

My name is Joyce Reich, I am a member of St Joseph Catholic Church in Auburn, where we live. My husband and I have three grown daughters and their spouses along with seven grandchildren. I never have a dull moment and never lack for something to do! I have always been active in the parish and the women's organization called by different names - Women's Guild, Tabernacle Society, Altar Society, PCCW - depending on where we lived, holding several officer positions and serving the church in multiple ways. In addition, I'm a seasoned Religious Education/CCD teacher having served in that capacity for 27 years, which is fitting since my educational background is in education.

Summer is here, or will be shortly, everyone's attention turns to summer activities and fun in the sun. As PCCW's we tend to take the summer off and there may be a shift in service projects and activities.

One of the President's projects this year is the Pregnancy Help Centers in Lincoln. Judy has suggested three ways to help: providing material needs, volunteering to help them, and supporting them spiritually. This last one might be the easiest to accomplish during the summer months when your time and attention is occupied elsewhere. One could offer a Holy Hour or Mass, say a daily prayer or rosary, do some spiritual reading, or offer some type of sacrifice for their needs.

Another service activity often needing help is Meals on Wheels. If it is available in your community, consider volunteering one day or one week delivering meals to those who have trouble getting out or fixing their own lunch. Summer is a perfect time to involve your children or grandchildren. They love to help and the clients love to see children.

Enjoy the change in the seasons and remember to do something for others, even if in a small way. It's huge to the recipient!