REIGATE PILATES

Spring Term 2020

Start Date - Monday April 13th
Finish Date - Saturday July 18th

14 week term
Please note - Monday and Friday are now also 14 week terms

Online Mat work classes
£196 for 14 weeks
Includes 2 x videos per week for home use

MONDAYS
9.30am Improver mat class - Sharron
11am Gentle Improver mat class - Sharron
12.30pm *NEW Intermediate mat class - Shannon
5pm Gentle Improver mat class - Sharron
6.30pm Improver mat class - Sharron
8pm Intermediate mat class - Sharron

TUESDAYS
10am Improver mat class - Nancy

WEDNESDAYS
9.30am Intermediate/Advanced mat class -Sarah
11am Gentle Improver mat class - Sarah
12.30pm Improver mat class - Sarah

THURSDAYS
9.30am Intermediate mat class - Sarah
11am Gentle Improver mat class - Sarah
12.30pm Intermediate mat class - Sarah
6.30pm Improver mat class - Charlene
8pm Intermediate mat class - Charlene

FRIDAYS
9.30am Intermediate/Advanced mat class - Sarah
11am Gentle Improvers mat class - Sarah
12.30pm Intermediate mat class - Shelley

SATURDAYS
9am Intermediate mat class - Silver/Shelley