

Thank you all for your time and efforts as you bring the work of the LDCCW SPIRITUALITY COMMISSION TO YOUR PARISHES. Here are some areas of focus in the upcoming months.

Reminder, first and foremost of our need to foster our own spirituality before sharing with others. It is difficult to give what you do not have. I would like to propose for the next two years will be for each of us to grow in our prayer life. Please consider joining me in practicing The Examen each day as given to us by St. Ignatius of Loyola.



The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and discern his direction for us. The Examen is an ancient practice in the Church that can help us see God's hand at work in our whole experience.

The method presented here is adapted from a technique described by Ignatius Loyola in his Spiritual Exercises. St. Ignatius thought that the Examen was a gift that came directly from God, and that God wanted it to be shared as widely as possible. One of the few rules of prayer that Ignatius made for the Jesuit order was the requirement that Jesuits practice the Examen twice daily—at noon and at the end of the day. It's a habit that Jesuits, and many other Christians, practice to this day.

This is a version of the five-step Daily Examen that St. Ignatius practiced.

1. Become aware of God's presence.
2. Review the day with gratitude.
3. Pay attention to your emotions.
4. Choose one feature of the day and pray from it.
5. Look toward tomorrow.

More information can be found at <https://www.ignatianspirituality.com/ignatian-prayer/the-examen/>



Dangerous. Deceptive. Demeaning. Too Extreme for Nebraska.

The Pro-Abortion Ballot Initiative

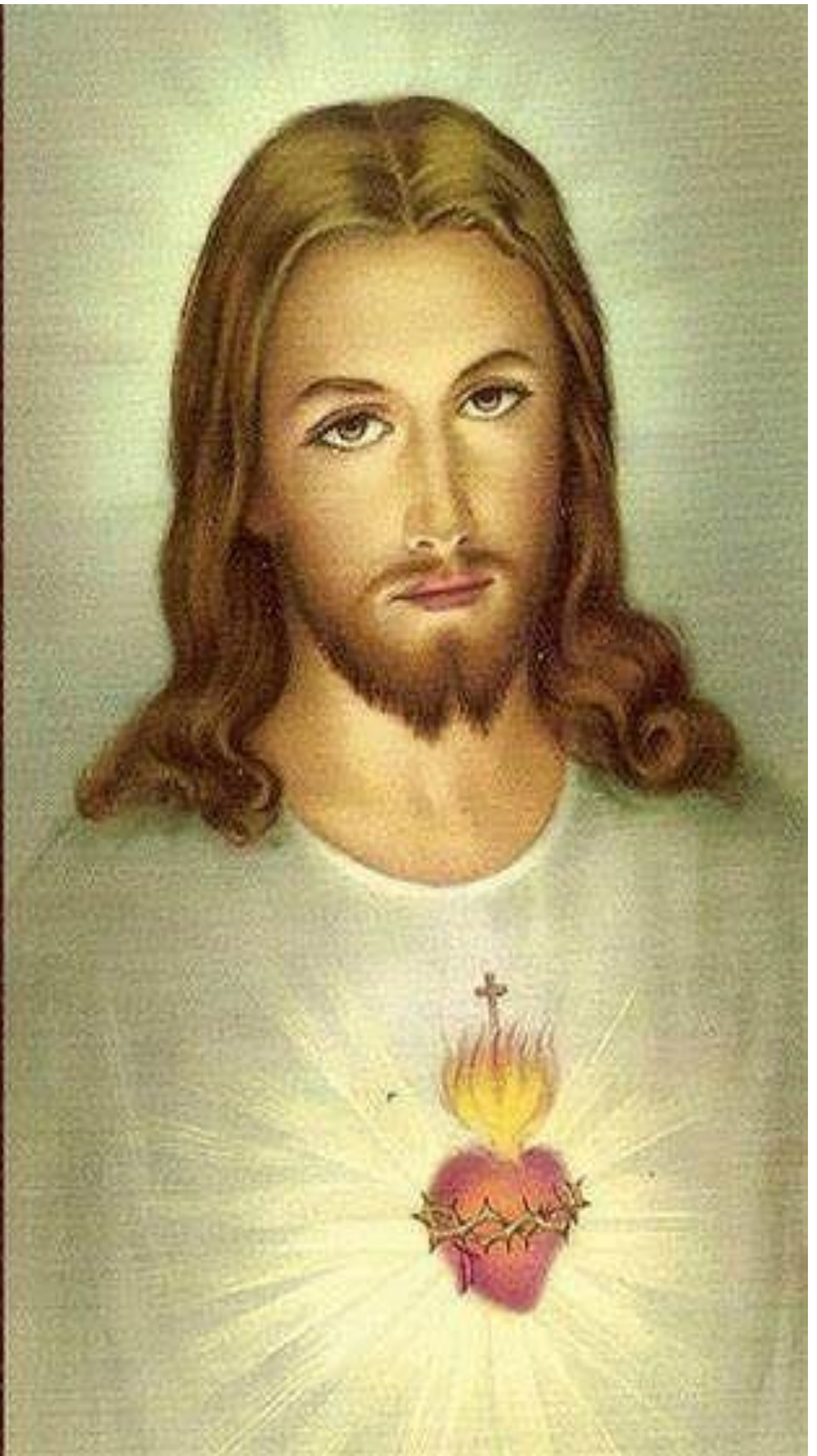
This proposal is dangerous, deceptive, and demeaning. Learn more and get involved in the effort to protect women and babies in Nebraska.

