

July 11-15 | 9:30am - 3:30pm

## HEAVY BREATHING

SUMMER PROGRAM FOR HIGH SCHOOL PEER HEALTH ADVOCATES

## ALL HIGH SCHOOL STUDENTS!

SPEND THE WEEK WITH US AND LEARN HOW TO ADVOCATE AND BECOME A PEER ACTIVIST IN THE AREAS OF HEALTHY RELATIONSHIPS, MENTAL HEALTH, AND SEXUAL HEALTH

- Participants will take deep dives into the topics, bust myths, and learn how peer advocacy can bring about change.
- Activities will include field trips to organizations where participants can engage in meaningful discussions and projects, plus other summer fun!

Activities will convene at Response for Teens' new office at 5140 Golf Road, Skokie. Transportation will be provided for field trips. Activities will take place at outdoor and indoor locations, following all CDC safety guidelines.

Full week of activities, \$100, Financial aid available.

## INTERESTED IN LEARNING MORE?

Sign up today to receive information about the registration process. jcfs.formstack.com/forms/hearts\_minds\_2022
Ellie Goldstein | EllieGoldstein@JCFS.org | 847.745.5489