REIGATE PILATES

Winter Term 2020

Start Date – Monday January 6th
Finish Date – Saturday April 4th

13 week term

Mat work classes - £182 for 13 weeks
Reformer/Circuit classes - £325 for 13 weeks

MONDAYS
9.30am Improver mat class - Shanie/Charlene
9.30am Reformer 2/3 - Shannon
10.45am Gentle Improver mat class - Shanie/Charlene
10.45am Reformer 3 - Shannon
1pm Reformer 1 - Charlene
5.45pm Gentle Improver mat class - Shelley
6.55pm Improver mat class - Shelley
8pm Intermediate/Advanced mat class - Shelley

TUESDAYS
8.45am Reformer 2 - Shelley
10am Gentle Improver mat class - Sarah
10am Reformer 2 - Shelley
11.15am Reformer 1 - Shelley
11.15am Beginner/Improver mat class - Sarah

WEDNESDAYS
9.30am Intermediate/Advanced mat class -Jane
10.45am Gentle Improver mat class - Jane
12.15pm Improver mat class - Jane

THURSDAYS
9am Reformer 2/studio equipment class - Shannon
9.30am Intermediate mat class - Sarah
10.45am Gentle Improver mat class - Sarah
12pm Intermediate mat class - Sarah
5.45pm Beginner/Improver mat class - Charlene
7pm Reformer 1/2 - Shelley
7pm Improver mat class - Charlene
8.05pm Reformer 1 - Shelley
8.05pm Intermediate mat class - Charlene

FRIDAYS
9.30am Intermediate/Advanced mat class - Sarah
10.45am Gentle Improvers mat class - Sarah
12.30pm Intermediate mat class - Jane
1.30pm Reformer 2 - Jane

SATURDAYS
9am Intermediate mat class - Silver
10.05am Intermediate Reformer Circuit class - Silver
11.10am Reformer/equipment class (all levels) - Silver