

# Illinois Pioneer Coalition

Wednesday, August 10th

Shilling Education Center – Decatur, IL

**8:30am -9:00am**

***State of the State – Lee Moriarty, State Deputy Long-Term Care Ombudsman & Carrie Leljedal, Caregivers for Compromise/Family Caregiver***



During COVID, Long-Term Care has received a lot of attention. This attention has energized lawmakers throughout our State and Country to make substantial changes to the current system. During this session, you will hear what legislative changes have occurred that impact aging in IL and hear about what still needs to happen within our State and throughout our Nation so that we continue to put those who live in Long-Term Care first!

**9:00am -10:30am**

***Ombudsman Program and the Long-Term Care Community: a collaboration to Person-Directed Care. – Lee Moriarty, State Deputy Long-Term Care Ombudsman & Carrie Leljedal Caregiver for Compromise/Family Caregiver***

The Ombudsman Program is designed to assure that people understand their rights and that these rights are upheld as they age, even when they move into a long-term care facility. During this session the Deputy State Ombudsman will discuss how the Ombudsman program can support the community as a whole by teaching person-directed practices that supports what the resident wants and decreases the perception of risk for the facility. We will discuss examples of advocacy in the more challenging decisions residents make.

**10:45am -12:15pm**

***Lessons Learned in COVID: Guiding Us on a Renewed Journey to Person-Directed Care, Joan Devine, Director of Education Pioneer Network***

There is no doubt that the last few years have tested us all in ways that we could never have imagined. We pulled together to fight COVID-19, but looking back, we see that so many of the actions taken to protect residents and keep our communities safe came with unintended consequences, some, perhaps worse than the devastation brought on by the virus.

For many who before the virus had been engaged in the journey to create person-directed cultures, they began to question if this vision was even possible. Had we reverted back to that

medical model that we had vowed to change? For others, however, it reaffirmed the value of a resident directed culture.

But whether you feel that you have lost your way these past few years or were empowered by the strength of your person-directed culture, it's now time to come together to explore the lessons learned, take stock of our present state, and most importantly, look forward so that we can reimagine the future.

Shaped by the values that Pioneer Network teaches, it's time to reaffirm our commitment to this journey. To not only bring back or strengthen resident-directed practices but to engage in true cultural transformation.

## **12:15pm – 1:15pm Lunch and Exhibit Show**



## **1:15pm - 2:45pm**

### **Building a Person-Centered Culture - The Bricks & Mortar of Empathy in Dementia Care – *Cindy DeGroot RN, BSN, CDP***

Join us for an engaging, interactive session of sharing! Inviting YOU to bring your tools used in your memory care communities. We promise you will leave inspired and with new ideas to share with your team! We will share how a foundation of knowledge in our staff is key to delivering person-centered, quality, & safe care to our residents living with dementia. Next, we will focus on building trusting relationships with positive communication and approaches in care that allows our residents to enjoy moments of joy & purposeful, meaningful engagement! Through an experiential learning experience, we will be empowered to care with empathy.

## **3:00 pm - 4:30 pm**

### ***DQ Challenges for Managers – Leslie Pedtke, MHA, LNHA, Dignity Quotient***

Who was your greatest coach or leader? What qualities did they possess that lead you to be your best self in their presence? The Dignity Quotient Challenge workshop will provide managers the opportunity to explore what gets in the way of being their best in challenging situations. Managers will learn a 5-step process for handling challenging situations and work to build resilience in order to be present every day. These leaders will leave with greater confidence and clarity about how to bring DQ to life in a variety of complicated circumstances.

