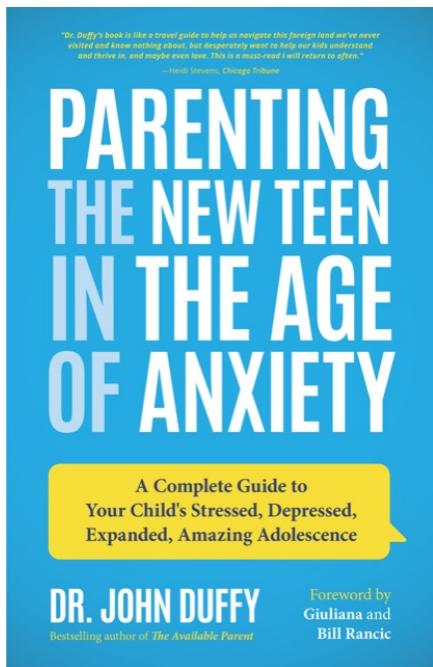


## CATCH KEYNOTE EVENT

CATCH, in collaboration with Glenbrook North High School, presents:

# Parenting the New Teen in the Age of Anxiety



*Featuring:*

**Dr. John Duffy**

Parenting Expert & Best-Selling Author

**Wednesday, April 1, 2020 @ 7pm**

**Glenbrook North High School  
Auditorium**

**2300 Shermer Rd., Northbrook**



Kids are growing up with nearly unlimited access to social media and the internet, along with unprecedented academic, social, and familial stressors. Starting as early as eight-years-old, children are exposed to information, thought, and emotion that they are developmentally unprepared to process. Dr. Duffy will cover these issues and offer guidance on how parents can best support their child.

Dr. Duffy is a highly sought-after clinical psychologist, bestselling author, podcaster, and parenting and relationship expert. He has been working with individuals, couples, teens, and families for nearly 25 years. Along with his clinical work, Dr. Duffy is the author of the number-one new release *Parenting the New Teen In The Age of Anxiety* and the number-one bestseller *The Available Parent*.

Dr. Duffy served as the regular parenting and relationship expert on *Steve Harvey*. He also appears frequently in the media on outlets including *The Today Show*, *E! News*, *Fox Good Day Chicago*, *WGN-TV*, *NPR*, *WGN Radio*, *Huffington Post*, *Wall Street Journal*, *Chicago Parent*, *Chicago Tribune*, *Chicago Sun-Times*, and more. Dr. Duffy is cohost of the popular podcast, *better*, with his wife, Julie, as well as *On Purpose* with *Chicago Tribune* columnist Heidi Stevens.



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