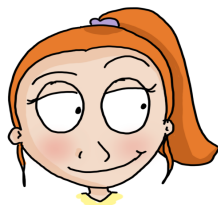


# ≡ MY FEELINGS CHART ≡

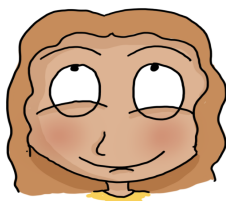
TODAY I AM FEELING: \_\_\_\_\_



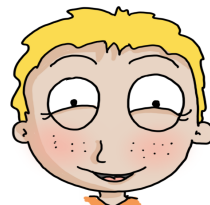
HAPPY



INTERESTED



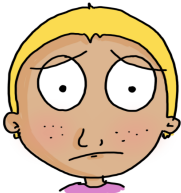
PROUD



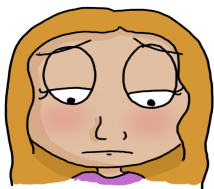
HOPEFUL



PLAYFUL



SAD



LONELY



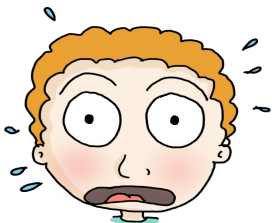
ASHAMED



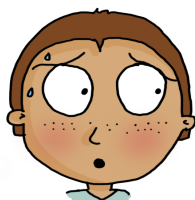
BORED



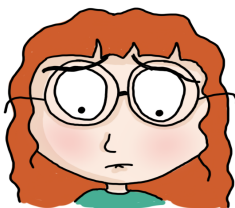
IGNORED



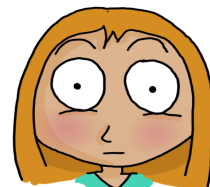
FEAR



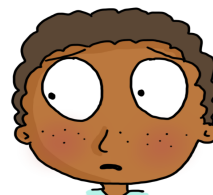
ANXIOUS



WORRIED



OVERWHELMED



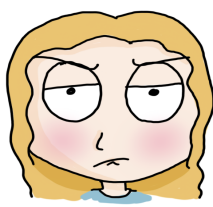
REJECTED



DISAPPOINTED



AVOIDANT



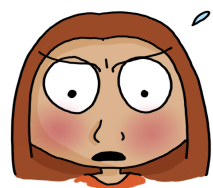
JUDGEMENTAL



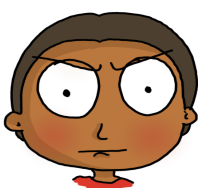
HESITANT



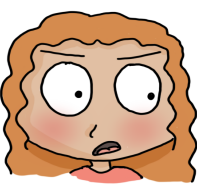
LOATHING



ANGRY



FRUSTRATED



IRRITATED



SARCASTIC



DEVASTATED