LEARN MORE

Visit: <https://necatholic.org/> to learn more.

June
~
**Devotion
to the
Sacred
Heart
of Jesus**

CatholicSistas.com



Feast of the Sacred Heart of Jesus is on June 7. We are asked specifically on this day to pray for our priests.

Dangerous. Deceptive. Demeaning.

A Community Presentation on *Defeating*
the Pro-Abortion Ballot Initiative



Join Megan Fehr of the Nebraska Catholic Conference to learn about this deceptive proposal, what the Catholic Church is doing about it, and how you can help defeat it.



Sunday, June 9th, 2024



3:00 PM Presentation



St Mary's Parish Hall
312 S Saunders Ave
Sutton, NE 68979



Dessert served!



Megan Fehr

Communications and Outreach Specialist
Nebraska Catholic Conference



NATIONAL Eucharistic Revival

Thinking about attending the historic National Eucharistic Congress from July 17-21? There are limited spots available on the Diocesan pilgrimage, which can include transportation, hotel and ticket to the congress. Go to <https://lincolndiocese.regfox.com/national-eucharistic...> for more information or to register!

The Fire Is **SPREADING**

A HISTORIC JOURNEY

Throughout the National Eucharistic Revival, local communities are gathering tinder in response to God's invitation for renewal, calling on the Holy Spirit to bring the flame.

In keeping with this vision, the National Eucharistic Pilgrimage will accompany Jesus from city to city, lighting hearts on fire along the way. Then, at the National Eucharistic Congress in July 2024, all these flames will blaze together.

Explore the interactive map below to follow the four routes across the United States and register for one of the many free events coming to an area near you!



YOUTH EVENTS

**DIOCESE OF LINCOLN
2024 SUMMER CAMPS**

**Current Grades
Spring of 2024****

CAMP KATERI TEKAKWITHA



Sky Camp: current 4th-6th grade



Take part in the program that started Outdoor Ministry In the Diocese of Lincoln!

Campers will see God's desire for relationship through outdoor adventure in teachings, mass, prayer, confessions, and adoration. We look Into relationship written on our soul with God, ourself, others, and creation!

Tekakwitha Games: current 7th-8th grade

We honor St. Kateri with olympic style competition celebrating our faith and Catholic fellowship.

This camp dives deeper Into camper's faith through applying their faith In day to day activities and conversations In competition and daily prayer. We provide Catholic outdoor education and an ultimate battle to find the Tekakwitha Champions!



Catholic Adventure Camp: current 3rd-4th grade

Our youngest campers will be Introduced to Camp Kateri In learning tips In prayer and new skills In nature.

