



ACROBATICS WORKSHOP



MAKE YOUR OWN GROUP

Grab Your Friends. Pick a Week. Let's Tumble!

For Ages 6 -14 (min 6 participants)

Monday - Friday 9:30am-1pm

WHAT YOU'LL LEARN

- IMPROVE YOUR FLEXIBILITY, BODY STRENGTH AND ENDURANCE
- DEVELOP YOUR CORE TUMBLING SKILLS
- PROGRESS TO ADVANCED SKILLS WALKOVERS, HANDSPRINGS, AERIALS, SOMMIES AND MORE

SAFETY FIRST

- OUR SPACE IS SANITIZED & VENTILATED
- MASKS REQUIRED
- LOTS OF INDIVIDUAL ATTENTION
- STUDENTS TRAIN ON A FULLY MATTED SURFACE, AIRTRACK CRASH MAT, LOW BEAM, HARNESS AND ROPES

Cost \$350 per participant for the week

Call or Email to Check Availability