

CLOVER FOR YOUTH

DEVELOPING RESILIENCE WHEN YOU NEED IT MOST



Free Summer
Learning
Opportunity

The *Clover for Youth* curriculum helps students develop positive mental health and grow their interpersonal skills. Youth participate in fun activities and discussions based on PEAR's research-backed [Clover Model of Youth Development](#). The model highlights four foundational elements that people of all ages need in order to thrive: Active Engagement, Assertiveness, Belonging, and Reflection.



DEVELOPING RESILIENCE

Middle school youth face myriad challenges in their lives. Clover can help them build resilience to move through those challenges.



FINDING BALANCE

Youth will reflect on the roles of Active Engagement, Assertiveness, Belonging, and Reflection in their own lives, and work toward finding the right balance for themselves.



UNDERSTANDING YOURSELF & OTHERS

Using the Clover Model, youth not only learn more about themselves, but also deepen their understanding of the people around them, building empathy and stronger interpersonal skills.



www.4leaflearning.org

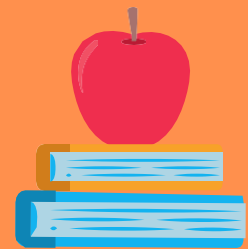
Youth



- Learn how to advocate for their own needs and identify the needs of others
- Build resiliency skills to thrive in school, at home, and in life

- Receive professional development in the form of a live online program leader training
- Gain access to an online portal with detailed facilitator guides, slide decks, worksheets, and student journals
- Lead 9 hours (6 sessions) of hands-on, resilience-focused content for middle school youth

Educators



**Is *Clover* for
Youth
right for
you?**



To participate, programs must have:

- **At least six youth in grades 5-8 who can regularly participate**
- **Internet access & one computer per two participants**
- **Staff who can attend the training session, facilitate sessions, and complete surveys**

TO LEARN MORE AND APPLY

To sign up to be part of Clover for Youth during summer 2026, please use this QR code or click [here](#) by April 30, 2026. For questions, please email 4Leaf.center@gmail.com.

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