



NEW STUDENT SPECIAL

Try Something Fun While At Home

Why Us?

- + Have fun training your bodies and minds
- + Get strong, flexible and confident
- + Focus
- + Become kinder and more compassionate

#MePowerment

Learn true martial arts skill and respect to build character

Learn techniques in kicking, forms, sparring and self defense

Become a leader, up-stander and champion on and off the mat



TRY US ON ZOOM

3 Weeks for \$69

Unlimited Scheduled ZOOM Classes

FREE Uniform

Delivered to your door