This summer, open your wild side as we go back to the wild west In our adventure theme camp!

Family Camp: 7 families w/ 2 adults



NEW summer camp
opportunity!

Experience childlike faith all over again with camping as a family! Families will have time to grow together through disconnecting from technology and finding adventure again In nature! You will have space to grow In your faith life with your kids through discussions and the Eucharist.

Archery

Holy Spirit
Hollow

Cabins

Bosco
Breezeway

For Dates, Registration, and Prices visit: www.campkateri.org
Scholarships are available!

CAMP KATERI TEKAKWITHA 2024

Sky Camp-Tekakwitha Games-Catholic Adventure



VOLUNTEER CAMP COUNSELORS NEEDED!

CURRENT GRADES 9-12

CAMP KATERI IS A CATHOLIC SUMMER CAMP FOR YOUTH IN NEBRASKA. OUR PROGRAM STAFF AND HIGH SCHOOL COUNSELORS ARE THE FOUNDATION OF CAMP. YOU HAVE THE ABILITY TO BE FREE AND CHILDLIKE WHILE LEADING CAMPERS THROUGH ACTIVITIES, FAITH CONVERSATIONS, AND REFLECTIONS. YOUR ROLE IS TO MAKE IT A SAFE, ADVENTUROUS PLACE FOR KIDS TO PLAY OUTDOORS AND GROW CLOSER TO GOD. CAMP IS A GREAT PLACE TO GIVE BACK TO YOUR COMMUNITY, BE A ROLE MODEL, EXPERIENCE THE SACRAMENTS, AND GROW CLOSER TO GOD.

ALL VOLUNTEERS WILL EARN 48-72 SCHOOL SERVICE HOURS AND RECEIVE A CAMP T-SHIRT. APPLICATIONS ARE FOUND AT WWW.CAMPKATERI.ORG



2024 DIOCESAN CANOE TRIP DOWN THE NIOBRARA

7-9
JULY
CAMP 1

9-11
JULY
CAMP 2

**Open to: HS sophomores, juniors, seniors
and college students**

Opportunities:

- Daily Mass
- Confessions
- Talks
- Private Reflection time
- and other opportunities for youth to grow in their relationship with Christ.

Adult Volunteers Need:

- Provide Transport
- Prepare/serve meals
- Chaperone on and off the water
(must know how to swim)



Student cost: \$ 110.00

Questions: Contact Fr. Homes 402-873-4569 or Amy Reisen at 402-473-0625

[www.https://www.lincolndiocese.org/camps/diocesan-canoe-trip/site.com](https://www.lincolndiocese.org/camps/diocesan-canoe-trip/site.com)

Steubenville High School Youth Conference

Steubenville Conferences are specialized to address the needs of today's Catholic youth. With an exciting lineup of speakers, musicians and presenters, the High School Youth Conferences challenge Catholic youth to stand firm in their faith, to rely upon the awesome power of Jesus Christ as their guide, friend and Savior, and to show them that faith to the world. This is a high-energy youth conference where thousands of teens are invited to encounter Jesus Christ through dynamic speakers, engaging music, the Sacraments, small group discussions, and fellowship with other teens.

The diocesan office will serve as a resource to parishes and schools who would like to take a pilgrimage to the Conference. We encourage each community to consider this wonderful opportunity for young people to have a deep encounter that wins their heart for the Lord. If you would like assistance about registration or preparations, call 402-473-0625. Students entering 9th grade through just graduated Seniors are able to attend.

Steubenville Youth Conferences nearby:

Denver/Steubenville of the Rockies: June 21-23, 2024

St. Louis/Mid-America 1: July 5-7, 2024

St. Louis/Mid-America 2: July 12-14, 2024

Want to attend a Steubenville Youth Conference but can't make these? See the full list of dates across the country.

Visit: <https://www.lincolndiocese.org/youth/home> for details

Please do not hesitate to reach out if you have questions or concerns, Dotti Easter 402-297-1211