As a new co-chair of this spirituality commission, along with Barb Kadlec, I sat down to review our handbook to remind myself of just what the Spirituality Commission includes. We do have quite a broad list of quality efforts that we support with our funds including Funds for Nuns, Parent Educator books, and The Our Lady of Good Counsel Burse for priests and Good Counsel Retreat Center. We encourage so many spiritual prayer efforts like Divine Mercy and Seven Sisters Apostolate. There are five great retreats in April at the Good Counsel Retreat Center as well. www.goodcounselretreat.org It is worth a look over the spirituality section of the handbook if you haven't lately.

I'm especially excited to have you all see the new St. Monica prayer cards that our President Judy Weston has spearheaded. They are beautifully printed with a picture of St. Monica and St. Augustine on one side and the prayer on the other side with the LDCCW logo as well. We can soon all replace our old self printed copies for these beautiful prayer cards in all our parishes.

I have been thinking back to some of my own experiences with spirituality this past year, and including a pilgrimage to the Holy Land in January, my most profound experience was the pilgrimage to the Eucharistic Congress last summer. We left the Congress with the challenge to "Walk with One" as a movement to personally accompany someone to a renewed experience of God's love. Reviewing our Spirituality Commission section, I realized that all of our projects encourage some form of spiritual connectivity between people, but it is up to us as individual members to truly reach out to others we might encounter and encourage their faith. There are already many of you who have accompanied someone to return to their faith or grow closer to God, but if you would like to read more about this movement, you can google www.eucharisticrevival.org/walk-with-one to see their website and handbook.

And finally, as we enter the month of April, our calendar is full of activities related to our spirituality. Wahoo and York deaneries will be praying the St. Monica's prayer at their Masses, we will enter Holy Week followed by Divine Mercy Sunday, and hold our Spring LDCCW meetings. This is a perfect time to reflect on those around us and welcome others to come back to worship at Mass or to return to the sacraments and share in our special Holy Week liturgy.