REIGATE PILATES

Autumn Term 2020

Start Date – Monday September 7th
Finish Date – Friday December 11th

14 week term

Mat work classes (in Reigate)
£196 for 14 weeks

Reformer (2:1 sessions in Earlswood)
£420 for 14 weeks

MONDAYS
10am Improver mat class - Shanie
11.15am Gentle Improver mat class - Shanie
12.30pm Intermediate mat class - Shanie
7.30pm Intermediate "Zoom" mat class - Sharron
WEDNESDAYS
9.30am Intermediate/Advanced mat class -Sarah
10.45am Gentle Improver mat class - Sarah
THURSDAYS
9.30am Intermediate mat class - Sarah
10.45am Gentle Improver mat class - Sarah
12pm Intermediate mat class - Sarah
FRIDAYS
9.30am Intermediate/Advanced mat class - Sarah
10.45am Gentle Improvers mat class - Sarah

Reformer (2:1) & 1:1 sessions in Earlswood
Monday
8.30am Reformer 2 - Shannon
9.45am Zoom Reformer - Shannon
11am Reformer 2/3 - Shannon
Tuesday
8.30am 1:1 session - Shannon
9.45am Reformer 3 - Shannon
11am 1:1 session - Shannon
Wednesday
9am 1:1 session - Shannon
10.15am 1:1 session - Shannon
12.30pm - 1:1 availability - Sarah
Thursday
8.30am - 1:1 availability - Shannon
9.45am Reformer 2 - Shannon
11am - 1:1 session - Shannon
Friday
9am - 1:1 availability - Shannon
10.15am Reformer 2/3 - Shannon
12.30pm 1:1 availability - Sarah