

The Professional Wheel of Life Directions

The eight sections in the Professional Wheel of Life represent different aspects of your professional life. Seeing the center of the wheel as 1 (least satisfied) and the outer edges as 10 (most satisfied), rank your level of satisfaction with each life area by drawing a straight or curved line to create a new outer edge. The new perimeter represents the wheel of your professional life. If this were a real wheel, how bumpy would the ride be?

