 pm

Cost: \$260.00 Includes transportation from CCI to event and back. Sandwich from DPM, drinks and snacks will be provided.

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## **BOWLING Thursdays September 8, 15 and 22 2022**

Let us have a good time as we bowl together and develop friendships. It is a great way to exercise and have fun with friends. This event is for all skill levels and ages. We will meet at Ryan's Ten Pin Eatery Cape Cod Mall on Tuesdays. If you choose to purchase food or snacks please bring your money.

4pm to 6pm

Bowling 2 hours

Limited to 8 participants

Cost: \$17.00 per event.

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**\*\*Transportation from your home to the meeting location is available at an additional cost.**

## **Hyannis Harbour Cruise Tour Friday September 16**

Learn about the history of Hyannis and local area landmarks including Great Island, the Kennedy Memorial, St. Andrews-by-the-Sea, Squaw Island, Point Gammon Light, and the historic Kennedy Compound in Hyannis Port. Live commentary.

From 3:30 pm-7:30 pm

**Cost: \$85.00 Includes transportation from CCI to and from event. Ticket for Hyannis cruise, dinner at Jacks after tour.**

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## **Hiking Myles Standish State Forest Saturday September 17 with Zak from the Cape Wildlife.**

The landscape in Myles Standish State Forest offers sights of significant and rare formations, such as Pine Barrens and kettle ponds. The Pine Barrens are ecosystems defined by large areas of tall Pitch Pines, growing on sandy, infertile soil. The Pine Barrens in the Myles Standish State Forest are the third largest in the world. Kettle ponds are created by holes left from glaciers. The ponds have no inlet or outlet and the water levels vary over time. There are 58 kettle ponds in the forest.

From 9:00 am to 1:00pm

Limited to 4 individuals

**Cost: \$175.00. Includes transportation from CCI to and event, sandwiches from DPM, snacks.**

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**\*\*Transportation from your home to the meeting location is available at an additional cost.**

## **Sunday September 25**

Cuttyhunk & Penikese Island a unique opportunity to explore these rarely visited island.

Join us for excursions to Pekinese and Cuttyhunk Islands off the southern coast of Massachusetts on a privately chartered boat. Discovered in 1602 by Bartholomew Gosnold, the Elizabeth Islands have always held a special appeal for those who want to explore. We will have a naturalist from Mass Audubon with us for the day as we explore the beauty of the Elizabeth Islands.

### **What to Expect**

Each tour includes a one and a half-hour boat trip that will take us through Vineyard Sound and Buzzards Bay along the Elizabeth Islands. Shipboard commentary will focus on landmarks, geology, wildlife and the history of these quiet, protected islands. Then, we'll spend time exploring the Pekinese and Cuttyhunk Islands. At the end of the day, you will enjoy the relaxing boat trip back to the mainland.

### **Visiting Penikese Island (1.5 hours)**

Discover the unique history of Penikese Island and view its colonies of rare tern species. We'll explore this incredible place so that visitors can get a sense of its environmental and historical significance.

### **Visiting Cuttyhunk Island (4 hours)**

Enjoy the quaint village and harbor while exploring for migratory songbirds and watching from Lookout Hill for passing raptors. Participants will have a choice of a short or long guided walk. The long hike focuses more on birds and natural history, while the short hike highlights island history and landmarks. Afterwards, you'll have time to visit a gift shop and swim or explore on your own.

**From: 7:30am to 6:30pm**

**Cost: \$500.00 CCI at 7:30 am for transportation to Patriot Party Boats in Falmouth Harbor for an 8:30 am departure to Elizabeth Islands. Includes transportation to and from CCI, continental breakfast sandwiches from DPM for lunch and assorted snacks and beverages. Light dinner will be provided on our return to Falmouth**

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**\*\*Transportation from your home to the meeting location is available at an additional cost.**

### **Mini Golf Tuesday, September 20, 2022**

It is a great way to exercise and have fun with friends. This event is for all skill levels and ages. Holiday Hill Miniature Golf in Dennis port. **Food or snacks are available to purchase at the sites, please bring your money.**

From 4pm to 6pm

Limited to 7 participants

Cost: \$ 35.00 per event. Includes transportation from CCI to and from golfing locations.

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### **BBQ, Corn Hole, fun and music Fridays September 23 and 30.**

Come and enjoy some time with friends while playing corn hole, dancing to music and a cookout with hamburgers and hot dogs.

Open to all

From 5pm – 7pm

Cost: \$30.00 Includes corn hole, music and food.

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### **DINNER & MOVIE Tuesday September 27 at CCI.**

Come and watch a movie and spend time making friends as you share a delicious meal together.

From: 5:00pm - 8:00 pm

Limited to 15 participants

Cost: \$35.00 Includes popcorn, dinner, and a movie

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**\*\*Transportation from your home to the meeting location is available at an additional cost.**

<https://communityconnectionsinc.org/explorers> for more information about the program.

**Please make checks payable to Community Connections Inc. and put Explorers on the memo line and mail to:**

**Community Connections Inc.**

**Attention Valerie DuBois**

**261 White's Path Suite 1**

**S. Yarmouth MA 02664**

**Call Val at 508 744 1130 to reserve your attendance**

